

State Championships U15, U17 Junior and Senior

Results Summary

19 May 2012

Titans Club SSC



AUSTRALIAN WEIGHTLIFTING FEDERATION INC.

ABN 73 150 873 587

5 Kelly Rd, Spring Creek QLD 4343 AUSTRALIA

Tel: +61 7 5466 5295 Mob: +61 411 424 328

E-mail: office@awf.com.au

Internet: www.awf.com.au

Session 1

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	SEN	JUN	YTH	U15
F45																
Jessica Barkhan	---	1995	43.42	21	24	26	28	32	35	26	35	61			1	
M55																
Hamish Adam	BUR	1997	48.66	40	45	48	45	50	53	45	50	95				1
Peter Gremos	BUR	1997	49.29	30	35	37	40	45	45	35	45	80				2
F55																
Mary Macken	BUR	1961	49.73	40	45	49	50	59	50	45	50	95	1			
M61																
Bassel Rana	TWT	1996	60.25	72	76	80	95	100	105	80	100	180			1	
F64																
Zoe Simon	---	1998	60.78	40	40	45	45	50	56	40	50	90				1
M67																
Luke Robinson	---	1996	62.59	50	53	55	60	65	70	50	70	120			2	
F71																
Elena Palamara	---	1986	69.35	67	70	73	88	93	0	73	93	166	1			
F76																
Linda Eades	HIL	1970	74.55	45	50	53	55	60	65	53	60	113	2			
Sarah Rollans	BUR	1984	73.15	35	35	40	50	55	60	40	60	100	3			
M81																
Edward Maxwell	WAT	1997	79.02	40	45	48	40	45	50	48	50	98			1	
M109																
Matthew Lilli	TWT	1996	106.03	68	72	75	95	100	105	75	105	180			1	
F75+																
Kathryn Davis	TWT	1986	82.80	65	67	70	85	88	0	67	88	155	2			
Katharine Johnson	TWT	1991	105.56	72	75	77	83	88	88	77	83	160	1			
Megan Kelly	FG	1974	92.27	55	60	64	60	70	75	55	70	125	3			
M109+																
Aidan Steiner	TWT	1996	129.65	60	65	68	50	98	103	65	50	115			2	

Referees Leanne Springer NSW (NAT) Tony Campbell-Cowie NSW (INT II) John Way NSW (INT I)

Jury

Tech Controller

MC

Timekeeper

Marshall

Doctor

*State records can be claimed in this session. *National records can be claimed in this session.

Session 2

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	SEN	JUN
M61														
David Rappo	TWT	1977	58.40	45	0	0	55	146	0	45	55	100	2	
M67														
Dan Dinh	BUR	1991	61.01	77	82	-85	90	-90	90	82	90	172	1	
Jerome Barkhan	---	1992	62.89	45	50	-55	58	65	70	50	70	120		1
M73														
Alan Vo	BUR	1989	68.32	85	90	-95	115	115	120	90	120	210	1	
Patrick Chow	TWT	1991	68.03	80	-85	85	110	115	0	85	115	200	2	
Jonathon Valentine	BUR	1979	68.53	80	85	90	140	110	115	90	110	200	3	
M81														
Ravshanbek	BUR	1989	77.00	110	120	125	130	140	0	125	140	265	1	
Alex Goodyear	BUR	1972	76.82	100	108	108	115	120	120	108	115	223	2	
Simon Rassy	TWT	1993	74.84	85	90	-95	110	115	120	90	120	210		1
Patrick Canavan	---	1992	79.58	88	93	96	108	111	140	96	111	207		1
Stephen Muldoon	IWB	1984	76.41	85	90	-95	112	117	120	90	112	202	3	
M96														
Ryan Pasfield	---	1993	90.47	95	100	105	140	145	146	105	140	245		1

Referees Kostas Valsamakis NSW (NAT) Mary Macken NSW (INT I) Linda Eades NSW (NAT)

Jury

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Session 3

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	
M81													
Stephen Mallinger	---	1973	79.39	50	50	55	60	70	85	50	85	135	4
M89													
Captain Singh	BUR	1989	81.04	90	96	100	120	125	125	96	125	221	1
Tom Davison	---	1989	81.31	85	90	95	120	127	132	90	120	210	2
Simon Callander	IWB	1983	86.01	80	85	90	120	120	133	90	120	210	3
Heng Kan	BUR	1989	81.43	85	90	90	105	108	115	85	108	193	3
Christopher	TWT	1985	86.52	75	80	85	95	100	105	80	105	185	4
Shannon Peters	---	1976	88.44	50	55	60	70	75	80	55	80	135	5
M96													
Alex Wallace	---	1985	93.90	118	123	128	130	135	0	123	130	253	1
Timothy Rownes	BUR	1988	92.74	90	95	95	120	125	128	95	128	223	2
M102													
Pete Hardiman	TWT	1982	101.38	110	120	124	140	145	155	110	140	250	1
Emmanuel Citton	TWT	1982	97.98	71	0	0	91	0	0	71	91	162	2
Andrew Taylor	---	1960	97.22	60	65	70	85	86	90	65	90	155	3
M109+													
Matthew Gruszka	---	1982	110.49	110	115	120	140	150	160	115	150	265	1
Daniel Skates	FG	1977	119.20	65	70	75	90	100	105	75	105	180	2

Referees Kostas Valsamakis NSW (NAT) Leanne Springer NSW (NAT) John Way NSW (INT I)

Jury

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Sinclair Ranking

Men		
Rank	Name	Score
1	Ravshanbek Gulyamov	333.72
2	Alex Wallace	288.76
3	Matthew Gruszka	284.74
4	Alan Vo	284.31
5	Ryan Pasfield	284.25
6	Alex Goodyear	278.69
7	Pete Hardiman	276.71
8	Patrick Chow	271.52
9	Captain Singh	270.64
10	Jonathon Valentine	270.24
11	Simon Rassy	268.81
12	Bassel Rana	265.77
13	Tom Davison	256.72
14	Patrick Canavan	255.97
15	Timothy Rownes	255.89
16	Stephen Muldoon	255.49
17	Dan Dinh	251.65
18	Simon Callander	249.50
19	Heng Kan	235.75
20	Christopher O'Doherty	219.17
21	Matthew Lilli	196.05
22	Daniel Skates	189.02
23	Emmanuel Citton	181.68
24	Andrew Taylor	173.71
25	Luke Robinson	172.39
26	Jerome Barkhan	171.81
27	Hamish Adam	166.66
28	Stephen Mallinger	165.80
29	Shannon Peters	157.38
30	David Rappo	148.50
31	Peter Gremos	138.77
32	Edward Maxwell	121.65
33	Aidan Steiner	118.54

Women		
Rank	Name	Score
1	Elena Palamara	207.68
2	Kathryn Davis	176.79
3	Katharine Johnson	167.29
4	Mary Macken	146.48
5	Megan Kelly	136.57
6	Linda Eades	135.01
7	Zoe Simon	122.55
8	Sarah Rollans	121.36
9	Jessica Barkhan	109.62

Masters SMF Ranking

Men		
Rank	Name	SMF Score
1	Alex Goodyear	343.62
2	Andrew Taylor	258.48
3	Daniel Skates	219.64
4	Stephen Mallinger	201.95
5	Shannon Peters	185.08
6	David Rappo	172.56
7	Simon Callander	0.00
8	Jonathon Valentine	0.00
9	Stephen Muldoon	0.00
10	Emmanuel Citton	0.00
11	Pete Hardiman	0.00
12	Matthew Gruszka	0.00

Women		
Rank	Name	SMF Score
1	Mary Macken	214.16
2	Linda Eades	170.52
3	Megan Kelly	164.29
4	Sarah Rollans	0.00

Records Broken

Lifter	Bwt Cat	Age Group	Record Level	Record Type	New Record
Alex Goodyear	M77	Mast 40-44	NSW	SNATCH	108kg
Alex Goodyear	M77	Mast 40-44	AWF	SNATCH	108kg
Alex Goodyear	M77	Mast 40-44	NSW	CJ	115kg
Alex Goodyear	M77	Mast 40-44	AWF	CJ	115kg
Alex Goodyear	M77	Mast 40-44	NSW	TOTAL	223kg
Alex Goodyear	M77	Mast 40-44	AWF	TOTAL	223kg
Bassel Rana	M62	Youth	NSW	SNATCH	80kg
Bassel Rana	M62	Youth	NSW	CJ	100kg
Bassel Rana	M62	Youth	NSW	TOTAL	180kg
Edward Maxwell	M85	Under 15	NSW	SNATCH	48kg
Edward Maxwell	M85	Under 15	NSW	TOTAL	98kg
Hamish Adam	M50	Under 15	NSW	SNATCH	45kg
Hamish Adam	M50	Youth	NSW	SNATCH	45kg
Hamish Adam	M50	Under 15	NSW	CJ	50kg
Hamish Adam	M50	Youth	NSW	CJ	50kg
Hamish Adam	M50	Under 15	NSW	TOTAL	95kg
Hamish Adam	M50	Youth	NSW	TOTAL	95kg
Jessica Barkhan	F44	Youth	NSW	SNATCH	26kg
Jessica Barkhan	F44	Youth	NSW	CJ	35kg
Jessica Barkhan	F44	Youth	NSW	TOTAL	61kg
Mary Macken	F53	Mast 50-54	NSW	SNATCH	45kg
Mary Macken	F53	Mast 50-54	NSW	CJ	50kg
Mary Macken	F53	Mast 50-54	NSW	TOTAL	95kg
Matthew Lilli	M94+	Youth	NSW	SNATCH	75kg
Matthew Lilli	M94+	Youth	NSW	CJ	105kg
Matthew Lilli	M94+	Youth	NSW	TOTAL	180kg
Megan Kelly	F75+	Mast 35-39	NSW	CJ	70kg
Zoe Simon	F63	Youth	NSW	SNATCH	40kg
Zoe Simon	F63	Youth	NSW	CJ	50kg
Zoe Simon	F63	Youth	NSW	TOTAL	90kg

Personal Bests

Lifter	State	Lift	Previous PB	New PB	Increase
Alan Vo	NSW	SNATCH	85kg	90kg	5kg
Alan Vo	NSW	CJ	117kg	120kg	3kg
Alan Vo	NSW	TOTAL	202kg	210kg	8kg
Alex Goodyear	NSW	SNATCH	106kg	108kg	2kg
Alex Wallace	NSW	SNATCH	110kg	123kg	13kg
Alex Wallace	NSW	TOTAL	240kg	253kg	13kg
Bassel Rana	NSW	SNATCH	75kg	80kg	5kg
Bassel Rana	NSW	CJ	98kg	100kg	2kg
Bassel Rana	NSW	TOTAL	173kg	180kg	7kg
Christopher O'Doherty	NSW	CJ	100kg	105kg	5kg
Christopher O'Doherty	NSW	TOTAL	180kg	185kg	5kg
Dan Dinh	NSW	SNATCH	80kg	82kg	2kg
Dan Dinh	NSW	TOTAL	170kg	172kg	2kg
Edward Maxwell	TAS	SNATCH	40kg	48kg	8kg
Edward Maxwell	TAS	TOTAL	95kg	98kg	3kg
Elena Palamara	NSW	SNATCH	70kg	73kg	3kg
Elena Palamara	NSW	CJ	90kg	93kg	3kg
Elena Palamara	NSW	TOTAL	160kg	166kg	6kg
Hamish Adam	NSW	SNATCH	40kg	45kg	5kg
Hamish Adam	NSW	CJ	45kg	50kg	5kg
Hamish Adam	NSW	TOTAL	85kg	95kg	10kg
Heng Kan	NSW	CJ	100kg	108kg	8kg
Heng Kan	NSW	TOTAL	190kg	193kg	3kg
Jerome Barkhan	NSW	SNATCH	45kg	50kg	5kg
Jerome Barkhan	NSW	CJ	65kg	70kg	5kg
Jerome Barkhan	NSW	TOTAL	110kg	120kg	10kg
Jonathon Valentine	NSW	CJ	108kg	110kg	2kg
Jonathon Valentine	NSW	TOTAL	198kg	200kg	2kg
Katharine Johnson	NSW	SNATCH	74kg	77kg	3kg
Katharine Johnson	NSW	CJ	81kg	83kg	2kg
Katharine Johnson	NSW	TOTAL	155kg	160kg	5kg
Luke Robinson	NSW	CJ	63kg	70kg	7kg
Luke Robinson	NSW	TOTAL	116kg	120kg	4kg
Megan Kelly	NSW	CJ	66kg	70kg	4kg
Patrick Canavan	NSW	SNATCH	93kg	96kg	3kg
Patrick Canavan	NSW	CJ	108kg	111kg	3kg
Patrick Canavan	NSW	TOTAL	199kg	207kg	8kg
Ryan Pasfield	NSW	SNATCH	100kg	105kg	5kg
Ryan Pasfield	NSW	TOTAL	242kg	245kg	3kg

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Sarah Rollans	NSW	CJ	55kg	60kg	5kg
Sarah Rollans	NSW	TOTAL	95kg	100kg	5kg
Simon Rassy	NSW	CJ	118kg	120kg	2kg
Simon Rassy	NSW	TOTAL	205kg	210kg	5kg
Stephen Mallinger	NSW	CJ	81kg	85kg	4kg
Timothy Rownes	NSW	CJ	120kg	128kg	8kg
Timothy Rownes	NSW	TOTAL	215kg	223kg	8kg