

QLD FEMALE Under 15 Records

F40

Record Standard	27kg	3/09/2018	
Record Standard	35kg	3/09/2018	
Record Standard	62kg	3/09/2018	

F45

Record Standard	30kg	3/09/2018	
Record Standard	38kg	3/09/2018	
Record Standard	68kg	3/09/2018	

F49

Rykah Ross	44kg	10/11/2018	Queensland All Schools Championships, Nambour
Rykah Ross	49kg	10/11/2018	Queensland All Schools Championships, Nambour
Rykah Ross	93kg	10/11/2018	Queensland All Schools Championships, Nambour

F55

Maddison Power	62kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Maddison Power	77kg	6/10/2018	Youth Olympic Games, Buenos Aires
Maddison Power	138kg	7/09/2018	AWF Junior & Senior Championships, Brisbane

F59

Maddison Power	64kg	24/11/2018	Uesaka Queensland Cup, Toowoomba
Maddison Power	81kg	24/11/2018	Uesaka Queensland Cup, Toowoomba
Maddison Power	145kg	24/11/2018	Uesaka Queensland Cup, Toowoomba

F64

Tori Gallegos	70kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Tori Gallegos	91kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Tori Gallegos	157kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL

F71

Record Standard	41kg	3/09/2018	
Kyra Hawkey	58kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – North Brisbane Weightlifting Assn. Zillmere
Kyra Hawkey	99kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – North Brisbane Weightlifting Assn. Zillmere

F76

Record Standard	43kg	3/09/2018	
Record Standard	53kg	3/09/2018	
Record Standard	96kg	3/09/2018	

F81

Record Standard	44kg	3/09/2018	
Record Standard	55kg	3/09/2018	
Record Standard	99kg	3/09/2018	

F81+

Bronwyn Dunne	76kg	11/11/2018	Queensland All Schools Championships, Nambour
Bronwyn Dunne	93kg	9/09/2018	AWF Junior & Senior Championships, Brisbane
Bronwyn Dunne	167kg	9/09/2018	AWF Junior & Senior Championships, Brisbane

QLD MALE Under 15 Records

M49

Record Standard	47kg	3/09/2018	
Record Standard	58kg	3/09/2018	
Record Standard	105kg	3/09/2018	

M55

Harper Manz	58kg	10/11/2018	Queensland All Schools Championships, Nambour
Logan Weaver	80kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – CQ Mavericks Weightlifting Club, Rockhampton
Logan Weaver	138kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – CQ Mavericks Weightlifting Club, Rockhampton

M61

Harper Manz	60kg	24/11/2018	Uesaka Queensland Cup, Toowoomba
Luke Bidgood	76kg	23/03/2019	Toowoomba Weightlifting Assn Club Competition, Toowoomba
Harper Manz	133kg	24/11/2018	Uesaka Queensland Cup, Toowoomba

M67

Zak Streeter	82kg	11/11/2018	Queensland All Schools Championships, Nambour
Zak Streeter	101kg	11/11/2018	Queensland All Schools Championships, Nambour
Zak Streeter	183kg	11/11/2018	Queensland All Schools Championships, Nambour

M73

Ryan Martin	69kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – CQ Mavericks Weightlifting Club, Rockhampton
Ryan Martin	90kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – CQ Mavericks Weightlifting Club, Rockhampton
Ryan Martin	159kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – CQ Mavericks Weightlifting Club, Rockhampton

M81

Nathan Milham	67kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – CQ Mavericks Weightlifting Club, Rockhampton
Record Standard	81kg	3/09/2018	
Record Standard	145kg	3/09/2018	

M89

Record Standard	67kg	3/09/2018	
Record Standard	83kg	3/09/2018	
Record Standard	150kg	3/09/2018	

M96

Angus Ward	76kg	11/11/2018	Queensland All Schools Championships, Nambour
Angus Ward	99kg	11/11/2018	Queensland All Schools Championships, Nambour
Angus Ward	175kg	11/11/2018	Queensland All Schools Championships, Nambour

M102

Record Standard	72kg	3/09/2018	
Record Standard	90kg	3/09/2018	
Record Standard	162kg	3/09/2018	

M102+

Record Standard	79kg	3/09/2018	
Record Standard	99kg	3/09/2018	
Record Standard	178kg	3/09/2018	

QLD FEMALE Youth Records

F40

Record Standard	37kg	3/09/2018	
Record Standard	46kg	3/09/2018	
Record Standard	83kg	3/09/2018	

F45

Record Standard	40kg	3/09/2018	
Record Standard	51kg	3/09/2018	
Record Standard	91kg	3/09/2018	

F49

Record Standard	44kg	3/09/2018	
Record Standard	54kg	3/09/2018	
Record Standard	98kg	3/09/2018	

F55

Maddison Power	62kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Maddison Power	77kg	6/10/2018	Youth Olympic Games, Buenos Aires
Maddison Power	138kg	7/09/2018	AWF Junior & Senior Championships, Brisbane

F59

Maddison Power	65kg	8/03/2019	IWF World Youth Championships, Las Vegas, USA
Maddison Power	82kg	8/03/2019	IWF World Youth Championships, Las Vegas, USA
Maddison Power	147kg	8/03/2019	IWF World Youth Championships, Las Vegas, USA

F64

Tori Gallegos	70kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Tori Gallegos	91kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Tori Gallegos	157kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL

F71

Record Standard	56kg	3/09/2018	
Record Standard	70kg	3/09/2018	
Record Standard	125kg	3/09/2018	

F76

Record Standard	57kg	3/09/2018	
Kylie Salisbury	75kg	24/11/2018	Uesaka Queensland Cup, Toowoomba
Kylie Salisbury	131kg	24/11/2018	Uesaka Queensland Cup, Toowoomba

F81

Record Standard	59kg	3/09/2018	
Erica Hamilton	78kg	11/11/2018	Queensland All Schools Championships, Nambour
Erica Hamilton	135kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler

F81+

Bronwyn Dunne	76kg	11/11/2018	Queensland All Schools Championships, Nambour
Bronwyn Dunne	96kg	23/02/2019	QWA League Round 1, Cougars
Bronwyn Dunne	170kg	23/02/2019	QWA League Round 1, Cougars

QLD MALE Youth Records

M49

Record Standard	66kg	3/09/2018	
Record Standard	83kg	3/09/2018	
Record Standard	149kg	3/09/2018	

M55

Record Standard	72kg	3/09/2018	
Record Standard	91kg	3/09/2018	
Record Standard	163kg	3/09/2018	

M61

Jett Gaffney	81kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Jett Gaffney	106kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Jett Gaffney	187kg	7/09/2018	AWF Junior & Senior Championships, Brisbane

M67

Kolby Green	92kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – CQ Mavericks Weightlifting Club, Rockhampton
Jett Gaffney	120kg	11/11/2018	Queensland All Schools Championships, Nambour
Jett Gaffney	209kg	8/03/2019	IWF World Youth Championships, Las Vegas, USA

M73

Record Standard	87kg	3/09/2018	
Record Standard	110kg	3/09/2018	
Record Standard	197kg	3/09/2018	

M81

Record Standard	92kg	3/09/2018	
Record Standard	116kg	3/09/2018	
Record Standard	208kg	3/09/2018	

M89

Jaspa Hope	102kg	8/12/2018	WWC Club Competition, Proserpine
Jaspa Hope	135kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – Whitsunday Weightlifting Club, Proserpine
Jaspa Hope	234kg	8/12/2018	WWC Club Competition, Proserpine

M96

Record Standard	99kg	3/09/2018	
Record Standard	125kg	3/09/2018	
Record Standard	224kg	3/09/2018	

M102

Record Standard	102kg	3/09/2018	
Record Standard	127kg	3/09/2018	
Record Standard	229kg	3/09/2018	

M102+

Record Standard	112kg	3/09/2018	
Record Standard	140kg	3/09/2018	
Record Standard	252kg	3/09/2018	

QLD FEMALE Junior Records

F45

Record Standard	51kg	3/09/2018	
Record Standard	64kg	3/09/2018	
Record Standard	115kg	3/09/2018	

F49

Record Standard	55kg	3/09/2018	
Record Standard	68kg	3/09/2018	
Record Standard	123kg	3/09/2018	

F55

Maddison Power	62kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Maddison Power	77kg	6/10/2018	Youth Olympic Games, Buenos Aires
Maddison Power	138kg	7/09/2018	AWF Junior & Senior Championships, Brisbane

F59

Maddison Power	65kg	8/03/2019	IWF World Youth Championships, Las Vegas, USA
Maddison Power	82kg	8/03/2019	IWF World Youth Championships, Las Vegas, USA
Maddison Power	147kg	8/03/2019	IWF World Youth Championships, Las Vegas, USA

F64

Tori Gallegos	70kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Tori Gallegos	91kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Tori Gallegos	157kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL

F71

Record Standard	69kg	3/09/2018	
Record Standard	87kg	3/09/2018	
Record Standard	156kg	3/09/2018	

F76

Madeleine Whatman	65kg	24/11/2018	Uesaka Queensland Cup, Toowoomba
Madeleine Whatman	83kg	24/11/2018	Uesaka Queensland Cup, Toowoomba
Madeleine Whatman	148kg	24/11/2018	Uesaka Queensland Cup, Toowoomba

F81

Record Standard	70kg	3/09/2018	
Emily Robinson	81kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler
Emily Robinson	151kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler

F87

Record Standard	58kg	3/09/2018	
Record Standard	74kg	3/09/2018	
Record Standard	132kg	3/09/2018	

F87+

Charisma Amoe-Tarrant	105kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Charisma Amoe-Tarrant	141kg	26/01/2019	Nauru Independence Day Weightlifting Tournament, Nauru
Charisma Amoe-Tarrant	245kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL

QLD MALE Junior Records

M55

Record Standard	76kg	3/09/2018	
Record Standard	96kg	3/09/2018	
Record Standard	172kg	3/09/2018	

M61

Record Standard	82kg	3/09/2018	
Jett Gaffney	106kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Jett Gaffney	187kg	7/09/2018	AWF Junior & Senior Championships, Brisbane

M67

Kolby Green	92kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – CQ Mavericks Weightlifting Club, Rockhampton
Jett Gaffney	120kg	11/11/2018	Queensland All Schools Championships, Nambour
Jett Gaffney	209kg	8/03/2019	IWF World Youth Championships, Las Vegas, USA

M73

Record Standard	92kg	3/09/2018	
Record Standard	115kg	3/09/2018	
Record Standard	207kg	3/09/2018	

M81

Christopher Lai	105kg	8/09/2018	AWF Junior & Senior Championships, Brisbane
Christopher Lai	140kg	8/09/2018	AWF Junior & Senior Championships, Brisbane
Christopher Lai	245kg	8/09/2018	AWF Junior & Senior Championships, Brisbane

M89

Ben Ward	130kg	8/09/2018	AWF Junior & Senior Championships, Brisbane
Jake Standen	162kg	13/10/2018	Uesaka QLD Club Challenge and League Round 3, Rockhampton
Ben Ward	291kg	8/09/2018	AWF Junior & Senior Championships, Brisbane

M96

Ben Ward	140kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Ben Ward	165kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Ben Ward	305kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL

M102

Braydan Fender	120kg	9/09/2018	AWF Junior & Senior Championships, Brisbane
Braydan Fender	150kg	9/09/2018	AWF Junior & Senior Championships, Brisbane
Braydan Fender	270kg	9/09/2018	AWF Junior & Senior Championships, Brisbane

M109

Record Standard	110kg	3/09/2018	
Artemio Pocio	145kg	9/09/2018	AWF Junior & Senior Championships, Brisbane
Artemio Pocio	253kg	9/09/2018	AWF Junior & Senior Championships, Brisbane

M109+

Record Standard	118kg	3/09/2018	
Record Standard	148kg	3/09/2018	
Record Standard	266kg	3/09/2018	

QLD FEMALE Senior Records

F45

Record Standard	56kg	3/09/2018	
Record Standard	70kg	3/09/2018	
Record Standard	125kg	3/09/2018	

F49

Alyce Stephenson	60kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler
Alyce Stephenson	80kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Alyce Stephenson	138kg	7/09/2018	AWF Junior & Senior Championships, Brisbane

F55

Record Standard	63kg	3/09/2018	
Mary Barter	89kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Alyce Stephenson	147kg	13/10/2018	Uesaka QLD Club Challenge and League Round 3, Chandler

F59

Jacinta Carroll	79kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Jacinta Carroll	98kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Jacinta Carroll	177kg	7/09/2018	AWF Junior & Senior Championships, Brisbane

F64

Sarah Cochrane	88kg	7/02/2019	EGAT International Tournament, Thailand
Sarah Cochrane	105kg	7/02/2019	EGAT International Tournament, Thailand
Sarah Cochrane	193kg	7/02/2019	EGAT International Tournament, Thailand

F71

Ebony Gorincu	85kg	31/01/2019	Physique Science Qld Club Challenge Round 1 – Cougars Weightlifting Club, Chandler
Ebony Gorincu	102kg	31/01/2019	Physique Science Qld Club Challenge Round 1 – Cougars Weightlifting Club, Chandler
Ebony Gorincu	187kg	31/01/2019	Physique Science Qld Club Challenge Round 1 – Cougars Weightlifting Club, Chandler

F76

Ebony Gorincu	90kg	8/09/2018	AWF Junior & Senior Championships, Brisbane
Ebony Gorincu	110kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Ebony Gorincu	198kg	8/09/2018	AWF Junior & Senior Championships, Brisbane

F81

Record Standard	80kg	3/09/2018	
Cassie Todd	102kg	8/09/2018	AWF Junior & Senior Championships, Brisbane
Record Standard	181kg	3/09/2018	

F87

Record Standard	77kg	3/09/2018	
Record Standard	99kg	3/09/2018	
Record Standard	176kg	3/09/2018	

F87+

Charisma Amoe-Tarrant	105kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Charisma Amoe-Tarrant	141kg	26/01/2019	Nauru Independence Day Weightlifting Tournament, Nauru
Charisma Amoe-Tarrant	245kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL

QLD MALE Senior Records

M55

Record Standard	78kg	3/09/2018	
Record Standard	100kg	3/09/2018	
Record Standard	178kg	3/09/2018	

M61

Blake Armitage	89kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler
Blake Armitage	117kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler
Blake Armitage	206kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler

M67

Record Standard	94kg	3/09/2018	
Blake Armitage	122kg	13/10/2018	Uesaka QLD Club Challenge and League Round 3, Chandler
Blake Armitage	210kg	13/10/2018	Uesaka QLD Club Challenge and League Round 3, Chandler

M73

Brandon Wakeling	125kg	10/11/2018	IWF World Championships, Ashgabat
Brandon Wakeling	163kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Brandon Wakeling	286kg	7/09/2018	AWF Junior & Senior Championships, Brisbane

M81

Chevy Sukkar	126kg	23/02/2019	QWA League Round 1, Cougars
Leo Lark	160kg	23/02/2019	QWA League Round 1, Cougars
Leo Lark	285kg	23/02/2019	QWA League Round 1, Cougars

M89

Ben Ward	130kg	8/09/2018	AWF Junior & Senior Championships, Brisbane
Beau Garrett	165kg	8/09/2018	AWF Junior & Senior Championships, Brisbane
Beau Garrett	295kg	23/02/2019	QWA League Round 1, Cougars

M96

Ben Ward	140kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Ben Ward	165kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Ben Ward	305kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL

M102

Rohan Cuffe	125kg	8/12/2018	NBWA Xmas Club Competition (The Lawrie), Zillmere
Reilly Smith	160kg	9/09/2018	AWF Junior & Senior Championships, Brisbane
Reilly Smith	277kg	9/09/2018	AWF Junior & Senior Championships, Brisbane

M109

Matthew Lydement	153kg	9/09/2018	AWF Junior & Senior Championships, Brisbane
Matthew Lydement	180kg	9/09/2018	AWF Junior & Senior Championships, Brisbane
Matthew Lydement	333kg	9/09/2018	AWF Junior & Senior Championships, Brisbane

M109+

Jackson Solofa	135kg	9/09/2018	AWF Junior & Senior Championships, Brisbane
Jackson Solofa	176kg	9/09/2018	AWF Junior & Senior Championships, Brisbane
Jackson Solofa	311kg	9/09/2018	AWF Junior & Senior Championships, Brisbane

QLD FEMALE Mast 35-39 Records

F45

Record Standard	50kg	3/09/2018	
Record Standard	63kg	3/09/2018	
Record Standard	113kg	3/09/2019	

F49

Record Standard	53kg	3/09/2018	
Record Standard	68kg	3/09/2018	
Record Standard	121kg	3/09/2019	

F55

Tara Noonan	60kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Tara Noonan	72kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Tara Noonan	132kg	7/09/2018	AWF Junior & Senior Championships, Brisbane

F59

Record Standard	61kg	3/09/2018	
Record Standard	77kg	3/09/2018	
Record Standard	138kg	3/09/2019	

F64

Record Standard	64kg	3/09/2018	
Record Standard	81kg	3/09/2018	
Record Standard	145kg	3/09/2019	

F71

Penny Tudberry	70kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – Dungeon Barbell Club, Manunda
Record Standard	86kg	3/09/2018	
Penny Tudberry	155kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – Dungeon Barbell Club, Manunda

F76

Record Standard	70kg	3/09/2018	
Meagan Wellby	90kg	16/03/2019	Australian Masters Championships, Darwin, NT
Record Standard	158kg	3/09/2019	

F81

Record Standard	72kg	3/09/2018	
Record Standard	91kg	3/09/2018	
Record Standard	163kg	3/09/2019	

F87

Record Standard	75kg	3/09/2018	
Record Standard	94kg	3/09/2018	
Record Standard	168kg	3/09/2019	

F87+

Record Standard	83kg	3/09/2018	
Record Standard	104kg	3/09/2018	
Record Standard	187kg	3/09/2019	

QLD MALE Mast 35-39 Records

M55

Record Standard	74kg	3/09/2018	
Record Standard	93kg	3/09/2018	
Record Standard	167kg	3/09/2019	

M61

Record Standard	80kg	3/09/2018	
Record Standard	100kg	3/09/2018	
Record Standard	180kg	3/09/2019	

M67

Record Standard	86kg	3/09/2018	
Record Standard	106kg	3/09/2018	
Record Standard	192kg	3/09/2019	

M73

Lincoln Hanson	98kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler
Lincoln Hanson	119kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler
Lincoln Hanson	217kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler

M81

Sandow Weldemar Nasution	120kg	8/09/2018	AWF Junior & Senior Championships, Brisbane
Sandow Weldemar Nasution	157kg	8/09/2018	AWF Junior & Senior Championships, Brisbane
Sandow Weldemar Nasution	277kg	8/09/2018	AWF Junior & Senior Championships, Brisbane

M89

Sandow Weldemar Nasution	110kg	16/03/2019	Australian Masters Championships, Darwin, NT
Sandow Weldemar Nasution	140kg	16/03/2019	Australian Masters Championships, Darwin, NT
Sandow Weldemar Nasution	250kg	16/03/2019	Australian Masters Championships, Darwin, NT

M96

Malcolm Wright	111kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – Dungeon Barbell Club, Manunda
Malcolm Wright	130kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – Dungeon Barbell Club, Manunda
Malcolm Wright	241kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – Dungeon Barbell Club, Manunda

M102

Rohan Cuffe	125kg	8/12/2018	NBWA Xmas Club Competition (The Lawrie), Zillmere
Rohan Cuffe	146kg	8/12/2018	NBWA Xmas Club Competition (The Lawrie), Zillmere
Rohan Cuffe	271kg	8/12/2018	NBWA Xmas Club Competition (The Lawrie), Zillmere

M109

Record Standard	107kg	3/09/2018	
Record Standard	133kg	3/09/2018	
Record Standard	240kg	3/09/2019	

M109+

Jackson Solofa	135kg	9/09/2018	AWF Junior & Senior Championships, Brisbane
Jackson Solofa	176kg	9/09/2018	AWF Junior & Senior Championships, Brisbane
Jackson Solofa	311kg	9/09/2018	AWF Junior & Senior Championships, Brisbane

QLD FEMALE Mast 40-44 Records

F45

Record Standard	47kg	3/09/2018	
Record Standard	59kg	3/09/2018	
Record Standard	105kg	3/09/2019	

F49

Record Standard	50kg	3/09/2018	
Record Standard	63kg	3/09/2018	
Record Standard	113kg	3/09/2019	

F55

Record Standard	53kg	3/09/2018	
Record Standard	66kg	3/09/2018	
Record Standard	119kg	3/09/2019	

F59

Record Standard	57kg	3/09/2018	
Rebecca Kane	72kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – Milton Weightlifting Club, Milton
Record Standard	129kg	3/09/2019	

F64

Marianna Toller	65kg	16/03/2019	Australian Masters Championships, Darwin, NT
Marianna Toller	82kg	16/03/2019	Australian Masters Championships, Darwin, NT
Marianna Toller	147kg	16/03/2019	Australian Masters Championships, Darwin, NT

F71

Record Standard	63kg	3/09/2018	
Bronwyn Graham	84kg	16/03/2019	Australian Masters Championships, Darwin, NT
Bronwyn Graham	146kg	16/03/2019	Australian Masters Championships, Darwin, NT

F76

Record Standard	66kg	3/09/2018	
Rachael Robinson	87kg	24/11/2018	Uesaka Queensland Cup, Toowoomba
Rachael Robinson	151kg	13/10/2018	Uesaka QLD Club Challenge and League Round 3, Chandler

F81

Record Standard	67kg	3/09/2018	
Record Standard	85kg	3/09/2018	
Record Standard	152kg	3/09/2019	

F87

Record Standard	70kg	3/09/2018	
Record Standard	87kg	3/09/2018	
Record Standard	157kg	3/09/2019	

F87+

Record Standard	77kg	3/09/2018	
Record Standard	97kg	3/09/2018	
Record Standard	175kg	3/09/2019	

QLD MALE Mast 40-44 Records

M55

Record Standard	69kg	3/09/2018	
Record Standard	87kg	3/09/2018	
Record Standard	155kg	3/09/2019	

M61

Record Standard	75kg	3/09/2018	
Record Standard	93kg	3/09/2018	
Record Standard	168kg	3/09/2019	

M67

Record Standard	80kg	3/09/2018	
Record Standard	99kg	3/09/2018	
Record Standard	179kg	3/09/2019	

M73

Record Standard	83kg	3/09/2018	
Matthew Manz	108kg	13/10/2018	Uesaka QLD Club Challenge and League Round 3, Burleigh Barbell Club
Record Standard	188kg	3/09/2019	

M81

Record Standard	88kg	3/09/2018	
Record Standard	111kg	3/09/2018	
Record Standard	199kg	3/09/2019	

M89

Record Standard	92kg	3/09/2018	
Colin Schram	116kg	20/01/2019	Queensland Masters Championships, Milton
Record Standard	207kg	3/09/2019	

M96

Bobby Johnson	99kg	24/11/2018	Uesaka Queensland Cup, Toowoomba
Bobby Johnson	120kg	20/01/2019	Queensland Masters Championships, Milton
Bobby Johnson	215kg	20/01/2019	Queensland Masters Championships, Milton

M102

Adrian Lamond	106kg	20/01/2019	Queensland Masters Championships, Milton
Adrian Lamond	141kg	16/03/2019	Australian Masters Championships, Darwin, NT
Adrian Lamond	246kg	20/01/2019	Queensland Masters Championships, Milton

M109

Record Standard	100kg	3/09/2018	
Record Standard	124kg	3/09/2018	
Record Standard	224kg	3/09/2019	

M109+

Record Standard	107kg	3/09/2018	
Record Standard	134kg	3/09/2018	
Record Standard	241kg	3/09/2019	

QLD FEMALE Mast 45-49 Records

F45

Record Standard	44kg	3/09/2018	
Record Standard	55kg	3/09/2018	
Record Standard	98kg	3/09/2019	

F49

Record Standard	46kg	3/09/2018	
Record Standard	59kg	3/09/2018	
Record Standard	105kg	3/09/2019	

F55

Record Standard	49kg	3/09/2018	
Rachel Nicola	70kg	16/03/2019	Australian Masters Championships, Darwin, NT
Rachel Nicola	119kg	16/03/2019	Australian Masters Championships, Darwin, NT

F59

Record Standard	53kg	3/09/2018	
Rachel Nicola	73kg	19/01/2019	Queensland Masters Championships, Milton
Rachel Nicola	123kg	19/01/2019	Queensland Masters Championships, Milton

F64

Record Standard	55kg	3/09/2018	
Record Standard	70kg	3/09/2018	
Record Standard	126kg	3/09/2019	

F71

Rachael Robinson	64kg	19/01/2019	Queensland Masters Championships, Milton
Rachael Robinson	84kg	19/01/2019	Queensland Masters Championships, Milton
Rachael Robinson	148kg	19/01/2019	Queensland Masters Championships, Milton

F76

Record Standard	61kg	3/09/2018	
Record Standard	76kg	3/09/2018	
Record Standard	137kg	3/09/2019	

F81

Record Standard	62kg	3/09/2018	
Record Standard	79kg	3/09/2018	
Record Standard	141kg	3/09/2019	

F87

Record Standard	65kg	3/09/2018	
Record Standard	81kg	3/09/2018	
Record Standard	146kg	3/09/2019	

F87+

Record Standard	72kg	3/09/2018	
Record Standard	90kg	3/09/2018	
Record Standard	162kg	3/09/2019	

QLD MALE Mast 45-49 Records

M55

Record Standard	64kg	3/09/2018	
Record Standard	80kg	3/09/2018	
Record Standard	144kg	3/09/2019	

M61

Graham Walker	75kg	16/03/2019	Australian Masters Championships, Darwin, NT
Graham Walker	93kg	16/03/2019	Australian Masters Championships, Darwin, NT
Graham Walker	168kg	16/03/2019	Australian Masters Championships, Darwin, NT

M67

Record Standard	74kg	3/09/2018	
Record Standard	92kg	3/09/2018	
Record Standard	166kg	3/09/2019	

M73

Steven Graham	79kg	16/03/2019	Australian Masters Championships, Darwin, NT
Steven Graham	112kg	16/03/2019	Australian Masters Championships, Darwin, NT
Steven Graham	191kg	16/03/2019	Australian Masters Championships, Darwin, NT

M81

Record Standard	82kg	3/09/2018	
Record Standard	103kg	3/09/2018	
Record Standard	185kg	3/09/2019	

M89

Record Standard	86kg	3/09/2018	
Record Standard	107kg	3/09/2018	
Record Standard	193kg	3/09/2019	

M96

Record Standard	88kg	3/09/2018	
Record Standard	111kg	3/09/2018	
Record Standard	199kg	3/09/2019	

M102

Record Standard	90kg	3/09/2018	
Record Standard	113kg	3/09/2018	
Record Standard	204kg	3/09/2019	

M109

Record Standard	93kg	3/09/2018	
Record Standard	115kg	3/09/2018	
Record Standard	208kg	3/09/2019	

M109+

Record Standard	99kg	3/09/2018	
Record Standard	125kg	3/09/2018	
Record Standard	224kg	3/09/2019	

QLD FEMALE Mast 50-54 Records

F45

Record Standard	40kg	3/09/2018	
Record Standard	50kg	3/09/2018	
Record Standard	90kg	3/09/2019	

F49

Record Standard	42kg	3/09/2018	
Record Standard	54kg	3/09/2018	
Record Standard	96kg	3/09/2019	

F55

Record Standard	45kg	3/09/2018	
Record Standard	57kg	3/09/2018	
Record Standard	102kg	3/09/2019	

F59

Record Standard	49kg	3/09/2018	
Diana Loy	65kg	16/03/2019	Australian Masters Championships, Darwin, NT
Record Standard	110kg	3/09/2019	

F64

Record Standard	51kg	3/09/2018	
Fiona Redhead	68kg	13/10/2018	Uesaka QLD Club Challenge and League Round 3, Milton
Fiona Redhead	119kg	13/10/2018	Uesaka QLD Club Challenge and League Round 3, Milton

F71

Record Standard	54kg	3/09/2018	
Record Standard	68kg	3/09/2018	
Record Standard	122kg	3/09/2019	

F76

Record Standard	56kg	3/09/2018	
Record Standard	71kg	3/09/2018	
Record Standard	127kg	3/09/2019	

F81

Record Standard	58kg	3/09/2018	
Record Standard	73kg	3/09/2018	
Record Standard	130kg	3/09/2019	

F87

Record Standard	60kg	3/09/2018	
Record Standard	75kg	3/09/2018	
Record Standard	135kg	3/09/2019	

F87+

Record Standard	66kg	3/09/2018	
Record Standard	84kg	3/09/2018	
Record Standard	150kg	3/09/2019	

QLD MALE Mast 50-54 Records

M55

Record Standard	59kg	3/09/2018	
Record Standard	74kg	3/09/2018	
Record Standard	133kg	3/09/2019	

M61

Record Standard	64kg	3/09/2018	
Record Standard	80kg	3/09/2018	
Record Standard	144kg	3/09/2019	

M67

Record Standard	68kg	3/09/2018	
Record Standard	85kg	3/09/2018	
Record Standard	153kg	3/09/2019	

M73

Record Standard	71kg	3/09/2018	
Record Standard	90kg	3/09/2018	
Record Standard	161kg	3/09/2019	

M81

Record Standard	76kg	3/09/2018	
Record Standard	95kg	3/09/2018	
Record Standard	171kg	3/09/2019	

M89

Dion Walmsley	83kg	19/01/2019	Queensland Masters Championships, Milton
Dion Walmsley	115kg	24/02/2019	QWA League Round 1, Cougars
Dion Walmsley	198kg	24/02/2019	QWA League Round 1, Cougars

M96

Record Standard	81kg	3/09/2018	
Record Standard	102kg	3/09/2018	
Record Standard	184kg	3/09/2019	

M102

Record Standard	84kg	3/09/2018	
Record Standard	104kg	3/09/2018	
Record Standard	188kg	3/09/2019	

M109

Record Standard	86kg	3/09/2018	
Tim Redhead	112kg	16/03/2019	Australian Masters Championships, Darwin, NT
Tim Redhead	198kg	16/03/2019	Australian Masters Championships, Darwin, NT

M109+

Record Standard	91kg	3/09/2018	
Record Standard	115kg	3/09/2018	
Record Standard	207kg	3/09/2019	

QLD FEMALE Mast 55-59 Records

F45

Record Standard	36kg	3/09/2018	
Record Standard	45kg	3/09/2018	
Record Standard	80kg	3/09/2019	

F49

Record Standard	38kg	3/09/2018	
Record Standard	48kg	3/09/2018	
Record Standard	86kg	3/09/2019	

F55

Record Standard	40kg	3/09/2018	
Record Standard	51kg	3/09/2018	
Record Standard	91kg	3/09/2019	

F59

Record Standard	44kg	3/09/2018	
Record Standard	54kg	3/09/2018	
Record Standard	98kg	3/09/2019	

F64

Record Standard	45kg	3/09/2018	
Record Standard	58kg	3/09/2018	
Record Standard	103kg	3/09/2019	

F71

Record Standard	48kg	3/09/2018	
Record Standard	61kg	3/09/2018	
Record Standard	109kg	3/09/2019	

F76

Bronwyn Hitchener	54kg	19/01/2019	Queensland Masters Championships, Milton
Bronwyn Hitchener	70kg	16/03/2019	Australian Masters Championships, Darwin, NT
Bronwyn Hitchener	124kg	16/03/2019	Australian Masters Championships, Darwin, NT

F81

Bronwyn Hitchener	53kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – Toowoomba Weightlifting Assn. Toowoomba
Bronwyn Hitchener	68kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – Toowoomba Weightlifting Assn. Toowoomba
Bronwyn Hitchener	121kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – Toowoomba Weightlifting Assn. Toowoomba

F87

Record Standard	53kg	3/09/2018	
Record Standard	67kg	3/09/2018	
Record Standard	120kg	3/09/2019	

F87+

Record Standard	59kg	3/09/2018	
Record Standard	74kg	3/09/2018	
Record Standard	133kg	3/09/2019	

QLD MALE Mast 55-59 Records

M55

Record Standard	52kg	3/09/2018	
Record Standard	66kg	3/09/2018	
Record Standard	118kg	3/09/2019	

M61

Record Standard	57kg	3/09/2018	
Record Standard	71kg	3/09/2018	
Record Standard	128kg	3/09/2019	

M67

Record Standard	61kg	3/09/2018	
Record Standard	76kg	3/09/2018	
Record Standard	136kg	3/09/2019	

M73

Record Standard	63kg	3/09/2018	
Record Standard	80kg	3/09/2018	
Record Standard	143kg	3/09/2019	

M81

Greg Hobl	76kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – Toowoomba Weightlifting Assn Toowoomba
Greg Hobl	95kg	23/03/2019	Toowoomba Weightlifting Assn Club Competition, Toowoomba
Greg Hobl	170kg	23/03/2019	Toowoomba Weightlifting Assn Club Competition, Toowoomba

M89

Record Standard	70kg	3/09/2018	
Record Standard	88kg	3/09/2018	
Record Standard	158kg	3/09/2019	

M96

Peter Thomsen	73kg	24/02/2019	QWA League Round 1, Cougars
Peter Thomsen	96kg	24/02/2019	QWA League Round 1, Cougars
Peter Thomsen	169kg	24/02/2019	QWA League Round 1, Cougars

M102

Record Standard	74kg	3/09/2018	
Record Standard	93kg	3/09/2018	
Record Standard	167kg	3/09/2019	

M109

Record Standard	76kg	3/09/2018	
Record Standard	95kg	3/09/2018	
Record Standard	171kg	3/09/2019	

M109+

Record Standard	81kg	3/09/2018	
Record Standard	102kg	3/09/2018	
Record Standard	184kg	3/09/2019	

QLD FEMALE Mast 60-64 Records

F45

Record Standard	31kg	3/09/2018	
Record Standard	39kg	3/09/2018	
Record Standard	70kg	3/09/2019	

F49

Record Standard	33kg	3/09/2018	
Record Standard	42kg	3/09/2018	
Record Standard	75kg	3/09/2019	

F55

Record Standard	35kg	3/09/2018	
Merryn Hillhouse	45kg	13/10/2018	Uesaka QLD Club Challenge and League Round 3, Milton
Record Standard	80kg	3/09/2019	

F59

Record Standard	38kg	3/09/2018	
Record Standard	48kg	3/09/2018	
Record Standard	86kg	3/09/2019	

F64

Record Standard	40kg	3/09/2018	
Record Standard	50kg	3/09/2018	
Record Standard	90kg	3/09/2019	

F71

Record Standard	42kg	3/09/2018	
Record Standard	53kg	3/09/2018	
Record Standard	95kg	3/09/2019	

F76

Record Standard	44kg	3/09/2018	
Record Standard	55kg	3/09/2018	
Record Standard	99kg	3/09/2019	

F81

Record Standard	45kg	3/09/2018	
Record Standard	57kg	3/09/2018	
Record Standard	101kg	3/09/2019	

F87

Record Standard	46kg	3/09/2018	
Record Standard	58kg	3/09/2018	
Record Standard	105kg	3/09/2019	

F87+

Record Standard	52kg	3/09/2018	
Record Standard	65kg	3/09/2018	
Record Standard	116kg	3/09/2019	

QLD MALE Mast 60-64 Records

M55

Record Standard	46kg	3/09/2018	
Record Standard	58kg	3/09/2018	
Record Standard	104kg	3/09/2019	

M61

Record Standard	50kg	3/09/2018	
Record Standard	62kg	3/09/2018	
Record Standard	112kg	3/09/2019	

M67

Record Standard	53kg	3/09/2018	
Record Standard	66kg	3/09/2018	
Record Standard	119kg	3/09/2019	

M73

Record Standard	55kg	3/09/2018	
Record Standard	70kg	3/09/2018	
Record Standard	125kg	3/09/2019	

M81

Ron Fraser	71kg	13/10/2018	Uesaka QLD Club Challenge and League Round 3, Milton
Ron Fraser	101kg	13/10/2018	Uesaka QLD Club Challenge and League Round 3, Milton
Ron Fraser	172kg	13/10/2018	Uesaka QLD Club Challenge and League Round 3, Milton

M89

Ron Fraser	70kg	8/12/2018	NBWA Xmas Club Competition (The Lawrie), Zillmere
Ron Fraser	102kg	8/12/2018	NBWA Xmas Club Competition (The Lawrie), Zillmere
Ron Fraser	172kg	8/12/2018	NBWA Xmas Club Competition (The Lawrie), Zillmere

M96

Stephen Johnstone	70kg	16/03/2019	Australian Masters Championships, Darwin, NT
Stephen Johnstone	83kg	16/03/2019	Australian Masters Championships, Darwin, NT
Stephen Johnstone	153kg	16/03/2019	Australian Masters Championships, Darwin, NT

M102

Stephen Johnstone	75kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – Milton Weightlifting Club, Milton
Stephen Johnstone	90kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – Milton Weightlifting Club, Milton
Stephen Johnstone	165kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – Milton Weightlifting Club, Milton

M109

Stephen Johnstone	76kg	13/10/2018	Uesaka QLD Club Challenge and League Round 3, Chandler
Stephen Johnstone	96kg	13/10/2018	Uesaka QLD Club Challenge and League Round 3, Chandler
Stephen Johnstone	172kg	13/10/2018	Uesaka QLD Club Challenge and League Round 3, Chandler

M109+

Record Standard	71kg	3/09/2018	
Record Standard	90kg	3/09/2018	
Record Standard	161kg	3/09/2019	

QLD FEMALE Mast 65-69 Records

F45

Record Standard	27kg	3/09/2018	
Record Standard	34kg	3/09/2018	
Record Standard	60kg	3/09/2019	

F49

Record Standard	28kg	3/09/2018	
Record Standard	36kg	3/09/2018	
Record Standard	64kg	3/09/2019	

F55

Record Standard	30kg	3/09/2018	
Record Standard	38kg	3/09/2018	
Record Standard	68kg	3/09/2019	

F59

Record Standard	33kg	3/09/2018	
Record Standard	41kg	3/09/2018	
Record Standard	73kg	3/09/2019	

F64

Record Standard	34kg	3/09/2018	
Record Standard	43kg	3/09/2018	
Record Standard	77kg	3/09/2019	

F71

Meg Emerton	42kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler
Meg Emerton	53kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler
Meg Emerton	95kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler

F76

Record Standard	37kg	3/09/2018	
Record Standard	47kg	3/09/2018	
Record Standard	84kg	3/09/2019	

F81

Record Standard	38kg	3/09/2018	
Record Standard	48kg	3/09/2018	
Record Standard	87kg	3/09/2019	

F87

Record Standard	40kg	3/09/2018	
Record Standard	50kg	3/09/2018	
Record Standard	90kg	3/09/2019	

F87+

Record Standard	44kg	3/09/2018	
Record Standard	56kg	3/09/2018	
Record Standard	100kg	3/09/2019	

QLD MALE Mast 65-69 Records

M55

Record Standard	39kg	3/09/2018	
Record Standard	49kg	3/09/2018	
Record Standard	89kg	3/09/2019	

M61

Record Standard	43kg	3/09/2018	
Record Standard	53kg	3/09/2018	
Record Standard	96kg	3/09/2019	

M67

Record Standard	46kg	3/09/2018	
Record Standard	57kg	3/09/2018	
Record Standard	102kg	3/09/2019	

M73

Record Standard	48kg	3/09/2018	
Record Standard	60kg	3/09/2018	
Record Standard	108kg	3/09/2019	

M81

Trevor Walz	54kg	24/02/2019	QWA League Round 1, Cougars
Trevor Walz	69kg	24/02/2019	QWA League Round 1, Cougars
Trevor Walz	123kg	24/02/2019	QWA League Round 1, Cougars

M89

Ron Fraser	72kg	16/03/2019	Australian Masters Championships, Darwin, NT
Ron Fraser	103kg	16/03/2019	Australian Masters Championships, Darwin, NT
Ron Fraser	175kg	16/03/2019	Australian Masters Championships, Darwin, NT

M96

Record Standard	54kg	3/09/2018	
Record Standard	68kg	3/09/2018	
Record Standard	122kg	3/09/2019	

M102

Record Standard	56kg	3/09/2018	
Record Standard	70kg	3/09/2018	
Record Standard	125kg	3/09/2019	

M109

Record Standard	57kg	3/09/2018	
Record Standard	71kg	3/09/2018	
Record Standard	128kg	3/09/2019	

M109+

Record Standard	61kg	3/09/2018	
Record Standard	77kg	3/09/2018	
Record Standard	138kg	3/09/2019	

QLD FEMALE Mast 70-74 Records

F45

Record Standard	22kg	3/09/2018	
Record Standard	28kg	3/09/2018	
Record Standard	50kg	3/09/2019	

F49

Record Standard	24kg	3/09/2018	
Record Standard	30kg	3/09/2018	
Record Standard	54kg	3/09/2019	

F55

Record Standard	25kg	3/09/2018	
Record Standard	32kg	3/09/2018	
Record Standard	57kg	3/09/2019	

F59

Valerie Silver	28kg	19/01/2019	Queensland Masters Championships, Milton
Valerie Silver	36kg	19/01/2019	Queensland Masters Championships, Milton
Valerie Silver	64kg	19/01/2019	Queensland Masters Championships, Milton

F64

Record Standard	28kg	3/09/2018	
Lesley Moyle	39kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler
Lesley Moyle	66kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler

F71

Record Standard	30kg	3/09/2018	
Record Standard	38kg	3/09/2018	
Record Standard	68kg	3/09/2019	

F76

Record Standard	31kg	3/09/2018	
Record Standard	39kg	3/09/2018	
Record Standard	70kg	3/09/2019	

F81

Record Standard	32kg	3/09/2018	
Record Standard	40kg	3/09/2018	
Record Standard	72kg	3/09/2019	

F87

Record Standard	33kg	3/09/2018	
Record Standard	42kg	3/09/2018	
Record Standard	75kg	3/09/2019	

F87+

Record Standard	37kg	3/09/2018	
Record Standard	46kg	3/09/2018	
Record Standard	83kg	3/09/2019	

QLD MALE Mast 70-74 Records

M55

Record Standard	33kg	3/09/2018	
Record Standard	41kg	3/09/2018	
Record Standard	74kg	3/09/2019	

M61

Record Standard	36kg	3/09/2018	
Record Standard	44kg	3/09/2018	
Record Standard	80kg	3/09/2019	

M67

Record Standard	38kg	3/09/2018	
Record Standard	47kg	3/09/2018	
Record Standard	85kg	3/09/2019	

M73

Record Standard	40kg	3/09/2018	
Record Standard	50kg	3/09/2018	
Record Standard	90kg	3/09/2019	

M81

Record Standard	42kg	3/09/2018	
Record Standard	53kg	3/09/2018	
Record Standard	95kg	3/09/2019	

M89

Record Standard	44kg	3/09/2018	
Record Standard	55kg	3/09/2018	
Record Standard	99kg	3/09/2019	

M96

Record Standard	45kg	3/09/2018	
Record Standard	57kg	3/09/2018	
Record Standard	102kg	3/09/2019	

M102

Record Standard	46kg	3/09/2018	
Record Standard	58kg	3/09/2018	
Record Standard	104kg	3/09/2019	

M109

Record Standard	48kg	3/09/2018	
Record Standard	59kg	3/09/2018	
Record Standard	107kg	3/09/2019	

M109+

Record Standard	51kg	3/09/2018	
Record Standard	64kg	3/09/2018	
Record Standard	115kg	3/09/2019	

QLD FEMALE Mast 75-79 Records

F45

Record Standard	18kg	3/09/2018	
Record Standard	22kg	3/09/2018	
Record Standard	40kg	3/09/2019	

F49

Record Standard	19kg	3/09/2018	
Record Standard	24kg	3/09/2018	
Record Standard	43kg	3/09/2019	

F55

Record Standard	20kg	3/09/2018	
Record Standard	25kg	3/09/2018	
Record Standard	45kg	3/09/2019	

F59

Record Standard	22kg	3/09/2018	
Record Standard	27kg	3/09/2018	
Record Standard	49kg	3/09/2019	

F64

Record Standard	23kg	3/09/2018	
Record Standard	29kg	3/09/2018	
Record Standard	52kg	3/09/2019	

F71

Record Standard	24kg	3/09/2018	
Record Standard	30kg	3/09/2018	
Record Standard	54kg	3/09/2019	

F76

Record Standard	25kg	3/09/2018	
Record Standard	31kg	3/09/2018	
Record Standard	56kg	3/09/2019	

F81

Record Standard	26kg	3/09/2018	
Record Standard	32kg	3/09/2018	
Record Standard	58kg	3/09/2019	

F87

Record Standard	27kg	3/09/2018	
Record Standard	33kg	3/09/2018	
Record Standard	60kg	3/09/2019	

F87+

Record Standard	29kg	3/09/2018	
Record Standard	37kg	3/09/2018	
Record Standard	67kg	3/09/2019	

QLD MALE Mast 75-79 Records

M55

Record Standard	26kg	3/09/2018	
Record Standard	33kg	3/09/2018	
Record Standard	59kg	3/09/2019	

M61

Record Standard	28kg	3/09/2018	
Record Standard	36kg	3/09/2018	
Record Standard	64kg	3/09/2019	

M67

Record Standard	30kg	3/09/2018	
Record Standard	38kg	3/09/2018	
Record Standard	68kg	3/09/2019	

M73

Record Standard	32kg	3/09/2018	
Record Standard	40kg	3/09/2018	
Record Standard	72kg	3/09/2019	

M81

Record Standard	34kg	3/09/2018	
Record Standard	42kg	3/09/2018	
Record Standard	76kg	3/09/2019	

M89

Record Standard	35kg	3/09/2018	
Record Standard	44kg	3/09/2018	
Record Standard	79kg	3/09/2019	

M96

Record Standard	36kg	3/09/2018	
Record Standard	45kg	3/09/2018	
Record Standard	82kg	3/09/2019	

M102

Record Standard	37kg	3/09/2018	
Record Standard	46kg	3/09/2018	
Record Standard	84kg	3/09/2019	

M109

Record Standard	38kg	3/09/2018	
Record Standard	47kg	3/09/2018	
Record Standard	85kg	3/09/2019	

M109+

Record Standard	41kg	3/09/2018	
Record Standard	51kg	3/09/2018	
Record Standard	92kg	3/09/2019	

QLD FEMALE Mast 80+ Records

F45

Record Standard	13kg	3/09/2018	
Record Standard	17kg	3/09/2018	
Record Standard	30kg	3/09/2019	

F49

Record Standard	14kg	3/09/2018	
Record Standard	18kg	3/09/2018	
Record Standard	32kg	3/09/2019	

F55

Record Standard	15kg	3/09/2018	
Record Standard	19kg	3/09/2018	
Record Standard	34kg	3/09/2019	

F59

Record Standard	16kg	3/09/2018	
Record Standard	20kg	3/09/2018	
Record Standard	37kg	3/09/2019	

F64

Record Standard	17kg	3/09/2018	
Record Standard	22kg	3/09/2018	
Record Standard	39kg	3/09/2019	

F71

Record Standard	18kg	3/09/2018	
Record Standard	23kg	3/09/2018	
Record Standard	41kg	3/09/2019	

F76

Record Standard	19kg	3/09/2018	
Record Standard	24kg	3/09/2018	
Record Standard	42kg	3/09/2019	

F81

Record Standard	19kg	3/09/2018	
Record Standard	24kg	3/09/2018	
Record Standard	43kg	3/09/2019	

F87

Record Standard	20kg	3/09/2018	
Record Standard	25kg	3/09/2018	
Record Standard	45kg	3/09/2019	

F87+

Record Standard	22kg	3/09/2018	
Record Standard	28kg	3/09/2018	
Record Standard	50kg	3/09/2019	

QLD MALE Mast 80+ Records

M55

Record Standard	20kg	3/09/2018	
Record Standard	25kg	3/09/2018	
Record Standard	44kg	3/09/2019	

M61

Record Standard	21kg	3/09/2018	
Record Standard	27kg	3/09/2018	
Record Standard	48kg	3/09/2019	

M67

Record Standard	23kg	3/09/2018	
Record Standard	28kg	3/09/2018	
Record Standard	51kg	3/09/2019	

M73

Record Standard	24kg	3/09/2018	
Record Standard	30kg	3/09/2018	
Record Standard	54kg	3/09/2019	

M81

Record Standard	25kg	3/09/2018	
Record Standard	32kg	3/09/2018	
Record Standard	57kg	3/09/2019	

M89

Record Standard	26kg	3/09/2018	
Record Standard	33kg	3/09/2018	
Record Standard	59kg	3/09/2019	

M96

Record Standard	27kg	3/09/2018	
Record Standard	34kg	3/09/2018	
Record Standard	61kg	3/09/2019	

M102

Record Standard	28kg	3/09/2018	
Record Standard	35kg	3/09/2018	
Record Standard	63kg	3/09/2019	

M109

Record Standard	29kg	3/09/2018	
Record Standard	36kg	3/09/2018	
Record Standard	64kg	3/09/2019	

M109+

Record Standard	30kg	3/09/2018	
Record Standard	38kg	3/09/2018	
Record Standard	69kg	3/09/2019	

QLD FEMALE U23 Records

F45

Kiara Power	25kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – Burleigh Barbell Club, Burleigh West
Kiara Power	33kg	10/11/2018	Queensland All Schools Championships, Nambour
Kiara Power	57kg	10/11/2018	Queensland All Schools Championships, Nambour

F49

Chelsea Nicoll	49kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Robin Parr	64kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler
Robin Parr	112kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler

F55

Maddison Power	62kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Maddison Power	77kg	6/10/2018	Youth Olympic Games, Buenos Aires
Maddison Power	138kg	7/09/2018	AWF Junior & Senior Championships, Brisbane

F59

Maddison Power	65kg	8/03/2019	IWF World Youth Championships, Las Vegas, USA
Maddison Power	82kg	8/03/2019	IWF World Youth Championships, Las Vegas, USA
Maddison Power	147kg	8/03/2019	IWF World Youth Championships, Las Vegas, USA

F64

Tori Gallegos	70kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Tori Gallegos	91kg	7/09/2018	AWF Junior & Senior Championships, Brisbane
Tori Gallegos	157kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL

F71

Grea Effeney	51kg	2/03/2019	Cougars Club Competition, Chandler
Maddison Falappi	62kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – Dungeon Barbell Club, Manunda
Grea Effeney	111kg	2/03/2019	Cougars Club Competition, Chandler

F76

Madeleine Whatman	65kg	24/11/2018	Uesaka Queensland Cup, Toowoomba
Madeleine Whatman	85kg	23/02/2019	QWA League Round 1, Cougars
Madeleine Whatman	149kg	23/02/2019	QWA League Round 1, Cougars

F81

Emily Robinson	70kg	8/09/2018	AWF Junior & Senior Championships, Brisbane
Emily Robinson	81kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler
Emily Robinson	151kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler

F87

Chloe Kerwick	75kg	9/09/2018	AWF Junior & Senior Championships, Brisbane
Chloe Kerwick	97kg	9/09/2018	AWF Junior & Senior Championships, Brisbane
Chloe Kerwick	172kg	9/09/2018	AWF Junior & Senior Championships, Brisbane

F87+

Charisma Amoe-Tarrant	105kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Charisma Amoe-Tarrant	141kg	26/01/2019	Nauru Independence Day Weightlifting Tournament, Nauru
Charisma Amoe-Tarrant	245kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL

QLD MALE U23 Records

M55

Harper Manz	58kg	10/11/2018	Queensland All Schools Championships, Nambour
Logan Weaver	80kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – CQ Mavericks Weightlifting Club, Rockhampton
Logan Weaver	138kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – CQ Mavericks Weightlifting Club, Rockhampton

M61

Blake Armitage	89kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler
Blake Armitage	117kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler
Blake Armitage	206kg	1/12/2018	CWC Mike Keelan Shield Competition, Chandler

M67

Kolby Green	92kg	2/02/2019	Physique Science Qld Club Challenge Round 1 – CQ Mavericks Weightlifting Club, Rockhampton
Blake Armitage	122kg	13/10/2018	Uesaka QLD Club Challenge and League Round 3, Chandler
Blake Armitage	210kg	13/10/2018	Uesaka QLD Club Challenge and League Round 3, Chandler

M73

Brodie Sturtridge	82kg	31/01/2019	Physique Science Qld Club Challenge Round 1 – Cougars Weightlifting Club, Chandler
Brodie Sturtridge	94kg	31/01/2019	Physique Science Qld Club Challenge Round 1 – Cougars Weightlifting Club, Chandler
Brodie Sturtridge	176kg	31/01/2019	Physique Science Qld Club Challenge Round 1 – Cougars Weightlifting Club, Chandler

M81

Leo Lark	125kg	23/02/2019	QWA League Round 1, Cougars
Leo Lark	160kg	23/02/2019	QWA League Round 1, Cougars
Leo Lark	285kg	23/02/2019	QWA League Round 1, Cougars

M89

Ben Ward	130kg	8/09/2018	AWF Junior & Senior Championships, Brisbane
Jake Standen	162kg	13/10/2018	Uesaka QLD Club Challenge and League Round 3, Rockhampton
Ben Ward	291kg	8/09/2018	AWF Junior & Senior Championships, Brisbane

M96

Ben Ward	140kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Ben Ward	165kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL
Ben Ward	305kg	15/12/2018	Pacific Cup International Tournament, Mont Dore, NCL

M102

Shane Wagner	122kg	13/10/2018	Uesaka QLD Club Challenge and League Round 3, Toowoomba
Reilly Smith	160kg	9/09/2018	AWF Junior & Senior Championships, Brisbane
Reilly Smith	277kg	9/09/2018	AWF Junior & Senior Championships, Brisbane

M109

Lawson Dingle	138kg	23/02/2019	QWA League Round 1, Cougars
Lawson Dingle	154kg	23/02/2019	QWA League Round 1, Cougars
Lawson Dingle	292kg	23/02/2019	QWA League Round 1, Cougars

M109+

Lawson Dingle	127kg	1/12/2018	TWA Club Competition, Toowoomba
Lawson Dingle	153kg	1/12/2018	TWA Club Competition, Toowoomba
Lawson Dingle	280kg	1/12/2018	TWA Club Competition, Toowoomba

