

Joe Hensel Open Competition

Results Summary

20 Oct 2018

Hunter Barbell CrossFit Hunter



AUSTRALIAN WEIGHTLIFTING FEDERATION INC.

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Session 1

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	
F64													
Charlotte Fladgate	ATL	1995	61.25	53	56	59	73	76	80	59	80	139	1
Tyneesha Kerr	HIL	1998	62.40	48	53	57	62	67	73	57	67	124	2
F71													
Isabel Lorenzi	NIR	1999	69.35	72	78	80	88	92	93	72	92	164	1
Erika Grossi	LPC	1985	69.40	66	69	72	76	76	80	72	76	148	2
F81													
Anneliese Mena	TWT	2001	80.80	27	31	34	35	41	46	34	46	80	1
F87													
Dimitra	TWT	1984	85.10	73	77	78	90	95	100	78	100	178	1
Emma Wilson	HBC	1988	84.30	45	50	55	65	65	73	55	73	128	2
F87+													
Najat Khoury	TWT	1982	140.02	50	55	60	70	75	80	55	80	135	1
Stephanie Scigala	HBC	2000	115.55	40	45	50	60	65	70	50	70	120	2
Sylvia Klobucar	HIL	1982	121.40	28	28	33	35	40	45	33	45	78	3

Referees Leanne Springer NSW (INT I) Lisa Mcgavern NSW (STATE) Katie Yilmaz NSW (STATE)

Jury

Tech Controller

MC Linda Eades NSW (INT II) **Timekeeper** Linda Eades NSW (INT II)

Marshall

Doctor

*State records can be claimed in this session. *National records cannot be claimed in this session.

Session 2

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	Sinclair
M73													
Nelson Harris	HBC	2002	70.55	90	95	98	140	115	120	95	120	215	1
Ruben Monteiro	LPC	1989	71.65	83	86	90	105	108	108	90	108	198	2
M81													
Mark Guanzon	ZWC	1998	76.10	90	95	100	125	130	131	95	125	220	1
Alvin Tobias-Nool	NIR	1997	80.70	70	75	80	100	105	108	80	105	185	2
M89													
Kyle Bruce	NIR	1999	83.15	120	125	125	140	150	156	125	150	275	1
Brent Taylor	HBC	1993	81.80	83	86	86	110	115	118	86	118	204	2
M96													
Tyson Hudson	TWT	1994	94.60	93	97	100	123	123	130	100	123	223	1
M102													
Dan Mcgavern	HBC	1974	99.70	100	103	105	116	121	128	105	128	233	1
M109													
Craig Edwards	CWC	1994	103.60	95	100	105	145	115	120	100	120	220	1
M109+													
Orion Walsh	HBC	1999	151.50	110	120	125	140	145	150	125	150	275	1
Mohammad Abr	ZWC	2001	122.00	65	70	75	85	90	95	75	90	165	2

Referees Leanne Springer NSW (INT I) Charles Quagliata NSW (INT II) Katie Yilmaz NSW (STATE)

Jury

Tech Controller

MC Linda Eades NSW (INT II)

Timekeeper Lisa Mcgavern NSW (STATE)

Marshall

Doctor

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Sinclair Ranking

Men		
Rank	Name	Score
1	Kyle Bruce	329.98
2	Nelson Harris	281.99
3	Orion Walsh	276.95
4	Mark Guanzon	276.35
5	Dan Mcgavern	258.65
6	Ruben Monteiro	257.33
7	Tyson Hudson	252.63
8	Brent Taylor	246.77
9	Craig Edwards	240.90
10	Alvin Tobias-Nool	225.31
11	Mohammad Abr Poosh	172.28

Women		
Rank	Name	Score
1	Isabel Lorenzi	203.41
2	Dimitra Tsiliaskopoulos	200.45
3	Charlotte Fladgate	185.36
4	Erika Grossi	183.49
5	Tyneesha Kerr	163.47
6	Emma Wilson	144.70
7	Najat Khoury	135.40
8	Stephanie Scigala	123.36
9	Anneliese Mena	92.07
10	Sylvia Klobucar	79.49

Masters SMF Ranking

Men		
Rank	Name	SMF Score
1	Dan Mcgavern	311.16

Women		
Rank	Name	SMF Score
1	Najat Khoury	148.40
2	Sylvia Klobucar	87.12
3	Dimitra Tsiliaskopoulos	0.00

Records Broken

Lifter	Bwt Cat	Age Group	Record Level	Record Type	New Record
Anneliese Mena	F81	U23	NSW	SNATCH	34kg
Anneliese Mena	F81	U23	NSW	CJ	46kg
Anneliese Mena	F81	U23	NSW	TOTAL	80kg
Charlotte Fladgate	F64	U23	NSW	SNATCH	59kg
Charlotte Fladgate	F64	U23	NSW	CJ	80kg
Charlotte Fladgate	F64	U23	NSW	TOTAL	139kg
Dan Mcgavern	M102	Mast 40-44	NSW	SNATCH	105kg
Dan Mcgavern	M102	Mast 40-44	AWF	SNATCH	105kg
Dan Mcgavern	M102	Mast 40-44	NSW	CJ	128kg
Dan Mcgavern	M102	Mast 40-44	AWF	CJ	128kg
Dan Mcgavern	M102	Mast 40-44	NSW	TOTAL	233kg
Dan Mcgavern	M102	Mast 40-44	AWF	TOTAL	233kg
Dimitra Tsiliaskopoulos	F87	Senior	NSW	SNATCH	78kg
Dimitra Tsiliaskopoulos	F87	Senior	NSW	CJ	100kg
Dimitra Tsiliaskopoulos	F87	Senior	NSW	TOTAL	178kg
Isabel Lorenzi	F71	Junior	NSW	CJ	92kg
Isabel Lorenzi	F71	Senior	NSW	CJ	92kg
Isabel Lorenzi	F71	U23	NSW	CJ	92kg
Isabel Lorenzi	F71	Junior	NSW	TOTAL	164kg
Isabel Lorenzi	F71	Senior	NSW	TOTAL	164kg
Isabel Lorenzi	F71	U23	NSW	TOTAL	164kg
Kyle Bruce	M89	Junior	NSW	SNATCH	125kg
Kyle Bruce	M89	U23	NSW	SNATCH	125kg
Kyle Bruce	M89	Senior	NSW	SNATCH	125kg
Kyle Bruce	M89	Junior	NSW	CJ	150kg
Kyle Bruce	M89	U23	NSW	CJ	150kg
Kyle Bruce	M89	Junior	NSW	TOTAL	275kg
Kyle Bruce	M89	U23	NSW	TOTAL	275kg
Kyle Bruce	M89	Senior	NSW	TOTAL	275kg
Najat Khoury	F87+	Mast 35-39	NSW	SNATCH	55kg
Najat Khoury	F87+	Mast 35-39	NSW	CJ	80kg
Najat Khoury	F87+	Mast 35-39	NSW	TOTAL	135kg
Nelson Harris	M73	Youth	NSW	SNATCH	95kg
Nelson Harris	M73	Youth	NSW	CJ	120kg
Nelson Harris	M73	Youth	NSW	TOTAL	215kg
Stephanie Scigala	F87+	U23	NSW	SNATCH	50kg
Stephanie Scigala	F87+	U23	NSW	CJ	70kg

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Stephanie Scigala	F87+	U23	NSW	TOTAL	120kg
Sylvia Klobucar	F87+	Mast 35-39	NSW	SNATCH	33kg
Sylvia Klobucar	F87+	Mast 35-39	NSW	CJ	45kg
Sylvia Klobucar	F87+	Mast 35-39	NSW	TOTAL	78kg
Tyneesha Kerr	F64	Junior	NSW	SNATCH	57kg
Tyneesha Kerr	F64	U23	NSW	SNATCH	57kg

Personal Bests

Lifter	State	Lift	Previous PB	New PB	Increase
Alvin Tobias-Nool	NSW	SNATCH	75kg	80kg	5kg
Alvin Tobias-Nool	NSW	TOTAL	180kg	185kg	5kg
Brent Taylor	NSW	SNATCH	84kg	86kg	2kg
Brent Taylor	NSW	CJ	116kg	118kg	2kg
Brent Taylor	NSW	TOTAL	200kg	204kg	4kg
Charlotte Fladgate	NSW	SNATCH	58kg	59kg	1kg
Charlotte Fladgate	NSW	CJ	75kg	80kg	5kg
Charlotte Fladgate	NSW	TOTAL	133kg	139kg	6kg
Craig Edwards	QLD	CJ	117kg	120kg	3kg
Craig Edwards	QLD	TOTAL	210kg	220kg	10kg
Dan Mcgavern	NSW	SNATCH	102kg	105kg	3kg
Dan Mcgavern	NSW	TOTAL	232kg	233kg	1kg
Isabel Lorenzi	NSW	CJ	90kg	92kg	2kg
Kyle Bruce	NSW	SNATCH	123kg	125kg	2kg
Kyle Bruce	NSW	TOTAL	273kg	275kg	2kg
Mohammad Abr Poosh	NSW	SNATCH	45kg	75kg	30kg
Mohammad Abr Poosh	NSW	CJ	60kg	90kg	30kg
Mohammad Abr Poosh	NSW	TOTAL	105kg	165kg	60kg
Nelson Harris	NSW	SNATCH	86kg	95kg	9kg
Nelson Harris	NSW	CJ	113kg	120kg	7kg
Nelson Harris	NSW	TOTAL	198kg	215kg	17kg
Tyneesha Kerr	NSW	SNATCH	55kg	57kg	2kg