

# ACT State Championships

## Results Summary

21 Jul 2018

CrossFit SFS



AUSTRALIAN WEIGHTLIFTING FEDERATION INC.  
ABN 73 150 873 587  
5 Kelly Rd, Spring Creek QLD 4343 AUSTRALIA  
Tel: +61 7 5466 5295 Mob: +61 411 424 328  
E-mail: [office@awf.com.au](mailto:office@awf.com.au)  
Internet: [www.awf.com.au](http://www.awf.com.au)

**Session 1**

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total
<b>F55</b>												
Christine Human	SWC	1959	52.04	22	24	<del>25</del>	30	33	35	24	35	59
<b>F71</b>												
Renaë Docherty	2600	1985	66.80	63	68	<del>74</del>	80	85	<del>88</del>	68	85	153
Clare Carey	SWC	1987	68.30	<del>56</del>	56	<del>60</del>	75	79	<del>82</del>	56	79	135
<b>F76</b>												
Kylie Thompson	SWC	1984	74.70	75	80	83	85	90	0	83	90	173
Michelle Weeding	CFCBR	1978	72.20	<del>27</del>	29	<del>33</del>	<del>35</del>	35	38	29	38	67
<b>F81</b>												
Annie Viccars	Nomad	1982	77.70	<del>54</del>	56	61	65	70	75	61	75	136
Kerryn Dawson	SWC	1985	79.90	45	48	<del>54</del>	60	63	65	48	65	113
<b>F87+</b>												
Danni Connolly	SWC	1988	93.80	<del>50</del>	50	53	63	67	<del>72</del>	53	67	120

**Referees** Lyn Jones ACT (INT I) Sean Teasdale ACT (STATE) Emily Bissaker

**Jury**

**Tech Controller** Penelope Hatfield ACT (STATE)

**MC** Gerrard Viccars

**Timekeeper**

**Marshall** Sally Ormiston ACT (NONE)

**Doctor**

\*State records cannot be claimed in this session. \*National records cannot be claimed in this session.

## Session 2

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	Sinclair
<b>M73</b>													
Ricardo Rojas-Terry	Nomad	1997	68.60	<del>70</del>	<del>70</del>	70	90	95	<del>400</del>	70	95	165	10
Troy Roughley	2600	1977	72.00	<del>70</del>	<del>70</del>	70	80	84	88	70	88	158	12
John Preston	Nomad	1938	68.60	26	<del>30</del>	30	35	40	<del>42</del>	30	40	70	14
<b>M81</b>													
Sean Teasdale	H&T	1989	75.50	98	<del>108</del>	<del>109</del>	123	<del>127</del>	<del>127</del>	98	123	221	4
<b>M89</b>													
Jake Sbroja	Nomad	1996	81.60	93	<del>97</del>	97	118	122	125	97	125	222	3
Daniel Mobilia	Nomad	1986	81.90	65	70	77	85	90	<del>97</del>	77	90	167	9
Mark Muir	H&T	1979	83.80	88	91	94	122	<del>127</del>	127	94	127	221	5
James Petroni	H&T	1985	86.40	<del>82</del>	82	87	<del>104</del>	107	113	87	113	200	7
<b>M96</b>													
Matthew Reynolds	Nomad	1997	91.70	110	115	121	135	145	<del>155</del>	121	145	266	2
Tim Corby	H&T	1981	92.60	85	<del>99</del>	90	107	112	<del>117</del>	90	112	202	6
<b>M102</b>													
Andrew Brown	SWC	1978	98.10	80	<del>85</del>	87	95	<del>103</del>	<del>103</del>	87	95	182	8
Matthew Ryan	2600	1975	98.90	65	70	<del>73</del>	80	88	<del>96</del>	70	88	158	11
<b>M109</b>													
John Reynolds	Nomad	1944	104.80	44	<del>46</del>	46	57	61	<del>64</del>	46	61	107	13
Grant Haines	SWC	1987	108.70	<del>124</del>	<del>124</del>	124	140	146	<del>150</del>	124	146	270	1

**Referees** Jen Deng Lee ACT (STATE) Clare Carey ACT (NONE) Annie Ngan

### Jury

**Tech Controller** Emily Bissaker ACT (NONE)

**MC** Gerrard Viccars

**Timekeeper**

**Marshall** Jia-Urn Lee

**Doctor**

\*State records cannot be claimed in this session. \*National records cannot be claimed in this session.

## Sinclair Ranking

Men		
Rank	Name	Score
1	Matthew Reynolds	305.25
2	Grant Haines	291.02
3	Sean Teasdale	278.81
4	Jake Sbroja	268.87
5	Mark Muir	264.18
6	James Petroni	235.65
7	Tim Corby	230.85
8	Ricardo Rojas-Terry	220.11
9	Troy Roughley	204.76
10	Andrew Brown	203.26
11	Daniel Mobilia	201.89
12	Matthew Ryan	175.92
13	John Reynolds	116.71
14	John Preston	93.38

Women		
Rank	Name	Score
1	Kylie Thompson	206.50
2	Renaë Docherty	193.75
3	Clare Carey	168.84
4	Annie Viccars	159.31
5	Kerryn Dawson	130.70
6	Danni Connolly	130.37
7	Christine Human	87.92
8	Michelle Weeding	81.35

### Masters SMF Ranking

Men		
Rank	Name	SMF Score
1	Mark Muir	299.84
2	Tim Corby	256.01
3	John Reynolds	247.07
4	John Preston	242.51
5	Troy Roughley	237.94
6	Andrew Brown	233.55
7	Matthew Ryan	209.17

Women		
Rank	Name	SMF Score
1	Annie Viccars	174.60
2	Christine Human	133.11
3	Michelle Weeding	93.47
4	Kylie Thompson	0.00

Records Broken - NONE

## Personal Bests

Lifter	State	Lift	Previous PB	New PB	Increase
Andrew Brown	ACT	SNATCH	86kg	87kg	1kg
Annie Viccars	ACT	CJ	74kg	75kg	1kg
Annie Viccars	ACT	TOTAL	135kg	136kg	1kg
Grant Haines	ACT	CJ	145kg	146kg	1kg
Jake Sbroja	ACT	SNATCH	94kg	97kg	3kg
Jake Sbroja	ACT	CJ	118kg	125kg	7kg
Jake Sbroja	ACT	TOTAL	212kg	222kg	10kg
James Petroni	ACT	TOTAL	199kg	200kg	1kg
Mark Muir	ACT	SNATCH	90kg	94kg	4kg
Mark Muir	ACT	CJ	126kg	127kg	1kg
Mark Muir	ACT	TOTAL	216kg	221kg	5kg
Michelle Weeding	ACT	CJ	32kg	38kg	6kg
Michelle Weeding	ACT	TOTAL	62kg	67kg	5kg
Ricardo Rojas-Terry	ACT	CJ	90kg	95kg	5kg
Ricardo Rojas-Terry	ACT	TOTAL	160kg	165kg	5kg