

RAW Barbell Open Competition

Results Summary

04 Feb 2018

RAW Barbell Club



AUSTRALIAN WEIGHTLIFTING FEDERATION INC.
ABN 73 150 873 587
5 Kelly Rd, Spring Creek QLD 4343 AUSTRALIA
Tel: +61 7 5466 5295 Mob: +61 411 424 328
E-mail: office@awf.com.au
Internet: www.awf.com.au

Session 1

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	
F59													
Lady Seeto	SBC	1985	57.90	55	60	65	75	80	85	65	85	150	1
Lizzy Pugh	168	1987	56.90	60	60	63	70	75	75	63	70	133	2
Carlene Portela	SBC	1978	57.90	48	48	48	0	0	0	0	0	0	0
F71													
Tyneesha Kerr	HIL	1998	64.10	42	45	50	55	58	58	45	55	100	2
Rheannon Williams	RAW	1994	65.20	50	50	53	0	0	0	0	0	0	0
Vanessa Kerr	HIL	1980	68.80	53	56	60	73	78	81	60	81	141	1
Elena Macnamara	SBC	1967	64.75	30	33	36	38	42	45	33	45	78	3

Referees Coral Fernandez NSW (STATE) Leanne Springer NSW (INT I) Jacob Shneidman NSW (NAT)

Jury

Tech Controller

MC John Zelenjak NSW (NAT) **Timekeeper** John Zelenjak NSW (NAT)

Marshall

Doctor

*State records can be claimed in this session. *National records can be claimed in this session.

Session 2

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	Sinclair
M61													
Joshua Doyle	SSS	2002	58.65	50	53	55	65	71	75	53	71	124	1
M73													
Bouachanh Thongvilu	RAW	1961	68.60	55	60	65	68	73	73	60	73	133	1
M81													
Nicholas Predkowski	SSS	1999	75.70	77	77	85	100	104	108	85	108	193	1
M89													
Dean Coulter	SSS	1995	83.45	80	84	88	102	108	108	88	102	190	2
David Troitsin	APH	1976	82.70	80	85	90	100	105	110	90	110	200	1
M96													
Matthew Gibbons	SSS	1982	93.45	93	98	104	120	125	131	98	125	223	1
M102													
Matt Stenning	RAW	1966	98.00	56	56	60	72	80	82	56	82	138	2
Matthew Henry	SBC	1993	98.60	85	90	95	105	112	118	95	118	213	1

Referees Coral Fernandez NSW (STATE) Leanne Springer NSW (INT I) Jacob Shneidman NSW (NAT)

Jury

Tech Controller

MC John Zelenjak NSW (NAT)

Timekeeper John Zelenjak NSW (NAT)

Marshall

Doctor

*State records can be claimed in this session. *National records can be claimed in this session.

Sinclair Ranking

Men		
Rank	Name	Score
1	Matthew Gibbons	253.89
2	Nicholas Predkowski	243.13
3	David Troitsin	240.62
4	Matthew Henry	237.43
5	Dean Coulter	227.58
6	Joshua Doyle	183.58
7	Bouachanh Thongvilu	177.42
8	Matt Stenning	154.18

Women		
Rank	Name	Score
1	Lady Seeto	207.42
2	Lizzy Pugh	186.07
3	Vanessa Kerr	175.64
4	Tyneesha Kerr	129.70
5	Elena Macnamara	100.57
6	Rheannon Williams	0.00
7	Carlene Portela	0.00

Masters SMF Ranking

Men		
Rank	Name	SMF Score
1	David Troitsin	282.97
2	Matthew Gibbons	278.26
3	Bouachanh Thongvilu	259.39
4	Matt Stenning	206.30

Women		
Rank	Name	SMF Score
1	Vanessa Kerr	197.07
2	Elena Macnamara	132.35
3	Carlene Portela	0.00

Records Broken

Lifter	Bwt Cat	Age Group	Record Level	Record Type	New Record
Joshua Doyle	M62	U23	NSW	SNATCH	53kg
Vanessa Kerr	F69	Mast 35-39	NSW	CJ	81kg
Vanessa Kerr	F69	Mast 35-39	NSW	TOTAL	141kg

Personal Bests

Lifter	State	Lift	Previous PB	New PB	Increase
Bouachanh Thongvilu	NSW	SNATCH	57kg	60kg	3kg
Bouachanh Thongvilu	NSW	CJ	72kg	73kg	1kg
Bouachanh Thongvilu	NSW	TOTAL	125kg	133kg	8kg
Dean Coulter	NSW	SNATCH	85kg	88kg	3kg
Elena Macnamara	NSW	SNATCH	31kg	33kg	2kg
Elena Macnamara	NSW	CJ	42kg	45kg	3kg
Elena Macnamara	NSW	TOTAL	73kg	78kg	5kg
Joshua Doyle	NSW	SNATCH	51kg	53kg	2kg
Joshua Doyle	NSW	CJ	70kg	71kg	1kg
Joshua Doyle	NSW	TOTAL	121kg	124kg	3kg
Lady Seeto	NSW	TOTAL	146kg	150kg	4kg
Lizzy Pugh	NSW	SNATCH	60kg	63kg	3kg
Lizzy Pugh	NSW	TOTAL	130kg	133kg	3kg
Matt Stenning	NSW	CJ	78kg	82kg	4kg
Matt Stenning	NSW	TOTAL	135kg	138kg	3kg
Vanessa Kerr	NSW	SNATCH	56kg	60kg	4kg
Vanessa Kerr	NSW	CJ	80kg	81kg	1kg
Vanessa Kerr	NSW	TOTAL	135kg	141kg	6kg