

Ralph Cashman Open Competition

Results Summary

03 Nov 2018

Hills Barbell Club



AUSTRALIAN WEIGHTLIFTING FEDERATION INC.

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Session 1

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	
F55													
Rabia Shahzad	SBC	1998	51.15	30	35	40	40	50	-57	40	50	90	1
F64													
Keely Barakat	SSS	1993	64.00	71	74	76	81	-85	-85	76	81	157	1
Verity Park	SBC	1992	63.80	58	-62	-64	75	-84	-84	58	75	133	2
Tyneesha Kerr	HIL	1998	63.15	52	53	58	65	70	75	58	75	133	3
F71													
Jarian Hogan	SSS	2002	70.85	61	64	67	80	84	-88	67	84	151	1
Vanessa Kerr	HIL	1980	69.75	58	63	-67	83	-90	-92	63	83	146	2
Cristina Capratsis	SBC	1966	68.95	35	-40	-40	45	45	50	35	50	85	3
F76													
Katrina Gini	SBC	1980	71.45	55	-64	63	75	80	-85	63	80	143	1
F81													
Emily Metcalf	HIL	1994	80.80	53	57	61	75	80	84	61	84	145	1
Ashlee Robertson	SBC	1986	80.50	45	50	-58	65	71	-75	50	71	121	2
Jodi Baker	SBC	1980	79.69	35	40	-44	45	-50	50	40	50	90	3
F87+													
Danica Hampton	OLY	1979	92.10	62	65	-68	80	-85	-85	65	80	145	1
Stephanie Scigala	HBC	2000	115.65	42	47	-54	62	67	71	47	71	118	2
Sylvia Klobucar	HIL	1982	121.65	25	30	35	45	49	52	35	52	87	3

Referees Matthew Tabar NSW (NAT) Leanne Springer NSW (INT I) Jacob Shneidman NSW (NAT)

Jury

Tech Controller

MC Linda Eades NSW (INT II) **Timekeeper** Ailsa Seaton NSW (STATE)

Marshall

Doctor

*State records can be claimed in this session. *National records can be claimed in this session.

Session 2

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	Sinclair
M55													
Max Mcgavern	HBC	2005	53.00	30	35	40	45	50	55	40	55	95	2
M61													
Joshua Doyle	SSS	2002	59.90	59	62	65	78	81	84	65	81	146	1
M73													
Isaac Searant	---	1995	71.25	105	110	113	125	130	134	110	130	240	1
Nelson Harris	HBC	2002	71.30	75	80	85	100	105	110	85	105	190	2
Bouachanh Thongvilu	RAW	1961	71.55	64	72	72	74	80	80	72	80	152	3
M81													
Yannick Mifsud	SBC	1989	73.75	100	110	116	125	131	135	110	131	241	1
Fabian Garcia	HIL	1979	77.50	75	84	83	95	100	100	75	95	170	2
M89													
Nicholas Stavroulakis	OLY	1996	87.80	110	115	120	140	154	151	120	140	260	1
Adrian Immarrata	SSS	1977	87.75	98	102	106	126	131	136	102	136	238	2
Andrew Stavroulakis	OLY	1967	86.35	71	75	80	102	108	110	80	110	190	3
Benjamin Di Donato	SSS	1988	88.05	77	84	81	95	100	105	81	100	181	4
M96													
Wayne Park	SBC	1987	91.25	80	90	92	105	110	120	80	110	190	2
Matthew Gibbons	SSS	1982	95.00	95	95	95	0	0	0	0	0	0	
M102													
Matthew Henry	SBC	1993	98.20	90	100	110	110	120	130	110	120	230	1
M109													
Nicholas Reissis	OLY	1970	106.40	70	75	80	80	80	80	80	80	160	3

Referees Jarian Hogan NSW (STATE) Peter Ticehurst NSW (NAT) Charles Quagliata NSW (INT II)

Jury

Tech Controller

MC Matthew Tabar NSW (NAT)

Timekeeper Joseph Campbell NSW (STATE)

Marshall

Doctor

*State records can be claimed in this session. *National records can be claimed in this session.

Sinclair Ranking

Men		
Rank	Name	Score
1	Isaac Searant	312.95
2	Yannick Mifsud	308.05
3	Nicholas Stavroulakis	304.10
4	Adrian Immarrata	278.44
5	Matthew Henry	256.77
6	Nelson Harris	247.65
7	Andrew Stavroulakis	223.92
8	Wayne Park	218.49
9	Joshua Doyle	212.94
10	Fabian Garcia	211.45
11	Benjamin Di Donato	211.43
12	Bouachanh Thongvilu	197.71
13	Nicholas Reissis	173.64
14	Max Mcgavern	151.73
15	Matthew Gibbons	0.00

Women		
Rank	Name	Score
1	Keely Barakat	203.82
2	Jarian Hogan	185.16
3	Vanessa Kerr	180.52
4	Katrina Gini	174.57
5	Tyneesha Kerr	174.06
6	Verity Park	172.99
7	Emily Metcalf	166.88
8	Danica Hampton	158.52
9	Ashlee Robertson	139.49
10	Rabia Shahzad	135.84
11	Stephanie Scigala	121.29
12	Cristina Capratsis	105.76
13	Jodi Baker	104.22
14	Sylvia Klobucar	88.63

Masters SMF Ranking

Men		
Rank	Name	SMF Score
1	Adrian Immarrata	323.54
2	Andrew Stavroulakis	294.68
3	Bouachanh Thongvilu	289.05
4	Fabian Garcia	240.00
5	Nicholas Reissis	219.31
6	Matthew Gibbons	0.00

Women		
Rank	Name	SMF Score
1	Vanessa Kerr	202.55
2	Katrina Gini	195.87
3	Danica Hampton	179.92
4	Cristina Capratsis	141.50
5	Jodi Baker	116.93
6	Sylvia Klobucar	97.14

Records Broken

Lifter	Bwt Cat	Age Group	Record Level	Record Type	New Record
Adrian Immarrata	M89	Mast 40-44	NSW	SNATCH	102kg
Adrian Immarrata	M89	Mast 40-44	AWF	SNATCH	102kg
Adrian Immarrata	M89	Mast 40-44	NSW	CJ	136kg
Adrian Immarrata	M89	Mast 40-44	AWF	CJ	136kg
Adrian Immarrata	M89	Mast 40-44	NSW	TOTAL	238kg
Adrian Immarrata	M89	Mast 40-44	AWF	TOTAL	238kg
Andrew Stavroulakis	M89	Mast 50-54	NSW	SNATCH	80kg
Andrew Stavroulakis	M89	Mast 50-54	NSW	CJ	110kg
Andrew Stavroulakis	M89	Mast 50-54	AWF	CJ	110kg
Andrew Stavroulakis	M89	Mast 50-54	NSW	TOTAL	190kg
Andrew Stavroulakis	M89	Mast 50-54	AWF	TOTAL	190kg
Bouachanh Thongvilu	M73	Mast 55-59	AWF	SNATCH	72kg
Bouachanh Thongvilu	M73	Mast 55-59	NSW	SNATCH	72kg
Bouachanh Thongvilu	M73	Mast 55-59	NSW	TOTAL	152kg
Bouachanh Thongvilu	M73	Mast 55-59	AWF	TOTAL	152kg
Cristina Capratsis	F71	Mast 50-54	NSW	SNATCH	35kg
Cristina Capratsis	F71	Mast 50-54	NSW	CJ	50kg
Cristina Capratsis	F71	Mast 50-54	NSW	TOTAL	85kg
Jarian Hogan	F71	Youth	AWF	SNATCH	67kg
Jarian Hogan	F71	Youth	NSW	SNATCH	67kg
Jarian Hogan	F71	Youth	AWF	CJ	84kg
Jarian Hogan	F71	Youth	NSW	CJ	84kg
Jarian Hogan	F71	Youth	AWF	TOTAL	151kg
Jarian Hogan	F71	Youth	NSW	TOTAL	151kg
Jodi Baker	F81	Mast 35-39	NSW	SNATCH	40kg
Jodi Baker	F81	Mast 35-39	NSW	CJ	50kg
Jodi Baker	F81	Mast 35-39	NSW	TOTAL	90kg
Joshua Doyle	M61	U23	NSW	SNATCH	65kg
Joshua Doyle	M61	U23	NSW	CJ	81kg
Joshua Doyle	M61	U23	NSW	TOTAL	146kg
Katrina Gini	F76	Mast 35-39	NSW	SNATCH	63kg
Katrina Gini	F76	Mast 35-39	NSW	CJ	80kg
Katrina Gini	F76	Mast 35-39	NSW	TOTAL	143kg
Keely Barakat	F64	Senior	NSW	SNATCH	76kg
Keely Barakat	F64	Senior	NSW	TOTAL	157kg
Max Mcgavern	M55	U23	NSW	SNATCH	40kg
Max Mcgavern	M55	U23	NSW	CJ	55kg
Max Mcgavern	M55	U23	NSW	TOTAL	95kg
Nicholas Reissis	M109	Mast 45-49	NSW	SNATCH	80kg

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Nicholas Reissis	M109	Mast 45-49	NSW	CJ	80kg
Nicholas Reissis	M109	Mast 45-49	NSW	TOTAL	160kg
Rabia Shahzad	F55	U23	NSW	SNATCH	40kg
Rabia Shahzad	F55	U23	NSW	CJ	50kg
Rabia Shahzad	F55	U23	NSW	TOTAL	90kg
Stephanie Scigala	F87+	U23	NSW	CJ	71kg
Tyneesha Kerr	F64	Junior	NSW	SNATCH	58kg
Tyneesha Kerr	F64	Junior	NSW	CJ	75kg
Tyneesha Kerr	F64	Junior	NSW	TOTAL	133kg
Vanessa Kerr	F71	Mast 35-39	NSW	SNATCH	63kg

Personal Bests

Lifter	State	Lift	Previous PB	New PB	Increase
Adrian Immarrata	NSW	CJ	135kg	136kg	1kg
Andrew Stavroulakis	NSW	CJ	107kg	110kg	3kg
Andrew Stavroulakis	NSW	TOTAL	188kg	190kg	2kg
Bouachanh Thongvilu	NSW	SNATCH	70kg	72kg	2kg
Danica Hampton	NSW	SNATCH	64kg	65kg	1kg
Danica Hampton	NSW	TOTAL	144kg	145kg	1kg
Emily Metcalf	NSW	SNATCH	53kg	61kg	8kg
Emily Metcalf	NSW	CJ	80kg	84kg	4kg
Emily Metcalf	NSW	TOTAL	133kg	145kg	12kg
Jarian Hogan	NSW	SNATCH	66kg	67kg	1kg
Jodi Baker	NSW	SNATCH	38kg	40kg	2kg
Jodi Baker	NSW	CJ	45kg	50kg	5kg
Jodi Baker	NSW	TOTAL	83kg	90kg	7kg
Joshua Doyle	NSW	SNATCH	59kg	65kg	6kg
Joshua Doyle	NSW	CJ	79kg	81kg	2kg
Joshua Doyle	NSW	TOTAL	138kg	146kg	8kg
Katrina Gini	NSW	SNATCH	60kg	63kg	3kg
Keely Barakat	NSW	SNATCH	75kg	76kg	1kg
Matthew Henry	NSW	SNATCH	108kg	110kg	2kg
Max Mcgavern	NSW	SNATCH	38kg	40kg	2kg
Max Mcgavern	NSW	CJ	52kg	55kg	3kg
Max Mcgavern	NSW	TOTAL	90kg	95kg	5kg
Stephanie Scigala	NSW	CJ	70kg	71kg	1kg
Sylvia Klobucar	NSW	SNATCH	33kg	35kg	2kg
Sylvia Klobucar	NSW	CJ	45kg	52kg	7kg
Sylvia Klobucar	NSW	TOTAL	78kg	87kg	9kg
Tyneesha Kerr	NSW	SNATCH	57kg	58kg	1kg
Tyneesha Kerr	NSW	CJ	72kg	75kg	3kg
Tyneesha Kerr	NSW	TOTAL	124kg	133kg	9kg
Vanessa Kerr	NSW	SNATCH	62kg	63kg	1kg
Verity Park	NSW	SNATCH	55kg	58kg	3kg
Verity Park	NSW	TOTAL	130kg	133kg	3kg