

Shred Barbell Open Competition

Results Summary

09 Dec 2018

Shred Barbell Club



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Session 1

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	
F55													
Carolyn Lacey	NOR	1980	54.30	46	49	52	59	64	67	52	67	119	5
F59													
Zofia Szymanski	RAW	1988	57.90	52	54	54	64	67	67	52	64	116	6
F64													
Elena Macnamara	SBC	1967	63.50	30	34	34	40	45	47	34	40	74	11
F71													
Jarian Hogan	SSS	2002	70.40	63	66	68	83	87	0	68	87	155	1
Katrina Gini	SBC	1980	69.70	55	60	64	75	80	85	60	80	140	3
Dakota Pham	365	1993	67.10	45	48	51	55	60	65	51	65	116	7
F76													
Coral Fernandez	HIL	1965	74.10	33	36	38	44	48	48	36	48	84	9
F87													
Ashlee Robertson	SBC	1986	84.20	50	56	57	74	74	77	57	74	131	4
Evarina Cook	PBC	2006	86.50	38	42	45	45	50	54	45	54	99	8
Cherina Rajeevan	RAW	1970	86.40	28	30	36	40	44	47	30	44	74	12
F87+													
Nikora Tuulau	PBC	1983	106.70	62	66	70	80	86	92	66	86	152	2
Baley Yim	RAW	1983	101.60	25	28	30	40	42	46	30	46	76	10

Referees Linda Eades NSW (INT II) Joshua Wu NSW (STATE) John Zelenjak NSW (NAT)

Jury

Tech Controller

MC Linda Eades NSW (INT II) **Timekeeper** Linda Eades NSW (INT II)

Marshall **Doctor**

*State records can be claimed in this session. *National records can be claimed in this session.

Session 2

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	Sinclair
M55													
Deacon Mercieca	SBC	2006	39.10	33	36	-40	45	48	-51	36	48	84	13
M61													
Joshua Doyle	SSS	2002	59.50	62	-65	66	79	83	-86	66	83	149	12
M73													
Bouachanh Thongvilu	RAW	1961	72.20	68	-74	-74	80	86	-88	68	86	154	11
M89													
Nathan Zanella	PBC	1991	88.80	92	96	100	120	125	130	100	130	230	3
Corey Hele	SBC	1989	87.10	92	-97	100	120	125	131	92	131	223	4
Andrew Stavroulakis	OLY	1967	86.50	82	84	-86	107	111	-115	84	111	195	7
M96													
Adrian Carey	RAW	1989	93.20	95	95	100	125	130	143	100	143	243	1
Steve Tague	LPC	1969	92.10	95	100	100	110	115	120	100	120	220	5
Simon Callander	IWB	1983	92.10	70	78	85	100	110	-121	85	110	195	6
Wayne Park	SBC	1987	91.30	80	-90	-92	105	110	110	80	110	190	8
M102													
Matthew Henry	SBC	1993	99.50	100	105	108	120	125	131	108	131	239	2
Joseph Hickman	RAW	1992	100.70	80	-85	85	90	95	100	85	100	185	9
M109													
Nicholas Reissis	OLY	1970	107.10	75	80	-85	82	85	90	80	90	170	10

Referees Kurt Rich NSW (STATE) John Zelenjak NSW (NAT) Charles Quagliata NSW (INT II)

Jury

Tech Controller

MC John Zelenjak NSW (NAT) **Timekeeper** John Zelenjak NSW (NAT)

Marshall **Doctor**

*State records can be claimed in this session. *National records can be claimed in this session.

Sinclair Ranking

Men		
Rank	Name	Score
1	Adrian Carey	276.96
2	Nathan Zanella	267.64
3	Matthew Henry	265.51
4	Corey Hele	261.77
5	Steve Tague	251.99
6	Andrew Stavroulakis	229.63
7	Simon Callander	223.36
8	Wayne Park	218.44
9	Joshua Doyle	218.34
10	Joseph Hickman	204.62
11	Bouachanh Thongvilu	199.26
12	Nicholas Reissis	184.10
13	Deacon Mercieca	175.41

Women		
Rank	Name	Score
1	Jarian Hogan	190.70
2	Katrina Gini	173.17
3	Carolyn Lacey	171.96
4	Zofia Szymanski	160.41
5	Nikora Tuulau	159.04
6	Ashlee Robertson	148.16
7	Dakota Pham	146.52
8	Evarina Cook	110.77
9	Coral Fernandez	100.66
10	Elena Macnamara	96.52
11	Cherina Rajeevan	82.83
12	Baley Yim	80.56

Masters SMF Ranking

Men		
Rank	Name	SMF Score
1	Steve Tague	322.30
2	Andrew Stavroulakis	302.20
3	Bouachanh Thongvilu	291.32
4	Simon Callander	241.90
5	Nicholas Reissis	232.52

Women		
Rank	Name	SMF Score
1	Katrina Gini	194.30
2	Carolyn Lacey	192.94
3	Nikora Tuulau	172.24
4	Coral Fernandez	137.00
5	Elena Macnamara	127.02
6	Cherina Rajeevan	104.62
7	Baley Yim	87.24

Records Broken

Lifter	Bwt Cat	Age Group	Record Level	Record Type	New Record
Andrew Stavroulakis	M89	Mast 50-54	NSW	SNATCH	84kg
Andrew Stavroulakis	M89	Mast 50-54	AWF	SNATCH	84kg
Andrew Stavroulakis	M89	Mast 50-54	AWF	CJ	111kg
Andrew Stavroulakis	M89	Mast 50-54	NSW	CJ	111kg
Andrew Stavroulakis	M89	Mast 50-54	AWF	TOTAL	195kg
Andrew Stavroulakis	M89	Mast 50-54	NSW	TOTAL	195kg
Bouachanh Thongvilu	M73	Mast 55-59	NSW	CJ	86kg
Bouachanh Thongvilu	M73	Mast 55-59	AWF	CJ	86kg
Carolyn Lacey	F55	Mast 35-39	NSW	SNATCH	52kg
Carolyn Lacey	F55	Mast 35-39	NSW	CJ	67kg
Carolyn Lacey	F55	Mast 35-39	NSW	TOTAL	119kg
Coral Fernandez	F76	Mast 50-54	NSW	SNATCH	36kg
Coral Fernandez	F76	Mast 50-54	NSW	CJ	48kg
Coral Fernandez	F76	Mast 50-54	NSW	TOTAL	84kg
Elena Macnamara	F64	Mast 50-54	NSW	SNATCH	34kg
Elena Macnamara	F64	Mast 50-54	NSW	CJ	40kg
Elena Macnamara	F64	Mast 50-54	NSW	TOTAL	74kg
Evarina Cook	F87	U23	NSW	SNATCH	45kg
Evarina Cook	F87	U23	NSW	CJ	54kg
Evarina Cook	F87	U23	NSW	TOTAL	99kg
Jarian Hogan	F71	Youth	AWF	SNATCH	68kg
Jarian Hogan	F71	Youth	NSW	SNATCH	68kg
Jarian Hogan	F71	Youth	AWF	CJ	87kg
Jarian Hogan	F71	Youth	NSW	CJ	87kg
Jarian Hogan	F71	Youth	AWF	TOTAL	155kg
Jarian Hogan	F71	Youth	NSW	TOTAL	155kg
Joshua Doyle	M61	U23	NSW	SNATCH	66kg
Joshua Doyle	M61	U23	NSW	CJ	83kg
Joshua Doyle	M61	U23	NSW	TOTAL	149kg
Nicholas Reissis	M109	Mast 45-49	NSW	CJ	90kg
Nicholas Reissis	M109	Mast 45-49	NSW	TOTAL	170kg
Nikora Tuulau	F87+	Mast 35-39	NSW	SNATCH	66kg
Nikora Tuulau	F87+	Mast 35-39	NSW	TOTAL	152kg
Simon Callander	M96	Mast 35-39	NSW	SNATCH	85kg
Simon Callander	M96	Mast 35-39	NSW	CJ	110kg
Simon Callander	M96	Mast 35-39	NSW	TOTAL	195kg
Steve Tague	M96	Mast 45-49	NSW	SNATCH	100kg
Steve Tague	M96	Mast 45-49	AWF	SNATCH	100kg
Steve Tague	M96	Mast 45-49	NSW	CJ	120kg

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Steve Tague	M96	Mast 45-49	AWF	CJ	120kg
Steve Tague	M96	Mast 45-49	NSW	TOTAL	220kg
Steve Tague	M96	Mast 45-49	AWF	TOTAL	220kg

Personal Bests

Lifter	State	Lift	Previous PB	New PB	Increase
Andrew Stavroulakis	NSW	SNATCH	83kg	84kg	1kg
Andrew Stavroulakis	NSW	CJ	110kg	111kg	1kg
Andrew Stavroulakis	NSW	TOTAL	190kg	195kg	5kg
Ashlee Robertson	NSW	SNATCH	55kg	57kg	2kg
Baley Yim	NSW	SNATCH	27kg	30kg	3kg
Baley Yim	NSW	CJ	40kg	46kg	6kg
Baley Yim	NSW	TOTAL	67kg	76kg	9kg
Carolyn Lacey	NSW	SNATCH	48kg	52kg	4kg
Carolyn Lacey	NSW	CJ	65kg	67kg	2kg
Carolyn Lacey	NSW	TOTAL	113kg	119kg	6kg
Corey Hele	NSW	CJ	130kg	131kg	1kg
Dakota Pham	NSW	SNATCH	49kg	51kg	2kg
Dakota Pham	NSW	CJ	63kg	65kg	2kg
Dakota Pham	NSW	TOTAL	112kg	116kg	4kg
Deacon Mercieca	NSW	TOTAL	83kg	84kg	1kg
Evarina Cook	NSW	SNATCH	43kg	45kg	2kg
Evarina Cook	NSW	CJ	52kg	54kg	2kg
Evarina Cook	NSW	TOTAL	95kg	99kg	4kg
Jarian Hogan	NSW	SNATCH	67kg	68kg	1kg
Jarian Hogan	NSW	CJ	86kg	87kg	1kg
Jarian Hogan	NSW	TOTAL	152kg	155kg	3kg
Joseph Hickman	NSW	SNATCH	75kg	85kg	10kg
Joseph Hickman	NSW	CJ	85kg	100kg	15kg
Joseph Hickman	NSW	TOTAL	160kg	185kg	25kg
Joshua Doyle	NSW	SNATCH	65kg	66kg	1kg
Joshua Doyle	NSW	CJ	81kg	83kg	2kg
Joshua Doyle	NSW	TOTAL	146kg	149kg	3kg
Matthew Henry	NSW	CJ	130kg	131kg	1kg
Matthew Henry	NSW	TOTAL	234kg	239kg	5kg
Nicholas Reissis	NSW	CJ	80kg	90kg	10kg
Nicholas Reissis	NSW	TOTAL	160kg	170kg	10kg
Nikora Tuulau	NSW	SNATCH	64kg	66kg	2kg