

AWF FEMALE Under 15 Records

F40

Record Standard	30kg	3/09/2018	
Record Standard	39kg	3/09/2018	
Record Standard	70kg	3/09/2018	

F45

Record Standard	34kg	3/09/2018	
Record Standard	43kg	3/09/2018	
Record Standard	77kg	3/09/2018	

F49

Phoenix Goodwin	51kg	25/05/2019	Victorian Age Championships (U23/Jnr/Yth/U15), Eleiko VWS
Phoenix Goodwin	56kg	25/05/2019	Victorian Age Championships (U23/Jnr/Yth/U15), Eleiko VWS
Phoenix Goodwin	107kg	25/05/2019	Victorian Age Championships (U23/Jnr/Yth/U15), Eleiko VWS

F55

Maddison Power	62kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Maddison Power	77kg	6/10/2018	Youth Olympic Games, Buenos Aires
Maddison Power	138kg	7/09/2018	AWF Junior & Senior Championships, Brisbane

F59

Maddison Power	64kg	24/11/2018	Uesaka Queensland Cup, Toowoomba
Maddison Power	81kg	24/11/2018	Uesaka Queensland Cup, Toowoomba
Maddison Power	145kg	24/11/2018	Uesaka Queensland Cup, Toowoomba

F64

Tori Gallegos	70kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Tori Gallegos	91kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Tori Gallegos	157kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL

F71

Indi Waller	52kg	5/03/2019	The Rev BBC, Balcatta
Indi Waller	65kg	5/03/2019	The Rev BBC, Balcatta
Indi Waller	117kg	5/03/2019	The Rev BBC, Balcatta

F76

Mia Maoate-Latimer	54kg	8/09/2018	AWF Junior & Senior Championships, Brisbane
Mia Maoate-Latimer	76kg	8/09/2018	AWF Junior & Senior Championships, Brisbane
Mia Maoate-Latimer	130kg	8/09/2018	AWF Junior & Senior Championships, Brisbane

F81

Record Standard	50kg	3/09/2018	
Record Standard	62kg	3/09/2018	
Record Standard	111kg	3/09/2018	

F81+

Bronwyn Dunne	76kg	11/11/2018	Queensland All Schools Championships, Nambour
Bronwyn Dunne	93kg	9/09/2018	AWF Junior & Senior Championships, Brisbane
Bronwyn Dunne	167kg	9/09/2018	AWF Junior & Senior Championships, Brisbane

AWF MALE Under 15 Records

M49

Record Standard	53kg	3/09/2018	
Record Standard	65kg	3/09/2018	
Record Standard	118kg	3/09/2018	

M55

Harper Manz	58kg	10/11/2018	Queensland All Schools Championships, Nambour
Harper Manz	75kg	10/11/2018	Queensland All Schools Championships, Nambour
Harper Manz	133kg	10/11/2018	Queensland All Schools Championships, Nambour

M61

Dexter Todd	65kg	6/04/2019	Victorian Senior Championships*, Eleiko VWS
Harper Manz	80kg	7/04/2019	QWA League Round 2, Toowoomba
Dexter Todd	144kg	6/04/2019	Victorian Senior Championships*, Eleiko VWS

M67

Zak Streeter	82kg	11/11/2018	Queensland All Schools Championships, Nambour
Zak Streeter	101kg	11/11/2018	Queensland All Schools Championships, Nambour
Zak Streeter	183kg	11/11/2018	Queensland All Schools Championships, Nambour

M73

Oliver Saxton	83kg	16/12/2018	WWA Open, Athletic Revolution
Conor Macdonald	108kg	25/05/2019	Victorian Age Championships (U23/Jnr/Yth/U15), Eleiko VWS
Oliver Saxton	184kg	16/12/2018	WWA Open, Athletic Revolution

M81

Record Standard	72kg	3/09/2018	
Record Standard	91kg	3/09/2018	
Record Standard	163kg	3/09/2018	

M89

Record Standard	75kg	3/09/2018	
Record Standard	93kg	3/09/2018	
Record Standard	169kg	3/09/2018	

M96

Tyreese Cruz	80kg	25/05/2019	Victorian Age Championships (U23/Jnr/Yth/U15), Eleiko VWS
Tyreese Cruz	105kg	24/02/2019	Geelong Senior/Masters League 1, Geelong
Tyreese Cruz	180kg	24/02/2019	Geelong Senior/Masters League 1, Geelong

M102

Record Standard	81kg	3/09/2018	
Record Standard	101kg	3/09/2018	
Record Standard	182kg	3/09/2018	

M102+

Record Standard	89kg	3/09/2018	
Record Standard	111kg	3/09/2018	
Record Standard	200kg	3/09/2018	

AWF FEMALE Youth Records

F40

Record Standard	41kg	3/09/2018	
Record Standard	51kg	3/09/2018	
Record Standard	91kg	3/09/2018	

F45

Record Standard	44kg	3/09/2018	
Record Standard	56kg	3/09/2018	
Record Standard	100kg	3/09/2018	

F49

Phoenix Goodwin	51kg	25/05/2019	Victorian Age Championships (U23/Jnr/Yth/U15), Eleiko VWS
Record Standard	59kg	3/09/2018	
Record Standard	108kg	3/09/2018	

F55

Maddison Power	62kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Maddison Power	77kg	6/10/2018	Youth Olympic Games, Buenos Aires
Maddison Power	138kg	7/09/2018	AWF Junior & Senior Championships, Brisbane

F59

Maddison Power	70kg	1/06/2019	Queensland Junior & U23 Championships, Toowoomba
Maddison Power	85kg	1/06/2019	Queensland Junior & U23 Championships, Toowoomba
Maddison Power	155kg	1/06/2019	Queensland Junior & U23 Championships, Toowoomba

F64

Tori Gallegos	70kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Tori Gallegos	91kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Tori Gallegos	157kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL

F71

Jarian Hogan	70kg	8/03/2019	IWF World Youth Championships, Las Vegas, USA
Ruby Carwardine	90kg	5/05/2019	WWA Open Event, Balcatta
Ruby Carwardine	158kg	5/05/2019	WWA Open Event, Balcatta

F76

Record Standard	63kg	3/09/2018	
Record Standard	79kg	3/09/2018	
Record Standard	142kg	3/09/2018	

F81

Record Standard	65kg	3/09/2018	
Record Standard	81kg	3/09/2018	
Record Standard	146kg	3/09/2018	

F81+

Bronwyn Dunne	76kg	11/11/2018	Queensland All Schools Championships, Nambour
Bronwyn Dunne	98kg	6/04/2019	QWA League Round 2, Toowoomba
Bronwyn Dunne	174kg	6/04/2019	QWA League Round 2, Toowoomba

AWF MALE Youth Records

M49

Record Standard	73kg	3/09/2018	
Record Standard	91kg	3/09/2018	
Record Standard	164kg	3/09/2018	

M55

Record Standard	79kg	3/09/2018	
Record Standard	100kg	3/09/2018	
Record Standard	179kg	3/09/2018	

M61

Record Standard	86kg	3/09/2018	
Record Standard	107kg	3/09/2018	
Record Standard	193kg	3/09/2018	

M67

Jett Gaffney	95kg	1/06/2019	Queensland Junior & U23 Championships, Toowoomba
Jett Gaffney	120kg	11/11/2018	Queensland All Schools Championships, Nambour
Jett Gaffney	210kg	1/06/2019	Queensland Junior & U23 Championships, Toowoomba

M73

Record Standard	96kg	3/09/2018	
Nelson Harris	124kg	8/03/2019	IWF World Youth Championships, Las Vegas, USA
Nelson Harris	220kg	8/03/2019	IWF World Youth Championships, Las Vegas, USA

M81

Record Standard	101kg	3/09/2018	
Record Standard	128kg	3/09/2018	
Record Standard	229kg	3/09/2018	

M89

Record Standard	106kg	3/09/2018	
Record Standard	133kg	3/09/2018	
Record Standard	239kg	3/09/2018	

M96

Record Standard	109kg	3/09/2018	
Record Standard	138kg	3/09/2018	
Record Standard	246kg	3/09/2018	

M102

Record Standard	112kg	3/09/2018	
Record Standard	140kg	3/09/2018	
Record Standard	252kg	3/09/2018	

M102+

Record Standard	123kg	3/09/2018	
Record Standard	154kg	3/09/2018	
Record Standard	277kg	3/09/2018	

AWF FEMALE Junior Records

F45

Record Standard	55kg	3/09/2018	
Record Standard	70kg	3/09/2018	
Record Standard	125kg	3/09/2019	

F49

Record Standard	60kg	3/09/2018	
Record Standard	74kg	3/09/2018	
Record Standard	134kg	3/09/2019	

F55

Record Standard	67kg	3/09/2018	
Record Standard	79kg	3/09/2018	
Record Standard	146kg	3/09/2019	

F59

Maddison Power	70kg	1/06/2019	Queensland Junior & U23 Championships, Toowoomba
Record Standard	85kg	3/09/2018	
Maddison Power	155kg	1/06/2019	Queensland Junior & U23 Championships, Toowoomba

F64

Sabah Chamoun	80kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Sabah Chamoun	103kg	1/06/2019	IWF Junior World Championships, Suva, FIJ
Sabah Chamoun	180kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL

F71

Isabel Lorenzi	89kg	2/02/2019	Ralph Cashman Open Competition, Quaycentre
Isabel Lorenzi	106kg	2/02/2019	Ralph Cashman Open Competition, Quaycentre
Isabel Lorenzi	195kg	2/02/2019	Ralph Cashman Open Competition, Quaycentre

F76

Teagan Newman	80kg	24/11/2018	VWA Open & Masters GP 4, Eleiko VWS
Teagan Newman	94kg	24/11/2018	VWA Open & Masters GP 4, Eleiko VWS
Teagan Newman	174kg	24/11/2018	VWA Open & Masters GP 4, Eleiko VWS

F81

Eileen Cikamatana	118kg	18/05/2019	ACT vs NSW, Quaycentre, Olympic Park
Eileen Cikamatana	150kg	18/05/2019	ACT vs NSW, Quaycentre, Olympic Park
Eileen Cikamatana	268kg	18/05/2019	ACT vs NSW, Quaycentre, Olympic Park

F87

Eileen Cikamatana	112kg	1/06/2019	NSW Junior/U23 Championships/Open Competition, Hills Barbell Club
Eileen Cikamatana	145kg	1/06/2019	NSW Junior/U23 Championships/Open Competition, Hills Barbell Club
Eileen Cikamatana	257kg	1/06/2019	NSW Junior/U23 Championships/Open Competition, Hills Barbell Club

F87+

Charisma Amoe-Tarrant	105kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Charisma Amoe-Tarrant	141kg	26/01/2019	Nauru Independence Day Weightlifting Tournament, Nauru
Charisma Amoe-Tarrant	245kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL

AWF MALE Junior Records

M55

Record Standard	75kg	3/09/2018	
Record Standard	100kg	3/09/2018	
Record Standard	175kg	3/09/2019	

M61

Record Standard	86kg	3/09/2018	
Record Standard	106kg	3/09/2018	
Record Standard	192kg	3/09/2019	

M67

Jett Gaffney	95kg	1/06/2019	Queensland Junior & U23 Championships, Toowoomba
Record Standard	122kg	3/09/2018	
Jett Gaffney	210kg	1/06/2019	Queensland Junior & U23 Championships, Toowoomba

M73

Record Standard	105kg	3/09/2018	
Record Standard	125kg	3/09/2018	
Record Standard	230kg	3/09/2019	

M81

Record Standard	116kg	3/09/2018	
Record Standard	150kg	3/09/2018	
Record Standard	265kg	3/09/2019	

M89

Record Standard	130kg	3/09/2018	
Kyle Bruce	165kg	22/12/2018	Zubin Weightlifting Open Competition, Quaycentre Sydney Olympic Park
Kyle Bruce	293kg	22/12/2018	Zubin Weightlifting Open Competition, Quaycentre Sydney Olympic Park

M96

Ben Ward	140kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Ben Ward	170kg	5/05/2019	Queensland Senior Championships, Cougars
Ben Ward	306kg	5/05/2019	Queensland Senior Championships, Cougars

M102

Record Standard	120kg	3/09/2018	
Record Standard	150kg	3/09/2018	
Record Standard	270kg	3/09/2019	

M109

Record Standard	108kg	3/09/2018	
Record Standard	145kg	3/09/2018	
Record Standard	253kg	3/09/2019	

M109+

Record Standard	140kg	3/09/2018	
Orion Walsh	166kg	18/05/2019	ACT vs NSW, Quaycentre, Olympic Park
Record Standard	305kg	3/09/2019	

AWF FEMALE Senior Records

F45

Record Standard	58kg	3/09/2018	
Record Standard	72kg	3/09/2018	
Record Standard	130kg	3/09/2019	

F49

Emily Scott	62kg	6/04/2019	Victorian Senior Championships*, Eleiko VWS
Alyce Stephenson	84kg	27/04/2019	Arafura Games, Darwin, NT
Alyce Stephenson	144kg	27/04/2019	Arafura Games, Darwin, NT

F55

Natalia Chorobczyk	75kg	6/04/2019	Victorian Senior Championships*, Eleiko VWS
Record Standard	89kg	3/09/2018	
Natalia Chorobczyk	162kg	6/04/2019	Victorian Senior Championships*, Eleiko VWS

F59

Erika Yamasaki	82kg	4/05/2019	Queensland Senior Championships, Cougars
Erika Yamasaki	103kg	27/04/2019	Arafura Games, Darwin, NT
Erika Yamasaki	183kg	4/05/2019	Queensland Senior Championships, Cougars

F64

Kiana Elliott	96kg	7/02/2019	EGAT International Tournament, Thailand
Record Standard	115kg	3/09/2018	
Record Standard	210kg	3/09/2019	

F71

Isabel Lorenzi	89kg	2/02/2019	Ralph Cashman Open Competition, Quaycentre
Stephanie Davies	114kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Stephanie Davies	200kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL

F76

Stephanie Davies	95kg	3/11/2018	Ian Laurie Cup, Eleiko VWS
Stephanie Davies	116kg	3/11/2018	Ian Laurie Cup, Eleiko VWS
Stephanie Davies	211kg	3/11/2018	Ian Laurie Cup, Eleiko VWS

F81

Eileen Cikamatana	118kg	18/05/2019	ACT vs NSW, Quaycentre, Olympic Park
Eileen Cikamatana	150kg	18/05/2019	ACT vs NSW, Quaycentre, Olympic Park
Eileen Cikamatana	268kg	18/05/2019	ACT vs NSW, Quaycentre, Olympic Park

F87

Eileen Cikamatana	112kg	1/06/2019	NSW Junior/U23 Championships/Open Competition, Hills Barbell Club
Eileen Cikamatana	145kg	1/06/2019	NSW Junior/U23 Championships/Open Competition, Hills Barbell Club
Eileen Cikamatana	257kg	1/06/2019	NSW Junior/U23 Championships/Open Competition, Hills Barbell Club

F87+

Charisma Amoe-Tarrant	105kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Charisma Amoe-Tarrant	141kg	26/01/2019	Nauru Independence Day Weightlifting Tournament, Nauru
Charisma Amoe-Tarrant	245kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL

AWF MALE Senior Records

M55

Record Standard	78kg	3/09/2018	
Record Standard	100kg	3/09/2018	
Record Standard	178kg	3/09/2019	

M61

Blake Armitage	89kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler
Blake Armitage	117kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler
Blake Armitage	206kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler

M67

Christopher Moore	105kg	5/03/2019	The Rev BBC, Balcatta
Christopher Moore	130kg	5/03/2019	The Rev BBC, Balcatta
Christopher Moore	235kg	5/03/2019	The Rev BBC, Balcatta

M73

Record Standard	127kg	3/09/2018	
Brandon Wakeling	165kg	28/04/2019	Arafura Games, Darwin, NT
Record Standard	288kg	3/09/2019	

M81

Frank Elliott	131kg	7/02/2019	EGAT International Tournament, Thailand
Haiyang (Kenn) Zhang	162kg	24/11/2018	Memorial Day Open Competition, Hills Barbell Club
Record Standard	288kg	3/09/2019	

M89

Boris Elesin	140kg	7/04/2019	Victorian Senior Championships*, Eleiko VWS
Joel Gregson	172kg	29/04/2019	Arafura Games, Darwin, NT
Boris Elesin	306kg	7/04/2019	Victorian Senior Championships*, Eleiko VWS

M96

Ridge Barredo	142kg	29/04/2019	Arafura Games, Darwin, NT
Ridge Barredo	180kg	29/04/2019	Arafura Games, Darwin, NT
Ridge Barredo	322kg	29/04/2019	Arafura Games, Darwin, NT

M102

Record Standard	155kg	3/09/2018	
Cody Wilks	163kg	5/03/2019	The Rev BBC, Balcatta
Record Standard	311kg	3/09/2019	

M109

Matthew Lydement	158kg	29/04/2019	Arafura Games, Darwin, NT
Jackson Roberts-Young	190kg	3/03/2019	Shred Barbell Open Competition, Shred Barbell Club
Record Standard	333kg	3/09/2019	

M109+

Haroon Shukat	153kg	24/11/2018	Memorial Day Open Competition, Hills Barbell Club
Haroon Shukat	183kg	24/11/2018	Memorial Day Open Competition, Hills Barbell Club
Haroon Shukat	336kg	24/11/2018	Memorial Day Open Competition, Hills Barbell Club

AWF FEMALE Mast 35-39 Records

F45

Record Standard	52kg	3/09/2018	
Record Standard	64kg	3/09/2018	
Record Standard	115kg	3/09/2019	

F49

Record Standard	54kg	3/09/2018	
Record Standard	69kg	3/09/2018	
Record Standard	123kg	3/09/2019	

F55

Tara Noonan	61kg	16/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Tara Noonan	74kg	6/04/2019	QWA League Round 2, Toowoomba
Tara Noonan	134kg	6/04/2019	QWA League Round 2, Toowoomba

F59

Seen Lee	76kg	26/01/2019	HWC Australia Day Open, Eleiko VWS
Seen Lee	101kg	7/02/2019	EGAT International Tournament, Thailand
Seen Lee	177kg	7/02/2019	EGAT International Tournament, Thailand

F64

Seen Lee	78kg	6/04/2019	Victorian Senior Championships*, Eleiko VWS
Kate Mcrae Stewart	87kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Kate Mcrae Stewart	157kg	7/09/2018	AWF Junior & Senior Championships, Brisbane

F71

Adrienne Karniewicz	73kg	5/05/2019	Queensland Senior Championships, Cougars
Adrienne Karniewicz	90kg	5/05/2019	Queensland Senior Championships, Cougars
Adrienne Karniewicz	163kg	5/05/2019	Queensland Senior Championships, Cougars

F76

Record Standard	72kg	3/09/2018	
Kelly Cameron	93kg	16/02/2019	Victorian Masters Championships/Masters GP1 & VWA Open, Eleiko VWS
Kelly Cameron	164kg	16/03/2019	Australian Masters Championships, Darwin, NT

F81

Record Standard	74kg	3/09/2018	
Record Standard	93kg	3/09/2018	
Record Standard	167kg	3/09/2019	

F87

Dimitra Tsiliaskopoulos	79kg	18/05/2019	ACT vs NSW, Quaycentre, Olympic Park
Dimitra Tsiliaskopoulos	103kg	18/05/2019	ACT vs NSW, Quaycentre, Olympic Park
Dimitra Tsiliaskopoulos	182kg	18/05/2019	ACT vs NSW, Quaycentre, Olympic Park

F87+

Record Standard	85kg	3/09/2018	
Record Standard	107kg	3/09/2018	
Record Standard	191kg	3/09/2019	

AWF MALE Mast 35-39 Records

M55

Record Standard	75kg	3/09/2018	
Record Standard	95kg	3/09/2018	
Record Standard	170kg	3/09/2019	

M61

Record Standard	82kg	3/09/2018	
Record Standard	102kg	3/09/2018	
Record Standard	184kg	3/09/2019	

M67

Record Standard	87kg	3/09/2018	
Record Standard	109kg	3/09/2018	
Record Standard	196kg	3/09/2019	

M73

Haiyang (Kenn) Zhang	127kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Haiyang (Kenn) Zhang	161kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Haiyang (Kenn) Zhang	288kg	7/09/2018	AWF Junior & Senior Championships, Brisbane

M81

Haiyang (Kenn) Zhang	125kg	24/11/2018	Memorial Day Open Competition, Hills Barbell Club
Haiyang (Kenn) Zhang	162kg	24/11/2018	Memorial Day Open Competition, Hills Barbell Club
Haiyang (Kenn) Zhang	287kg	24/11/2018	Memorial Day Open Competition, Hills Barbell Club

M89

Sandow Weldemar Nasution	110kg	16/03/2019	Australian Masters Championships, Darwin, NT
Sandow Weldemar Nasution	140kg	16/03/2019	Australian Masters Championships, Darwin, NT
Sandow Weldemar Nasution	250kg	16/03/2019	Australian Masters Championships, Darwin, NT

M96

Adam Kabbas	108kg	16/02/2019	Victorian Masters Championships/Masters GP1 & VWA Open, Eleiko VWS
Record Standard	131kg	3/09/2018	
Record Standard	235kg	3/09/2019	

M102

Rohan Cuffe	125kg	8/12/2018	NBWA Xmas Club Competition (The Lawrie), Zillmere
Rohan Cuffe	146kg	8/12/2018	NBWA Xmas Club Competition (The Lawrie), Zillmere
Rohan Cuffe	271kg	8/12/2018	NBWA Xmas Club Competition (The Lawrie), Zillmere

M109

Record Standard	109kg	3/09/2018	
Record Standard	136kg	3/09/2018	
Record Standard	246kg	3/09/2019	

M109+

Jackson Solofa	142kg	29/04/2019	Arafura Games, Darwin, NT
Jackson Solofa	182kg	29/04/2019	Arafura Games, Darwin, NT
Jackson Solofa	324kg	29/04/2019	Arafura Games, Darwin, NT

AWF FEMALE Mast 40-44 Records

F45

Record Standard	48kg	3/09/2018	
Record Standard	60kg	3/09/2018	
Record Standard	108kg	3/09/2019	

F49

Monika Endres	57kg	24/11/2018	VWA Open & Masters GP 4, Eleiko VWS
Monika Endres	70kg	24/11/2018	VWA Open & Masters GP 4, Eleiko VWS
Monika Endres	127kg	24/11/2018	VWA Open & Masters GP 4, Eleiko VWS

F55

Monika Endres	60kg	16/03/2019	Australian Masters Championships, Darwin, NT
Monika Endres	70kg	16/03/2019	Australian Masters Championships, Darwin, NT
Monika Endres	130kg	16/03/2019	Australian Masters Championships, Darwin, NT

F59

Record Standard	58kg	3/09/2018	
Record Standard	73kg	3/09/2018	
Record Standard	132kg	3/09/2019	

F64

Lynda Edwards	74kg	16/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Lynda Edwards	89kg	16/02/2019	Victorian Masters Championships/Masters GP1 & VWA Open, Eleiko VWS
Lynda Edwards	161kg	16/02/2019	Victorian Masters Championships/Masters GP1 & VWA Open, Eleiko VWS

F71

Joanne Flesfadar	70kg	3/11/2018	Ian Laurie Cup, Eleiko VWS
Bronwyn Graham	84kg	16/03/2019	Australian Masters Championships, Darwin, NT
Joanne Flesfadar	153kg	3/11/2018	Ian Laurie Cup, Eleiko VWS

F76

Sanaa Hawkins	70kg	16/03/2019	Australian Masters Championships, Darwin, NT
Sanaa Hawkins	92kg	16/02/2019	NSW Masters Championships, Quaycentre
Sanaa Hawkins	160kg	16/03/2019	Australian Masters Championships, Darwin, NT

F81

Leora Yates	82kg	16/02/2019	Victorian Masters Championships/Masters GP1 & VWA Open, Eleiko VWS
Leora Yates	95kg	7/04/2019	Victorian Senior Championships*, Eleiko VWS
Leora Yates	175kg	16/02/2019	Victorian Masters Championships/Masters GP1 & VWA Open, Eleiko VWS

F87

Record Standard	71kg	3/09/2018	
Record Standard	89kg	3/09/2018	
Record Standard	161kg	3/09/2019	

F87+

Record Standard	79kg	3/09/2018	
Record Standard	100kg	3/09/2018	
Record Standard	179kg	3/09/2019	

AWF MALE Mast 40-44 Records

M55

Record Standard	71kg	3/09/2018	
Record Standard	89kg	3/09/2018	
Record Standard	159kg	3/09/2019	

M61

Record Standard	77kg	3/09/2018	
Record Standard	95kg	3/09/2018	
Record Standard	172kg	3/09/2019	

M67

Record Standard	82kg	3/09/2018	
Michael Pickrell	107kg	15/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Michael Pickrell	188kg	15/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD

M73

Jeremy Wolfe	90kg	6/04/2019	Victorian Senior Championships*, Eleiko VWS
Jeremy Wolfe	110kg	6/04/2019	Victorian Senior Championships*, Eleiko VWS
Jeremy Wolfe	200kg	6/04/2019	Victorian Senior Championships*, Eleiko VWS

M81

Luke Anderson	115kg	16/02/2019	Victorian Masters Championships/Masters GP1 & VWA Open, Eleiko VWS
Luke Anderson	130kg	16/02/2019	Victorian Masters Championships/Masters GP1 & VWA Open, Eleiko VWS
Luke Anderson	245kg	16/02/2019	Victorian Masters Championships/Masters GP1 & VWA Open, Eleiko VWS

M89

Adrian Immarrata	102kg	3/11/2018	Ralph Cashman Open Competition, Hills Barbell Club
Adrian Immarrata	136kg	3/11/2018	Ralph Cashman Open Competition, Hills Barbell Club
Adrian Immarrata	238kg	3/11/2018	Ralph Cashman Open Competition, Hills Barbell Club

M96

Jeffrey De Vries	110kg	17/02/2019	WWA Masters Championship & Open, Steelworks Weightlifting Kelmscot
Adam Brand	124kg	15/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Adam Brand	230kg	15/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD

M102

Adrian Lamond	107kg	15/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Adrian Lamond	145kg	15/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Adrian Lamond	252kg	15/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD

M109

Drew Mctavish	105kg	16/09/2018	Inner West Barbell Open Competition, Inner West Barbell Club
Record Standard	127kg	3/09/2018	
Record Standard	230kg	3/09/2019	

M109+

Record Standard	109kg	3/09/2018	
Record Standard	138kg	3/09/2018	
Record Standard	247kg	3/09/2019	

AWF FEMALE Mast 45-49 Records

F45

Record Standard	45kg	3/09/2018	
Record Standard	56kg	3/09/2018	
Record Standard	100kg	3/09/2019	

F49

Record Standard	47kg	3/09/2018	
Record Standard	60kg	3/09/2018	
Record Standard	107kg	3/09/2019	

F55

Record Standard	50kg	3/09/2018	
Rachel Nicola	70kg	16/03/2019	Australian Masters Championships, Darwin, NT
Rachel Nicola	119kg	16/03/2019	Australian Masters Championships, Darwin, NT

F59

Sharon Mccauley	61kg	23/02/2019	SAWLA Feburary Open, Athletic Compound
Toni Lane	80kg	16/02/2019	Victorian Masters Championships/Masters GP1 & VWA Open, Eleiko VWS
Toni Lane	141kg	15/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD

F64

Record Standard	57kg	3/09/2018	
Record Standard	72kg	3/09/2018	
Record Standard	129kg	3/09/2019	

F71

Joanne Flesfadar	71kg	23/02/2019	SAWLA Feburary Open, Athletic Compound
Rachael Robinson	88kg	5/05/2019	Queensland Senior Championships, Cougars
Rachael Robinson	152kg	5/05/2019	Queensland Senior Championships, Cougars

F76

Record Standard	62kg	3/09/2018	
Record Standard	78kg	3/09/2018	
Record Standard	141kg	3/09/2019	

F81

Record Standard	64kg	3/09/2018	
Record Standard	81kg	3/09/2018	
Record Standard	145kg	3/09/2019	

F87

Record Standard	66kg	3/09/2018	
Record Standard	83kg	3/09/2018	
Record Standard	150kg	3/09/2019	

F87+

Record Standard	74kg	3/09/2018	
Record Standard	93kg	3/09/2018	
Record Standard	166kg	3/09/2019	

AWF MALE Mast 45-49 Records

M55

Record Standard	66kg	3/09/2018	
Record Standard	82kg	3/09/2018	
Record Standard	148kg	3/09/2019	

M61

Graham Walker	75kg	16/03/2019	Australian Masters Championships, Darwin, NT
Graham Walker	93kg	16/03/2019	Australian Masters Championships, Darwin, NT
Graham Walker	168kg	16/03/2019	Australian Masters Championships, Darwin, NT

M67

Record Standard	76kg	3/09/2018	
Record Standard	94kg	3/09/2018	
Record Standard	170kg	3/09/2019	

M73

Steven Graham	80kg	15/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Steven Graham	115kg	15/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Steven Graham	195kg	15/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD

M81

Andrew Rideout	85kg	16/03/2019	Australian Masters Championships, Darwin, NT
Andrew Rideout	107kg	16/03/2019	Australian Masters Championships, Darwin, NT
Andrew Rideout	192kg	16/03/2019	Australian Masters Championships, Darwin, NT

M89

Record Standard	88kg	3/09/2018	
Record Standard	110kg	3/09/2018	
Record Standard	198kg	3/09/2019	

M96

Steve Tague	100kg	9/12/2018	Shred Barbell Open Competition, Shred Barbell Club
Steve Tague	120kg	9/12/2018	Shred Barbell Open Competition, Shred Barbell Club
Steve Tague	220kg	9/12/2018	Shred Barbell Open Competition, Shred Barbell Club

M102

Dan Mcgavern	107kg	16/02/2019	NSW Masters Championships, Quaycentre
Dan Mcgavern	130kg	15/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Dan Mcgavern	235kg	15/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD

M109

Record Standard	95kg	3/09/2018	
Record Standard	118kg	3/09/2018	
Record Standard	214kg	3/09/2019	

M109+

Aaron Gray	110kg	8/12/2018	SAWLA State Championships, Athletic Compound
Aaron Gray	145kg	15/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Aaron Gray	255kg	15/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD

AWF FEMALE Mast 50-54 Records

F45

Record Standard	41kg	3/09/2018	
Record Standard	52kg	3/09/2018	
Record Standard	93kg	3/09/2019	

F49

Record Standard	44kg	3/09/2018	
Record Standard	56kg	3/09/2018	
Record Standard	99kg	3/09/2019	

F55

Record Standard	47kg	3/09/2018	
Record Standard	58kg	3/09/2018	
Record Standard	105kg	3/09/2019	

F59

Record Standard	50kg	3/09/2018	
Diana Loy	65kg	16/03/2019	Australian Masters Championships, Darwin, NT
Record Standard	113kg	3/09/2019	

F64

Mandy Hannon	60kg	16/03/2019	Australian Masters Championships, Darwin, NT
Mandy Hannon	77kg	16/03/2019	Australian Masters Championships, Darwin, NT
Mandy Hannon	137kg	16/03/2019	Australian Masters Championships, Darwin, NT

F71

Record Standard	56kg	3/09/2018	
Record Standard	70kg	3/09/2018	
Record Standard	126kg	3/09/2019	

F76

Record Standard	58kg	3/09/2018	
Record Standard	73kg	3/09/2018	
Record Standard	130kg	3/09/2019	

F81

Record Standard	59kg	3/09/2018	
Record Standard	75kg	3/09/2018	
Record Standard	134kg	3/09/2019	

F87

Record Standard	61kg	3/09/2018	
Record Standard	77kg	3/09/2018	
Record Standard	138kg	3/09/2019	

F87+

Record Standard	68kg	3/09/2018	
Record Standard	86kg	3/09/2018	
Record Standard	154kg	3/09/2019	

AWF MALE Mast 50-54 Records

M55

Record Standard	61kg	3/09/2018	
Record Standard	76kg	3/09/2018	
Record Standard	137kg	3/09/2019	

M61

Record Standard	66kg	3/09/2018	
Record Standard	82kg	3/09/2018	
Record Standard	148kg	3/09/2019	

M67

Benjamin Silva	79kg	6/04/2019	Victorian Senior Championships*, Eleiko VWS
Benjamin Silva	98kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Benjamin Silva	176kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD

M73

Lenin Pichiayan	79kg	23/02/2019	SAWLA February Open, Athletic Compound
Lenin Pichiayan	97kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Lenin Pichiayan	174kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD

M81

Record Standard	78kg	3/09/2018	
Arjun Tokhi	99kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Record Standard	175kg	3/09/2019	

M89

Dion Walmsley	88kg	7/04/2019	QWA League Round 2, Toowoomba
Dion Walmsley	117kg	7/04/2019	QWA League Round 2, Toowoomba
Dion Walmsley	205kg	7/04/2019	QWA League Round 2, Toowoomba

M96

Steve Tague	96kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Steve Tague	124kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Steve Tague	220kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD

M102

Warren Hellisen	106kg	16/02/2019	Victorian Masters Championships/Masters GP1 & VWA Open, Eleiko VWS
Warren Hellisen	152kg	3/11/2018	Ian Laurie Cup, Eleiko VWS
Warren Hellisen	257kg	3/11/2018	Ian Laurie Cup, Eleiko VWS

M109

Warren Hellisen	105kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Warren Hellisen	156kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Warren Hellisen	261kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD

M109+

Aghvan Grigoryan	104kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Aghvan Grigoryan	120kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Aghvan Grigoryan	224kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD

AWF FEMALE Mast 55-59 Records

F45

Record Standard	37kg	3/09/2018	
Record Standard	46kg	3/09/2018	
Record Standard	83kg	3/09/2019	

F49

Mary Macken	40kg	16/03/2019	Australian Masters Championships, Darwin, NT
Record Standard	50kg	3/09/2018	
Mary Macken	90kg	16/03/2019	Australian Masters Championships, Darwin, NT

F55

Record Standard	42kg	3/09/2018	
Record Standard	52kg	3/09/2018	
Record Standard	94kg	3/09/2019	

F59

Record Standard	45kg	3/09/2018	
Record Standard	56kg	3/09/2018	
Record Standard	101kg	3/09/2019	

F64

Record Standard	47kg	3/09/2018	
Record Standard	59kg	3/09/2018	
Record Standard	106kg	3/09/2019	

F71

Record Standard	50kg	3/09/2018	
Record Standard	63kg	3/09/2018	
Record Standard	112kg	3/09/2019	

F76

Bronwyn Hitchener	54kg	19/01/2019	Queensland Masters Championships, Milton
Bronwyn Hitchener	70kg	16/03/2019	Australian Masters Championships, Darwin, NT
Bronwyn Hitchener	124kg	16/03/2019	Australian Masters Championships, Darwin, NT

F81

Bronwyn Hitchener	55kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Bronwyn Hitchener	68kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – Toowoomba Weightlifting Assn. Toowoomba
Bronwyn Hitchener	123kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD

F87

Record Standard	55kg	3/09/2018	
Record Standard	69kg	3/09/2018	
Record Standard	123kg	3/09/2019	

F87+

Record Standard	61kg	3/09/2018	
Record Standard	77kg	3/09/2018	
Record Standard	137kg	3/09/2019	

AWF MALE Mast 55-59 Records

M55

Record Standard	54kg	3/09/2018	
Record Standard	68kg	3/09/2018	
Record Standard	122kg	3/09/2019	

M61

Record Standard	59kg	3/09/2018	
Record Standard	73kg	3/09/2018	
Record Standard	132kg	3/09/2019	

M67

Record Standard	63kg	3/09/2018	
Record Standard	78kg	3/09/2018	
Record Standard	141kg	3/09/2019	

M73

Bouachanh Thongvilu	76kg	16/02/2019	NSW Masters Championships, Quaycentre
Bouachanh Thongvilu	86kg	9/12/2018	Shred Barbell Open Competition, Shred Barbell Club
Bouachanh Thongvilu	160kg	16/02/2019	NSW Masters Championships, Quaycentre

M81

Greg Hobl	76kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – Toowoomba Weightlifting Assn Toowoomba
Greg Hobl	95kg	23/03/2019	Toowoomba Weightlifting Assn Club Competition, Toowoomba
Greg Hobl	170kg	23/03/2019	Toowoomba Weightlifting Assn Club Competition, Toowoomba

M89

George Stylianou	87kg	15/06/2019	Alby Dutton Memorial, Eleiko VWS
George Stylianou	103kg	15/06/2019	Alby Dutton Memorial, Eleiko VWS
George Stylianou	190kg	15/06/2019	Alby Dutton Memorial, Eleiko VWS

M96

Record Standard	75kg	3/09/2018	
Peter Thomsen	97kg	18/05/2019	Physique Science Qld Club Challenge Round 2 – North Brisbane Weightlifting Assn Zillmere
Peter Thomsen	171kg	18/05/2019	Physique Science Qld Club Challenge Round 2 – North Brisbane Weightlifting Assn Zillmere

M102

Edward Mandla	88kg	22/12/2018	Zubin Weightlifting Open Competition, Quaycentre Sydney Olympic Park
Edward Mandla	109kg	16/03/2019	Australian Masters Championships, Darwin, NT
Edward Mandla	194kg	16/03/2019	Australian Masters Championships, Darwin, NT

M109

Record Standard	79kg	3/09/2018	
Record Standard	98kg	3/09/2018	
Record Standard	176kg	3/09/2019	

M109+

Record Standard	84kg	3/09/2018	
Record Standard	106kg	3/09/2018	
Record Standard	189kg	3/09/2019	

AWF FEMALE Mast 60-64 Records

F45

Denese Billings	35kg	16/02/2019	Victorian Masters Championships/Masters GP1 & VWA Open, Eleiko VWS
Denese Billings	44kg	16/02/2019	Victorian Masters Championships/Masters GP1 & VWA Open, Eleiko VWS
Denese Billings	79kg	16/02/2019	Victorian Masters Championships/Masters GP1 & VWA Open, Eleiko VWS

F49

Record Standard	34kg	3/09/2018	
Record Standard	44kg	3/09/2018	
Record Standard	78kg	3/09/2019	

F55

Record Standard	37kg	3/09/2018	
Record Standard	46kg	3/09/2018	
Record Standard	82kg	3/09/2019	

F59

Record Standard	39kg	3/09/2018	
Record Standard	49kg	3/09/2018	
Record Standard	89kg	3/09/2019	

F64

Record Standard	41kg	3/09/2018	
Record Standard	52kg	3/09/2018	
Record Standard	93kg	3/09/2019	

F71

Record Standard	44kg	3/09/2018	
Record Standard	55kg	3/09/2018	
Record Standard	99kg	3/09/2019	

F76

Record Standard	45kg	3/09/2018	
Record Standard	57kg	3/09/2018	
Record Standard	102kg	3/09/2019	

F81

Record Standard	46kg	3/09/2018	
Record Standard	59kg	3/09/2018	
Record Standard	105kg	3/09/2019	

F87

Record Standard	48kg	3/09/2018	
Record Standard	60kg	3/09/2018	
Record Standard	108kg	3/09/2019	

F87+

Record Standard	53kg	3/09/2018	
Record Standard	67kg	3/09/2018	
Record Standard	121kg	3/09/2019	

AWF MALE Mast 60-64 Records

M55

Record Standard	48kg	3/09/2018	
Record Standard	60kg	3/09/2018	
Record Standard	107kg	3/09/2019	

M61

Record Standard	52kg	3/09/2018	
Record Standard	64kg	3/09/2018	
Record Standard	116kg	3/09/2019	

M67

Record Standard	55kg	3/09/2018	
Record Standard	68kg	3/09/2018	
Record Standard	124kg	3/09/2019	

M73

Record Standard	57kg	3/09/2018	
Record Standard	73kg	3/09/2018	
Record Standard	130kg	3/09/2019	

M81

Record Standard	61kg	3/09/2018	
Record Standard	77kg	3/09/2018	
Record Standard	137kg	3/09/2019	

M89

Joe Vitacca	75kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Ron Fraser	102kg	8/12/2018	NBWA Xmas Club Competition (The Lawrie), Zillmere
Ron Fraser	172kg	8/12/2018	NBWA Xmas Club Competition (The Lawrie), Zillmere

M96

Stephen Johnstone	70kg	16/03/2019	Australian Masters Championships, Darwin, NT
Stephen Johnstone	83kg	16/03/2019	Australian Masters Championships, Darwin, NT
Stephen Johnstone	153kg	16/03/2019	Australian Masters Championships, Darwin, NT

M102

Stephen Johnstone	75kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – Milton Weightlifting Club, Milton
Stephen Johnstone	90kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – Milton Weightlifting Club, Milton
Stephen Johnstone	165kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – Milton Weightlifting Club, Milton

M109

Stephen Johnstone	76kg	13/10/2018	Uesaka QLD Club Challenge and League Round 3, Chandler
Stephen Johnstone	96kg	13/10/2018	Uesaka QLD Club Challenge and League Round 3, Chandler
Stephen Johnstone	172kg	13/10/2018	Uesaka QLD Club Challenge and League Round 3, Chandler

M109+

Record Standard	74kg	3/09/2018	
Record Standard	93kg	3/09/2018	
Record Standard	166kg	3/09/2019	

AWF FEMALE Mast 65-69 Records

F45

Record Standard	28kg	3/09/2018	
Record Standard	35kg	3/09/2018	
Record Standard	63kg	3/09/2019	

F49

Record Standard	30kg	3/09/2018	
Record Standard	38kg	3/09/2018	
Record Standard	67kg	3/09/2019	

F55

Record Standard	32kg	3/09/2018	
Record Standard	40kg	3/09/2018	
Record Standard	71kg	3/09/2019	

F59

Record Standard	34kg	3/09/2018	
Record Standard	43kg	3/09/2018	
Record Standard	77kg	3/09/2019	

F64

Record Standard	36kg	3/09/2018	
Record Standard	45kg	3/09/2018	
Record Standard	81kg	3/09/2019	

F71

Meg Emerton	42kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler
Meg Emerton	54kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Meg Emerton	96kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD

F76

Record Standard	39kg	3/09/2018	
Grace Morrison	50kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Record Standard	88kg	3/09/2019	

F81

Record Standard	40kg	3/09/2018	
Record Standard	51kg	3/09/2018	
Record Standard	91kg	3/09/2019	

F87

Record Standard	42kg	3/09/2018	
Record Standard	52kg	3/09/2018	
Record Standard	94kg	3/09/2019	

F87+

Record Standard	46kg	3/09/2018	
Record Standard	58kg	3/09/2018	
Record Standard	104kg	3/09/2019	

AWF MALE Mast 65-69 Records

M55

Record Standard	41kg	3/09/2018	
Record Standard	52kg	3/09/2018	
Record Standard	93kg	3/09/2019	

M61

Record Standard	45kg	3/09/2018	
Record Standard	56kg	3/09/2018	
Record Standard	100kg	3/09/2019	

M67

Record Standard	48kg	3/09/2018	
Record Standard	59kg	3/09/2018	
Record Standard	107kg	3/09/2019	

M73

Trevor Walz	55kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Trevor Walz	70kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Trevor Walz	125kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD

M81

John Clow	66kg	8/12/2018	HWC Championships, Eleiko VWS
Ron Fraser	87kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
John Clow	152kg	8/12/2018	HWC Championships, Eleiko VWS

M89

Ron Fraser	72kg	16/03/2019	Australian Masters Championships, Darwin, NT
Ron Fraser	103kg	16/03/2019	Australian Masters Championships, Darwin, NT
Ron Fraser	175kg	16/03/2019	Australian Masters Championships, Darwin, NT

M96

Record Standard	57kg	3/09/2018	
Record Standard	71kg	3/09/2018	
Record Standard	128kg	3/09/2019	

M102

Record Standard	58kg	3/09/2018	
Record Standard	73kg	3/09/2018	
Record Standard	131kg	3/09/2019	

M109

Record Standard	60kg	3/09/2018	
Record Standard	74kg	3/09/2018	
Record Standard	134kg	3/09/2019	

M109+

Record Standard	64kg	3/09/2018	
Record Standard	80kg	3/09/2018	
Record Standard	144kg	3/09/2019	

AWF FEMALE Mast 70-74 Records

F45

Record Standard	24kg	3/09/2018	
Record Standard	29kg	3/09/2018	
Record Standard	53kg	3/09/2019	

F49

Record Standard	25kg	3/09/2018	
Record Standard	32kg	3/09/2018	
Record Standard	56kg	3/09/2019	

F55

Junko Matsuzaki	27kg	16/03/2019	Australian Masters Championships, Darwin, NT
Junko Matsuzaki	40kg	16/03/2019	Australian Masters Championships, Darwin, NT
Junko Matsuzaki	67kg	16/03/2019	Australian Masters Championships, Darwin, NT

F59

Record Standard	29kg	3/09/2018	
Junko Matsuzaki	41kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Junko Matsuzaki	69kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD

F64

Record Standard	30kg	3/09/2018	
Lesley Moyle	39kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler
Record Standard	68kg	3/09/2019	

F71

Record Standard	32kg	3/09/2018	
Record Standard	40kg	3/09/2018	
Record Standard	71kg	3/09/2019	

F76

Record Standard	33kg	3/09/2018	
Record Standard	41kg	3/09/2018	
Record Standard	74kg	3/09/2019	

F81

Record Standard	34kg	3/09/2018	
Record Standard	42kg	3/09/2018	
Record Standard	76kg	3/09/2019	

F87

Record Standard	35kg	3/09/2018	
Record Standard	44kg	3/09/2018	
Record Standard	79kg	3/09/2019	

F87+

Record Standard	39kg	3/09/2018	
Record Standard	49kg	3/09/2018	
Record Standard	87kg	3/09/2019	

AWF MALE Mast 70-74 Records

M55

Record Standard	34kg	3/09/2018	
Record Standard	43kg	3/09/2018	
Record Standard	78kg	3/09/2019	

M61

Jacob Shneidman	45kg	16/02/2019	NSW Masters Championships, Quaycentre
Jacob Shneidman	60kg	16/02/2019	NSW Masters Championships, Quaycentre
Jacob Shneidman	105kg	16/02/2019	NSW Masters Championships, Quaycentre

M67

Record Standard	40kg	3/09/2018	
Record Standard	50kg	3/09/2018	
Record Standard	89kg	3/09/2019	

M73

Rohan Mason	54kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Rohan Mason	65kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
Rohan Mason	119kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD

M81

John Clow	61kg	13/04/2019	Australia v South Africa Masters International, Modimolle, South Africa
John Clow	78kg	13/04/2019	Australia v South Africa Masters International, Modimolle, South Africa
John Clow	139kg	13/04/2019	Australia v South Africa Masters International, Modimolle, South Africa

M89

John Clow	63kg	16/02/2019	Victorian Masters Championships/Masters GP1 & VWA Open, Eleiko VWS
John Clow	86kg	16/03/2019	Australian Masters Championships, Darwin, NT
John Clow	148kg	16/02/2019	Victorian Masters Championships/Masters GP1 & VWA Open, Eleiko VWS

M96

Derek D'Mellow	71kg	17/02/2019	WWA Masters Championship & Open, Steelworks Weightlifting Kelmscot
Derek D'Mellow	101kg	17/02/2019	WWA Masters Championship & Open, Steelworks Weightlifting Kelmscot
Derek D'Mellow	172kg	17/02/2019	WWA Masters Championship & Open, Steelworks Weightlifting Kelmscot

M102

Record Standard	49kg	3/09/2018	
Record Standard	61kg	3/09/2018	
Record Standard	110kg	3/09/2019	

M109

Record Standard	50kg	3/09/2018	
Record Standard	62kg	3/09/2018	
Record Standard	112kg	3/09/2019	

M109+

Record Standard	53kg	3/09/2018	
Record Standard	67kg	3/09/2018	
Record Standard	121kg	3/09/2019	

AWF FEMALE Mast 75-79 Records

F45

Record Standard	19kg	3/09/2018	
Record Standard	24kg	3/09/2018	
Record Standard	43kg	3/09/2019	

F49

Record Standard	20kg	3/09/2018	
Record Standard	26kg	3/09/2018	
Record Standard	46kg	3/09/2019	

F55

Record Standard	21kg	3/09/2018	
Record Standard	27kg	3/09/2018	
Record Standard	48kg	3/09/2019	

F59

Record Standard	23kg	3/09/2018	
Record Standard	29kg	3/09/2018	
Record Standard	52kg	3/09/2019	

F64

Record Standard	24kg	3/09/2018	
Record Standard	31kg	3/09/2018	
Record Standard	55kg	3/09/2019	

F71

Record Standard	26kg	3/09/2018	
Record Standard	32kg	3/09/2018	
Record Standard	58kg	3/09/2019	

F76

Record Standard	27kg	3/09/2018	
Record Standard	33kg	3/09/2018	
Record Standard	60kg	3/09/2019	

F81

Record Standard	27kg	3/09/2018	
Record Standard	34kg	3/09/2018	
Record Standard	62kg	3/09/2019	

F87

Record Standard	28kg	3/09/2018	
Record Standard	35kg	3/09/2018	
Record Standard	64kg	3/09/2019	

F87+

Record Standard	31kg	3/09/2018	
Record Standard	39kg	3/09/2018	
Record Standard	71kg	3/09/2019	

AWF MALE Mast 75-79 Records

M55

Record Standard	28kg	3/09/2018	
Record Standard	35kg	3/09/2018	
Record Standard	63kg	3/09/2019	

M61

Record Standard	30kg	3/09/2018	
Record Standard	38kg	3/09/2018	
Record Standard	68kg	3/09/2019	

M67

Record Standard	32kg	3/09/2018	
Record Standard	40kg	3/09/2018	
Record Standard	72kg	3/09/2019	

M73

Record Standard	34kg	3/09/2018	
Record Standard	43kg	3/09/2018	
Record Standard	76kg	3/09/2019	

M81

David Thompson	37kg	16/02/2019	Victorian Masters Championships/Masters GP1 & VWA Open, Eleiko VWS
Record Standard	45kg	3/09/2018	
Record Standard	81kg	3/09/2019	

M89

Milos Trnka	41kg	16/03/2019	Australian Masters Championships, Darwin, NT
Milos Trnka	55kg	16/03/2019	Australian Masters Championships, Darwin, NT
Milos Trnka	96kg	16/03/2019	Australian Masters Championships, Darwin, NT

M96

Record Standard	38kg	3/09/2018	
Record Standard	48kg	3/09/2018	
Record Standard	87kg	3/09/2019	

M102

Record Standard	39kg	3/09/2018	
Record Standard	49kg	3/09/2018	
Record Standard	89kg	3/09/2019	

M109

Record Standard	40kg	3/09/2018	
Record Standard	50kg	3/09/2018	
Record Standard	91kg	3/09/2019	

M109+

Record Standard	43kg	3/09/2018	
Record Standard	54kg	3/09/2018	
Record Standard	98kg	3/09/2019	

AWF FEMALE Mast 80+ Records

F45

Record Standard	15kg	3/09/2018	
Record Standard	18kg	3/09/2018	
Record Standard	33kg	3/09/2019	

F49

Record Standard	15kg	3/09/2018	
Record Standard	20kg	3/09/2018	
Record Standard	35kg	3/09/2019	

F55

Record Standard	16kg	3/09/2018	
Record Standard	21kg	3/09/2018	
Record Standard	37kg	3/09/2019	

F59

Record Standard	18kg	3/09/2018	
Record Standard	22kg	3/09/2018	
Record Standard	40kg	3/09/2019	

F64

Record Standard	18kg	3/09/2018	
Record Standard	23kg	3/09/2018	
Record Standard	42kg	3/09/2019	

F71

Record Standard	20kg	3/09/2018	
Record Standard	25kg	3/09/2018	
Record Standard	44kg	3/09/2019	

F76

Record Standard	20kg	3/09/2018	
Record Standard	25kg	3/09/2018	
Record Standard	46kg	3/09/2019	

F81

Record Standard	21kg	3/09/2018	
Record Standard	26kg	3/09/2018	
Record Standard	47kg	3/09/2019	

F87

Record Standard	22kg	3/09/2018	
Record Standard	27kg	3/09/2018	
Record Standard	49kg	3/09/2019	

F87+

Record Standard	24kg	3/09/2018	
Record Standard	30kg	3/09/2018	
Record Standard	54kg	3/09/2019	

AWF MALE Mast 80+ Records

M55

Record Standard	21kg	3/09/2018	
Record Standard	27kg	3/09/2018	
Record Standard	48kg	3/09/2019	

M61

Record Standard	23kg	3/09/2018	
Record Standard	29kg	3/09/2018	
Record Standard	52kg	3/09/2019	

M67

Record Standard	25kg	3/09/2018	
Record Standard	31kg	3/09/2018	
Record Standard	55kg	3/09/2019	

M73

John Preston	29kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
John Preston	38kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD
John Preston	67kg	14/06/2019	OWF & CWF Masters Championships, Gold Coast, QLD

M81

Chris Holt	47kg	16/02/2019	Victorian Masters Championships/Masters GP1 & VWA Open, Eleiko VWS
Chris Holt	66kg	16/02/2019	Victorian Masters Championships/Masters GP1 & VWA Open, Eleiko VWS
Chris Holt	113kg	16/02/2019	Victorian Masters Championships/Masters GP1 & VWA Open, Eleiko VWS

M89

Alan Lewis	30kg	17/02/2019	WWA Masters Championship & Open, Steelworks Weightlifting Kelmscot
Alan Lewis	40kg	17/02/2019	WWA Masters Championship & Open, Steelworks Weightlifting Kelmscot
Alan Lewis	70kg	17/02/2019	WWA Masters Championship & Open, Steelworks Weightlifting Kelmscot

M96

Record Standard	29kg	3/09/2018	
Record Standard	37kg	3/09/2018	
Record Standard	66kg	3/09/2019	

M102

Record Standard	30kg	3/09/2018	
Record Standard	38kg	3/09/2018	
Record Standard	68kg	3/09/2019	

M109

Record Standard	31kg	3/09/2018	
Record Standard	38kg	3/09/2018	
Record Standard	69kg	3/09/2019	

M109+

Record Standard	33kg	3/09/2018	
Record Standard	42kg	3/09/2018	
Record Standard	75kg	3/09/2019	

AWF FEMALE U23 Records

F45

Record Standard	58kg	3/09/2018	
Record Standard	74kg	3/09/2018	
Record Standard	131kg	3/09/2019	

F49

Record Standard	63kg	3/09/2018	
Record Standard	78kg	3/09/2018	
Record Standard	141kg	3/09/2019	

F55

Michaela Warwick	74kg	27/04/2019	Arafura Games, Darwin, NT
Record Standard	83kg	3/09/2018	
Michaela Warwick	154kg	27/04/2019	Arafura Games, Darwin, NT

F59

Maddison Power	70kg	1/06/2019	Queensland Junior & U23 Championships, Toowoomba
Record Standard	89kg	3/09/2018	
Maddison Power	155kg	1/06/2019	Queensland Junior & U23 Championships, Toowoomba

F64

Kiana Elliott	96kg	7/02/2019	EGAT International Tournament, Thailand
Kiana Elliott	115kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Kiana Elliott	210kg	7/09/2018	AWF Junior & Senior Championships, Brisbane

F71

Isabel Lorenzi	89kg	2/02/2019	Ralph Cashman Open Competition, Quaycentre
Isabel Lorenzi	106kg	2/02/2019	Ralph Cashman Open Competition, Quaycentre
Isabel Lorenzi	195kg	2/02/2019	Ralph Cashman Open Competition, Quaycentre

F76

Teagan Newman	80kg	24/11/2018	VWA Open & Masters GP 4, Eleiko VWS
Teagan Newman	94kg	24/11/2018	VWA Open & Masters GP 4, Eleiko VWS
Teagan Newman	174kg	24/11/2018	VWA Open & Masters GP 4, Eleiko VWS

F81

Eileen Cikamatana	118kg	18/05/2019	ACT vs NSW, Quaycentre, Olympic Park
Eileen Cikamatana	150kg	18/05/2019	ACT vs NSW, Quaycentre, Olympic Park
Eileen Cikamatana	268kg	18/05/2019	ACT vs NSW, Quaycentre, Olympic Park

F87

Eileen Cikamatana	112kg	1/06/2019	NSW Junior/U23 Championships/Open Competition, Hills Barbell Club
Eileen Cikamatana	145kg	1/06/2019	NSW Junior/U23 Championships/Open Competition, Hills Barbell Club
Eileen Cikamatana	257kg	1/06/2019	NSW Junior/U23 Championships/Open Competition, Hills Barbell Club

F87+

Charisma Amoe-Tarrant	105kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Charisma Amoe-Tarrant	141kg	26/01/2019	Nauru Independence Day Weightlifting Tournament, Nauru
Charisma Amoe-Tarrant	245kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL

AWF MALE U23 Records

M55

Record Standard	79kg	3/09/2018	
Record Standard	105kg	3/09/2018	
Record Standard	184kg	3/09/2019	

M61

Record Standard	90kg	3/09/2018	
Blake Armitage	117kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler
Blake Armitage	206kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler

M67

Jett Gaffney	95kg	1/06/2019	Queensland Junior & U23 Championships, Toowoomba
Record Standard	128kg	3/09/2018	
Record Standard	217kg	3/09/2019	

M73

Isaac Searant	115kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Joshua Wu	152kg	1/06/2019	NSW Junior/U23 Championships/Open Competition, Hills Barbell Club
Joshua Wu	264kg	1/06/2019	NSW Junior/U23 Championships/Open Competition, Hills Barbell Club

M81

Leo Lark	126kg	28/04/2019	Arafura Games, Darwin, NT
Leo Lark	160kg	23/02/2019	QWA League Round 1, Cougars
Leo Lark	285kg	23/02/2019	QWA League Round 1, Cougars

M89

Record Standard	137kg	3/09/2018	
Record Standard	169kg	3/09/2018	
Record Standard	306kg	3/09/2019	

M96

Ben Ward	140kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Ben Ward	170kg	5/05/2019	Queensland Senior Championships, Cougars
Ben Ward	306kg	5/05/2019	Queensland Senior Championships, Cougars

M102

Record Standard	126kg	3/09/2018	
Reilly Smith	160kg	9/09/2018	AWF Junior & Senior Championships, Brisbane
Record Standard	284kg	3/09/2019	

M109

Jackson Roberts-Young	142kg	29/04/2019	Arafura Games, Darwin, NT
Jackson Roberts-Young	190kg	3/03/2019	Shred Barbell Open Competition, Shred Barbell Club
Jackson Roberts-Young	331kg	3/03/2019	Shred Barbell Open Competition, Shred Barbell Club

M109+

Record Standard	147kg	3/09/2018	
Record Standard	173kg	3/09/2018	
Record Standard	320kg	3/09/2019	

