

# Sunshine Coast Weightlifting Club Competition

## Results Summary

25 Aug 2018

Nambour



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### Session 1

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	
<b>M55</b>													
Levi Deans	SCWC	2006	45.20	28	30	<del>33</del>	38	42	45	30	45	75	12
<b>F64</b>													
Jessica Ryder	SCWC	1991	63.65	35	38	<del>40</del>	0	0	0	38	0	0	
<b>F81</b>													
Angela Barnas	SCWC	1980	78.65	60	<del>63</del>	63	<del>80</del>	<del>80</del>	80	63	80	143	6
Sandra Branson	STWC	1967	78.70	36	<del>38</del>	<del>44</del>	47	50	52	36	52	88	11
<b>M81</b>													
Mitchell Daniels	SCWC	1997	76.30	100	105	<del>108</del>	127	132	<del>135</del>	105	132	237	2
<b>M89</b>													
Adair Forsyth	SCWC	1996	84.40	50	55	60	70	75	80	60	80	140	7
Kaleb Scheffe	STWC	1994	85.15	55	58	61	62	67	71	61	71	132	8
Matthew Barrett	SCWC	2003	87.30	42	<del>44</del>	44	50	55	58	44	58	102	9
<b>M96</b>													
Jakob Daniels	SCWC	1995	93.10	110	115	<del>120</del>	150	155	<del>160</del>	115	155	270	1
Mak Scarlett	NBWA	2001	92.20	70	75	80	95	100	<del>105</del>	80	100	180	5
Rohan Cuffe	NBWA	1983	95.60	100	106	<del>112</del>	120	125	130	106	130	236	3
<b>M102</b>													
Graeme Rousseau	STWC	1992	100.05	<del>98</del>	100	<del>102</del>	115	120	<del>123</del>	100	120	220	4
<b>F87+</b>													
Rebecca Smith	NBWA	1982	87.10	<del>39</del>	39	41	45	47	49	41	49	90	10

**Referees** Bob Henderson QLD (INT I) Debra Keelan QLD (INT I) Sue Cox QLD (NAT)

**Jury**

**Tech Controller**

**MC** Tanya Harden QLD (NAT) **Timekeeper** Kathleen Harden QLD (NAT)

**Marshall** **Doctor**

\*State records can be claimed in this session. \*National records can be claimed in this session.

### Sinclair Ranking

Men		
Rank	Name	Score
1	Jakob Daniels	307.88
2	Mitchell Daniels	297.28
3	Rohan Cuffe	266.23
4	Graeme Rousseau	243.91
5	Mak Scarlett	206.08
6	Adair Forsyth	166.78
7	Kaleb Schefe	156.59
8	Levi Deans	136.79
9	Matthew Barrett	119.61

Women		
Rank	Name	Score
1	Angela Barnas	166.58
2	Sandra Branson	102.48
3	Rebecca Smith	100.43
4	Jessica Ryder	0.00

### Masters SMF Ranking

Men		
Rank	Name	SMF Score
1	Rohan Cuffe	288.33

Women		
Rank	Name	SMF Score
1	Angela Barnas	186.90
2	Sandra Branson	134.86
3	Rebecca Smith	110.07

## Records Broken

Lifter	Bwt Cat	Age Group	Record Level	Record Type	New Record
Levi Deans	M56	U23	AWF	SNATCH	30kg
Sandra Branson	F90	Mast 50-54	QLD	CJ	52kg
Sandra Branson	F90	Mast 50-54	QLD	TOTAL	88kg

## Personal Bests

Lifter	State	Lift	Previous PB	New PB	Increase
Adair Forsyth	QLD	SNATCH	43kg	60kg	17kg
Adair Forsyth	QLD	CJ	65kg	80kg	15kg
Adair Forsyth	QLD	TOTAL	108kg	140kg	32kg
Graeme Rousseau	QLD	SNATCH	98kg	100kg	2kg
Graeme Rousseau	QLD	TOTAL	218kg	220kg	2kg
Levi Deans	QLD	CJ	43kg	45kg	2kg
Levi Deans	QLD	TOTAL	74kg	75kg	1kg
Mak Scarlett	QLD	SNATCH	75kg	80kg	5kg
Mak Scarlett	QLD	TOTAL	175kg	180kg	5kg
Matthew Barrett	QLD	SNATCH	37kg	44kg	7kg
Matthew Barrett	QLD	CJ	52kg	58kg	6kg
Matthew Barrett	QLD	TOTAL	89kg	102kg	13kg
Mitchell Daniels	QLD	SNATCH	103kg	105kg	2kg
Mitchell Daniels	QLD	TOTAL	236kg	237kg	1kg
Sandra Branson	QLD	CJ	51kg	52kg	1kg