

Memorial Day Open Competition

Results Summary

24 Nov 2018

Hills Barbell Club



AUSTRALIAN WEIGHTLIFTING FEDERATION INC.

ABN 73 150 873 587

5 Kelly Rd, Spring Creek QLD 4343 AUSTRALIA

Tel: +61 7 5466 5295 Mob: +61 411 424 328

E-mail: office@awf.com.au

Internet: www.awf.com.au

Session 1

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	
F55													
Ailsa Seaton	HIL	1986	54.40	59	61	65	78	84	82	61	82	143	1
Katie Yilmaz	HBC	1992	50.65	42	46	54	55	60	65	46	60	106	2
F59													
Lady Seeto	SBC	1985	59.00	66	66	70	88	91	95	70	91	161	1
Carolyn Lacey	NOR	1980	55.25	45	48	54	56	60	65	48	65	113	2
Charlotte Fladgate	ATL	1995	58.35	54	56	56	0	0	0	0	0	0	0
F64													
Verity Park	SBC	1992	63.80	57	64	63	77	81	84	57	84	141	1
Tyneesha Kerr	HIL	1998	63.70	56	57	60	70	75	77	60	77	137	2
F71													
Vanessa Kerr	HIL	1980	69.50	60	65	74	85	90	90	65	85	150	1
Nicky Lucas	NOR	1992	66.95	45	48	50	54	58	61	48	61	109	2
Lisa Mcgavern	HBC	1969	69.40	30	35	40	50	54	56	40	56	96	3
Erika Grossi	LPC	1985	69.35	70	70	73	78	82	82	73	0	0	0

Referees Linda Eades NSW (INT II) Leanne Springer NSW (INT I) Peter Upham NSW (STATE)

Jury

Tech Controller

MC John Zelenjak NSW (NAT) **Timekeeper** Alvin Salalia

Marshall **Doctor**

*State records can be claimed in this session. *National records can be claimed in this session.

Session 2

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	Sinclair
M73													
Yannick Mifsud	SBC	1989	72.60	110	446 118	118	130 130	435 118	130	118	130	248	1
Gordon Fu	BUR	1997	71.35	90	95	100	105	110	445 100	100	110	210	2
Ruben Monteiro	LPC	1989	71.30	83 83	83 83	83	105	408 110	83	110	110	193	3
Simon Ngo	BUR	1992	72.20	75	81	83 100	105	110	81	110	110	191	4
Oliver Lockyer	BUR	1994	73.00	70	77	84 100	405 107	107	77	107	107	184	5
Bouachanh Thongvilu	RAW	1961	72.50	66	74 74	74	76	80	85 74	74	80	154	6
M81													
Haiyang (Kenn)	TWT	1983	74.30	118	423 125	125	150	157	162	125	162	287	1
Leo Manny	BUR	1993	80.70	110	115	120 135	135 136	140	115	140	140	255	2
Andrew Rajeevan	RAW	1991	78.55	105	409 109	109	127	432 435	109	127	127	236	3
Jake Sbroja	Nomad	1996	80.55	95 95	95	100	120	125	130	100	130	230	4
Ricky Huang	BUR	2001	77.85	90	95	100 115	120	425 95	120	95	120	215	5
Ricardo Rojas-Terry	Nomad	1997	75.90	70	75	80	100	105	110	80	110	190	6
Alvin Tobias-Nool	NIR	1997	80.35	75	80 82	82	100	106	440 82	106	106	188	7
Fabian Garcia	HIL	1979	78.20	75	80 80	80	95	100	405 80	100	100	180	8
Victor Wollny	BUR	1986	80.10	70	74	77 90	90 90	95	74	95	95	169	9

Referees Jacob Shneidman NSW (NAT) Peter Ticehurst NSW (NAT) Lisa Mcgavern NSW (STATE)

Jury

Tech Controller

MC Chris Michaelopoulos NSW (INT I) **Timekeeper** Ailsa Seaton NSW (STATE)

Marshall

Doctor

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Session 3

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	Sinclair
F81													
Emily Metcalf	HIL	1994	80.20	55	60	62	80	85	89	55	85	140	1
F87													
Dimitra	TWT	1984	86.00	75	78	78	96	101	101	75	96	171	1
Ashlee Robertson	SBC	1986	83.65	50	55	58	68	72	76	55	76	131	2
Emma Wilson	HBC	1988	83.10	47	52	56	67	71	75	52	71	123	3
Cherina Rajeevan	RAW	1970	86.75	30	33	37	33	40	46	33	46	79	4
F87+													
Najat Khoury	TWT	1982	137.90	52	56	58	78	83	88	58	88	146	1
Samantha Doyle	NOR	1989	106.55	48	51	55	70	75	78	51	78	129	2
Stephanie Scigala	HBC	2000	116.20	50	50	54	67	71	75	54	71	125	3
Mary Bowie	LPC	1969	98.75	50	53	55	63	67	71	55	67	122	4
Sylvia Klobucar	HIL	1982	121.30	35	39	39	48	53	56	35	56	91	5
Baley Yim	RAW	1983	102.00	21	24	27	33	36	40	27	40	67	6

Referees Coral Fernandez NSW (STATE) Leanne Springer NSW (INT I) Mary Macken NSW (INT I)

Jury

Tech Controller

MC John Zelenjak NSW (NAT) **Timekeeper** Dan Mcgavern NSW (STATE)

Marshall

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Session 4

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	Sinclair
M55													
Max Mcgavern	HBC	2005	53.35	36	41	44	51	56	-61	44	56	100	1
Deacon Mercieca	SBC	2006	39.25	30	35	-40	43	48	-52	35	48	83	2
M89													
Vu Tran	365	1985	86.40	105	110	112	130	135	140	112	140	252	1
Alex Quan	BUR	1993	87.50	75	-80	81	100	105	-110	81	105	186	2
Bryn Morgan	NOR	1996	84.60	68	-73	74	88	88	-100	74	88	162	3
Peter Ticehurst	RAW	1962	88.05	45	45	54	70	-75	77	54	77	131	4
M96													
Luke Fulham	ATL	1992	94.85	105	115	0	145	0	0	115	145	260	1
Wayne Park	SBC	1987	90.95	83	83	90	110	115	-115	90	110	200	2
Sina Sobhanei	ZWC	1993	94.45	95	100	100	125	125	-130	100	0	0	
M102													
Matthew Henry	SBC	1993	97.20	100	108	112	115	120	130	100	130	230	1
Edward Mandla	TWT	1963	100.50	75	-80	80	103	108	108	80	108	188	2
M109+													
Haroon Shukat	BUR	1988	117.75	145	150	153	175	180	183	153	183	336	1
Orion Walsh	HBC	1999	151.90	100	105	110	120	128	138	110	138	248	2
Mohammad Abr	ZWC	2001	119.95	72	-77	77	90	90	95	77	95	172	3

Referees Steven Reitano NSW (STATE) John Zelenjak NSW (NAT) Mary Macken NSW (INT I)

Jury

Tech Controller

MC Chris Michaelopoulos NSW (INT I) **Timekeeper** Jarian Hogan NSW (STATE)

Marshall

Doctor

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Sinclair Ranking

Men		
Rank	Name	Score
1	Haiyang (Kenn) Zhang	365.32
2	Haroon Shukat	353.94
3	Yannick Mifsud	319.86
4	Leo Manny	310.56
5	Vu Tran	296.92
6	Luke Fulham	294.23
7	Andrew Rajeevan	291.46
8	Jake Sbroja	280.38
9	Gordon Fu	273.60
10	Ricky Huang	266.78
11	Matthew Henry	257.78
12	Ruben Monteiro	251.56
13	Orion Walsh	249.70
14	Simon Ngo	247.13
15	Ricardo Rojas-Terry	239.01
16	Oliver Lockyer	236.57
17	Wayne Park	230.31
18	Alvin Tobias-Nool	229.47
19	Fabian Garcia	222.82
20	Alex Quan	217.88
21	Edward Mandla	208.09
22	Victor Wollny	206.61
23	Bouachanh Thongvilu	198.78
24	Bryn Morgan	192.77
25	Mohammad Abr Poosh	180.33
26	Deacon Mercieca	172.67
27	Max Mcgavern	158.90
28	Peter Ticehurst	153.02
29	Sina Sobhanei	0.00

Women		
Rank	Name	Score
1	Lady Seeto	219.90
2	Ailsa Seaton	206.38
3	Dimitra Tsiliaskopoulos	191.76
4	Vanessa Kerr	185.83
5	Verity Park	183.39
6	Tyneesha Kerr	178.36
7	Emily Metcalf	161.66
8	Carolyn Lacey	161.32
9	Katie Yilmaz	161.18
10	Ashlee Robertson	148.56
11	Najat Khoury	146.58
12	Emma Wilson	139.87
13	Nicky Lucas	137.85
14	Samantha Doyle	135.02
15	Mary Bowie	130.39
16	Stephanie Scigala	128.37
17	Lisa Mcgavern	119.02
18	Sylvia Klobucar	92.75
19	Cherina Rajeevan	88.29
20	Baley Yim	70.94
21	Erika Grossi	0.00
22	Charlotte Fladgate	0.00

Masters SMF Ranking

Men		
Rank	Name	SMF Score
1	Haiyang (Kenn) Zhang	395.64
2	Edward Mandla	293.61
3	Bouachanh Thongvilu	290.62
4	Fabian Garcia	252.91
5	Peter Ticehurst	219.89

Women		
Rank	Name	SMF Score
1	Vanessa Kerr	208.50
2	Carolyn Lacey	181.00
3	Mary Bowie	166.77
4	Najat Khoury	160.65
5	Lisa Mcgavern	152.23
6	Cherina Rajeevan	111.51
7	Sylvia Klobucar	101.65
8	Baley Yim	76.83
9	Dimitra Tsiliaskopoulos	0.00

Records Broken

Lifter	Bwt Cat	Age Group	Record Level	Record Type	New Record
Ailsa Seaton	F55	Senior	NSW	CJ	82kg
Bouachanh Thongvilu	M73	Mast 55-59	AWF	SNATCH	74kg
Bouachanh Thongvilu	M73	Mast 55-59	NSW	SNATCH	74kg
Bouachanh Thongvilu	M73	Mast 55-59	AWF	TOTAL	154kg
Bouachanh Thongvilu	M73	Mast 55-59	NSW	TOTAL	154kg
Carolyn Lacey	F59	Mast 35-39	NSW	SNATCH	48kg
Carolyn Lacey	F59	Mast 35-39	NSW	CJ	65kg
Carolyn Lacey	F59	Mast 35-39	NSW	TOTAL	113kg
Cherina Rajeevan	F87	Mast 45-49	NSW	CJ	46kg
Cherina Rajeevan	F87	Mast 45-49	NSW	TOTAL	79kg
Edward Mandla	M102	Mast 55-59	NSW	SNATCH	80kg
Edward Mandla	M102	Mast 55-59	AWF	SNATCH	80kg
Edward Mandla	M102	Mast 55-59	NSW	CJ	108kg
Edward Mandla	M102	Mast 55-59	AWF	CJ	108kg
Edward Mandla	M102	Mast 55-59	NSW	TOTAL	188kg
Edward Mandla	M102	Mast 55-59	AWF	TOTAL	188kg
Gordon Fu	M73	U23	NSW	SNATCH	100kg
Haiyang (Kenn) Zhang	M81	Mast 35-39	NSW	SNATCH	125kg
Haiyang (Kenn) Zhang	M81	Senior	NSW	SNATCH	125kg
Haiyang (Kenn) Zhang	M81	Mast 35-39	AWF	SNATCH	125kg
Haiyang (Kenn) Zhang	M81	Mast 35-39	NSW	CJ	162kg
Haiyang (Kenn) Zhang	M81	Senior	NSW	CJ	162kg
Haiyang (Kenn) Zhang	M81	Mast 35-39	AWF	CJ	162kg
Haiyang (Kenn) Zhang	M81	Senior	AWF	CJ	162kg
Haiyang (Kenn) Zhang	M81	Mast 35-39	NSW	TOTAL	287kg
Haiyang (Kenn) Zhang	M81	Senior	NSW	TOTAL	287kg
Haiyang (Kenn) Zhang	M81	Mast 35-39	AWF	TOTAL	287kg
Haroon Shukat	M109+	Senior	AWF	SNATCH	153kg
Haroon Shukat	M109+	Senior	NSW	SNATCH	153kg
Haroon Shukat	M109+	Senior	NSW	CJ	183kg
Haroon Shukat	M109+	Senior	AWF	CJ	183kg
Haroon Shukat	M109+	Senior	NSW	TOTAL	336kg
Haroon Shukat	M109+	Senior	AWF	TOTAL	336kg
Jake Sbroja	M81	Senior	ACT	SNATCH	100kg
Jake Sbroja	M81	U23	ACT	SNATCH	100kg
Jake Sbroja	M81	Senior	ACT	CJ	130kg
Jake Sbroja	M81	U23	ACT	CJ	130kg
Jake Sbroja	M81	Senior	ACT	TOTAL	230kg
Jake Sbroja	M81	U23	ACT	TOTAL	230kg

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Lady Seeto	F59	Senior	NSW	SNATCH	70kg
Lady Seeto	F59	Senior	NSW	CJ	91kg
Lady Seeto	F59	Senior	NSW	TOTAL	161kg
Lisa Mcgavern	F71	Mast 45-49	NSW	SNATCH	40kg
Lisa Mcgavern	F71	Mast 45-49	NSW	CJ	56kg
Lisa Mcgavern	F71	Mast 45-49	NSW	TOTAL	96kg
Mary Bowie	F87+	Mast 45-49	NSW	SNATCH	55kg
Mary Bowie	F87+	Mast 45-49	NSW	CJ	67kg
Mary Bowie	F87+	Mast 45-49	NSW	TOTAL	122kg
Max Mcgavern	M55	U23	NSW	SNATCH	44kg
Max Mcgavern	M55	U23	NSW	CJ	56kg
Max Mcgavern	M55	U23	NSW	TOTAL	100kg
Najat Khoury	F87+	Mast 35-39	NSW	SNATCH	58kg
Najat Khoury	F87+	Mast 35-39	NSW	CJ	88kg
Najat Khoury	F87+	Mast 35-39	NSW	TOTAL	146kg
Peter Ticehurst	M89	Mast 55-59	NSW	SNATCH	54kg
Peter Ticehurst	M89	Mast 55-59	NSW	CJ	77kg
Peter Ticehurst	M89	Mast 55-59	NSW	TOTAL	131kg
Ricardo Rojas-Terry	M81	Senior	ACT	SNATCH	80kg
Ricardo Rojas-Terry	M81	U23	ACT	SNATCH	80kg
Ricardo Rojas-Terry	M81	Senior	ACT	CJ	110kg
Ricardo Rojas-Terry	M81	U23	ACT	CJ	110kg
Ricardo Rojas-Terry	M81	Senior	ACT	TOTAL	190kg
Ricardo Rojas-Terry	M81	U23	ACT	TOTAL	190kg
Ricky Huang	M81	Youth	NSW	SNATCH	95kg
Ricky Huang	M81	Youth	NSW	CJ	120kg
Ricky Huang	M81	Youth	NSW	TOTAL	215kg
Stephanie Scigala	F87+	U23	NSW	SNATCH	54kg
Stephanie Scigala	F87+	U23	NSW	TOTAL	125kg
Tyneesha Kerr	F64	Junior	NSW	SNATCH	60kg
Tyneesha Kerr	F64	U23	NSW	SNATCH	60kg
Tyneesha Kerr	F64	Junior	NSW	CJ	77kg
Tyneesha Kerr	F64	Junior	NSW	TOTAL	137kg
Vanessa Kerr	F71	Mast 35-39	NSW	SNATCH	65kg
Vanessa Kerr	F71	Mast 35-39	NSW	TOTAL	150kg

Personal Bests

Lifter	State	Lift	Previous PB	New PB	Increase
Ailsa Seaton	NSW	CJ	80kg	82kg	2kg
Alex Quan	NSW	SNATCH	80kg	81kg	1kg
Alex Quan	NSW	CJ	101kg	105kg	4kg
Alex Quan	NSW	TOTAL	181kg	186kg	5kg
Alvin Tobias-Nool	NSW	SNATCH	80kg	82kg	2kg
Alvin Tobias-Nool	NSW	CJ	105kg	106kg	1kg
Alvin Tobias-Nool	NSW	TOTAL	185kg	188kg	3kg
Ashlee Robertson	NSW	SNATCH	50kg	55kg	5kg
Ashlee Robertson	NSW	CJ	71kg	76kg	5kg
Ashlee Robertson	NSW	TOTAL	121kg	131kg	10kg
Bouachanh Thongvilu	NSW	SNATCH	72kg	74kg	2kg
Cherina Rajeevan	NSW	CJ	45kg	46kg	1kg
Cherina Rajeevan	NSW	TOTAL	75kg	79kg	4kg
Deacon Mercieca	NSW	CJ	47kg	48kg	1kg
Emily Metcalf	NSW	CJ	84kg	85kg	1kg
Erika Grossi	NSW	SNATCH	72kg	73kg	1kg
Gordon Fu	NSW	SNATCH	90kg	100kg	10kg
Gordon Fu	NSW	TOTAL	200kg	210kg	10kg
Haiyang (Kenn) Zhang	NSW	CJ	161kg	162kg	1kg
Haroon Shukat	NSW	SNATCH	148kg	153kg	5kg
Haroon Shukat	NSW	CJ	180kg	183kg	3kg
Haroon Shukat	NSW	TOTAL	325kg	336kg	11kg
Jake Sbroja	ACT	SNATCH	97kg	100kg	3kg
Jake Sbroja	ACT	CJ	125kg	130kg	5kg
Jake Sbroja	ACT	TOTAL	222kg	230kg	8kg
Lady Seeto	NSW	CJ	90kg	91kg	1kg
Leo Manny	NSW	TOTAL	252kg	255kg	3kg
Mary Bowie	NSW	SNATCH	53kg	55kg	2kg
Matthew Henry	NSW	CJ	126kg	130kg	4kg
Max Mcgavern	NSW	SNATCH	40kg	44kg	4kg
Max Mcgavern	NSW	CJ	55kg	56kg	1kg
Max Mcgavern	NSW	TOTAL	95kg	100kg	5kg
Mohammad Abr Poosh	NSW	SNATCH	75kg	77kg	2kg
Mohammad Abr Poosh	NSW	CJ	90kg	95kg	5kg
Mohammad Abr Poosh	NSW	TOTAL	165kg	172kg	7kg
Najat Khoury	NSW	SNATCH	55kg	58kg	3kg
Najat Khoury	NSW	CJ	80kg	88kg	8kg

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Najat Khoury	NSW	TOTAL	135kg	146kg	11kg
Peter Ticehurst	NSW	SNATCH	53kg	54kg	1kg
Peter Ticehurst	NSW	CJ	76kg	77kg	1kg
Peter Ticehurst	NSW	TOTAL	128kg	131kg	3kg
Ricardo Rojas-Terry	ACT	SNATCH	70kg	80kg	10kg
Ricardo Rojas-Terry	ACT	CJ	95kg	110kg	15kg
Ricardo Rojas-Terry	ACT	TOTAL	165kg	190kg	25kg
Ricky Huang	NSW	SNATCH	93kg	95kg	2kg
Ricky Huang	NSW	CJ	117kg	120kg	3kg
Ricky Huang	NSW	TOTAL	210kg	215kg	5kg
Ruben Monteiro	NSW	CJ	108kg	110kg	2kg
Simon Ngo	NSW	CJ	103kg	110kg	7kg
Simon Ngo	NSW	TOTAL	188kg	191kg	3kg
Sina Sobhanei	NSW	SNATCH	87kg	100kg	13kg
Stephanie Scigala	NSW	SNATCH	50kg	54kg	4kg
Stephanie Scigala	NSW	TOTAL	120kg	125kg	5kg
Sylvia Klobucar	NSW	CJ	52kg	56kg	4kg
Sylvia Klobucar	NSW	TOTAL	87kg	91kg	4kg
Tyneesha Kerr	NSW	SNATCH	58kg	60kg	2kg
Tyneesha Kerr	NSW	CJ	75kg	77kg	2kg
Tyneesha Kerr	NSW	TOTAL	133kg	137kg	4kg
Vanessa Kerr	NSW	SNATCH	63kg	65kg	2kg
Vanessa Kerr	NSW	TOTAL	149kg	150kg	1kg
Verity Park	NSW	CJ	75kg	84kg	9kg
Verity Park	NSW	TOTAL	133kg	141kg	8kg
Victor Wollny	NSW	SNATCH	65kg	74kg	9kg
Victor Wollny	NSW	CJ	85kg	95kg	10kg
Victor Wollny	NSW	TOTAL	150kg	169kg	19kg
Vu Tran	NSW	SNATCH	110kg	112kg	2kg
Vu Tran	NSW	CJ	132kg	140kg	8kg
Vu Tran	NSW	TOTAL	242kg	252kg	10kg
Yannick Mifsud	NSW	SNATCH	115kg	118kg	3kg