

SCWC Bob Henderson Shield Competition

Results Summary

15 Dec 2018

Nambour



AUSTRALIAN WEIGHTLIFTING FEDERATION INC.

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Session 1

| Lifter | Club | YOB | Bwt | Snatch attempts | | | CJ attempts | | | Sn | CJ | Total |
|------------------|------|------|-------|-----------------|----------------|----------------|-------------|---------------|----------------|-----|-----|-------|
| M55 | | | | | | | | | | | | |
| Levi Deans | SCWC | 2006 | 47.18 | 38 | 40 | 40 | 48 | 50 | 50 | 40 | 48 | 88 6 |
| F81 | | | | | | | | | | | | |
| Angela Barnas | SCWC | 1980 | 78.20 | 60 | 63 | 66 | 78 | 83 | 83 | 60 | 78 | 138 4 |
| M81 | | | | | | | | | | | | |
| Mitchell Daniels | SCWC | 1997 | 80.95 | 98 | 103 | 107 | 128 | 134 | 137 | 107 | 137 | 244 2 |
| M89 | | | | | | | | | | | | |
| Adair Forsyth | SCWC | 1996 | 84.05 | 58 | 61 | 62 | 78 | 81 | 85 | 62 | 85 | 147 3 |
| M96 | | | | | | | | | | | | |
| Jakob Daniels | SCWC | 1995 | 95.45 | 110 | 115 | 122 | 148 | 155 | 160 | 115 | 155 | 270 1 |
| Matthew Barrett | SCWC | 2003 | 90.00 | 50 | 53 | 55 | 65 | 70 | 71 | 50 | 65 | 115 5 |

Referees Bob Henderson QLD (INT I) Kathleen Harden QLD (NAT) Chelsea Nicoll QLD (STATE)

Jury

Tech Controller Barry Harden QLD (INT I)

MC Tanya Harden QLD (NAT)

Timekeeper Kathleen Harden QLD (NAT)

Marshall Barry Harden QLD (INT I)

Doctor

*State records can be claimed in this session. *National records can be claimed in this session.

Sinclair Ranking

| Men | | |
|------|------------------|--------|
| Rank | Name | Score |
| 1 | Jakob Daniels | 304.77 |
| 2 | Mitchell Daniels | 296.70 |
| 3 | Adair Forsyth | 175.47 |
| 4 | Levi Deans | 154.62 |
| 5 | Matthew Barrett | 133.03 |

| Women | | |
|-------|---------------|--------|
| Rank | Name | Score |
| 1 | Angela Barnas | 161.18 |

Masters SMF Ranking

| Men | | |
|------|------|-----------|
| Rank | Name | SMF Score |

| Women | | |
|-------|---------------|-----------|
| Rank | Name | SMF Score |
| 1 | Angela Barnas | 180.84 |

Records Broken - NONE

Personal Bests

| Lifter | State | Lift | Previous PB | New PB | Increase |
|------------------|-------|--------|-------------|--------|----------|
| Adair Forsyth | QLD | SNATCH | 60kg | 62kg | 2kg |
| Adair Forsyth | QLD | CJ | 80kg | 85kg | 5kg |
| Adair Forsyth | QLD | TOTAL | 140kg | 147kg | 7kg |
| Levi Deans | QLD | SNATCH | 38kg | 40kg | 2kg |
| Levi Deans | QLD | TOTAL | 86kg | 88kg | 2kg |
| Matthew Barrett | QLD | SNATCH | 49kg | 50kg | 1kg |
| Mitchell Daniels | QLD | SNATCH | 105kg | 107kg | 2kg |
| Mitchell Daniels | QLD | CJ | 134kg | 137kg | 3kg |
| Mitchell Daniels | QLD | TOTAL | 237kg | 244kg | 7kg |