

Open Club Comp #2

Results Summary

16 Mar 2019

CrossFit SFS



AUSTRALIAN WEIGHTLIFTING FEDERATION INC.
ABN 73 150 873 587
5 Kelly Rd, Spring Creek QLD 4343 AUSTRALIA
Tel: +61 7 5466 5295 Mob: +61 411 424 328
E-mail: office@awf.com.au
Internet: www.awf.com.au

Session 1

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	
F55													
Parichart	UBWL	1992	52.02	45	48	52	53	55	60	52	60	112	2
Caitlin Fitzgerald	CFCBR	2005	50.06	25	31	35	40	45	47	31	45	76	9
F59													
Lilliane Ho	UBWL	1990	55.74	36	38	40	40	42	45	36	42	78	7
F71													
Clare Carey	SWC	1987	70.20	58	61	64	80	83	86	64	83	147	1
Shae Grabham	TFW	2000	68.46	35	37	41	55	58	61	41	61	102	3
Kathleen Webster	UBWL	1981	68.34	40	42	45	51	53	56	45	53	98	4
Penelope Hatfield	SWC	1974	69.28	25	0	0	25	0	0	25	25	50	10
F81													
Daniela Cihalova	TFW	1987	77.34	35	38	41	43	47	49	41	49	90	5
F87													
Rachel Brown	PTC	1971	85.72	30	35	35	45	52	58	30	52	82	6
F87+													
Joanna Kellalea	Nomad	1981	102.94	28	32	36	38	42	46	32	46	78	8

Referees Sean Teasdale ACT (STATE) Jia Lee ACT (STATE) Kerryn Dawson ACT (STATE)

Jury

Tech Controller Nicolas Warren NSW (STATE)

MC Cian Grey

Timekeeper

Marshall John Preston ACT (NAT)

Doctor

*State records can be claimed in this session. *National records cannot be claimed in this session.

Session 2

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	Sinclair
M67													
Jude Luzuriaga	UBWL	1989	64.90	53	56	60	63	67	70	60	70	130	10
M81													
Sean Teasdale	H&T	1989	80.40	98	105	105	120	124	130	98	124	222	4
Ricardo Rojas-Terry	Nomad	1997	75.70	84	88	88	115	120	120	88	120	208	6
Damien Hickman	Nomad	1972	75.70	66	70	72	86	90	90	72	90	162	8
Daniel Hutley	PTC	1979	77.10	55	65	70	80	90	90	65	90	155	9
M89													
Mark Muir	H&T	1979	88.50	93	96	98	130	134	137	96	134	230	3
M96													
Matthew Reynolds	Nomad	1997	93.60	100	115	120	130	140	150	120	140	260	1
Ian Grabham	TFW	1978	91.60	95	98	102	115	124	125	95	125	220	5
Gerard Longley	SWC	1969	92.30	45	50	53	55	60	63	53	63	116	11
M102													
Nicolas Warren	Nomad	1985	97.20	100	105	108	125	131	135	105	131	236	2
Tim Corby	H&T	1981	98.10	87	92	92	110	115	120	92	115	207	7
M109													
John Reynolds	Nomad	1944	103.40	44	45	46	58	61	63	46	61	107	12

Referees Clare Carey ACT (STATE) Kerryn Dawson ACT (STATE) John Preston ACT (NAT)

Jury

Tech Controller Annie Ngan

MC Cian Grey

Timekeeper

Marshall

Doctor

*State records can be claimed in this session. *National records cannot be claimed in this session.

Sinclair Ranking

Men		
Rank	Name	Score
1	Matthew Reynolds	295.82
2	Sean Teasdale	270.89
3	Mark Muir	268.05
4	Nicolas Warren	264.51
5	Ricardo Rojas-Terry	262.03
6	Ian Grabham	252.58
7	Tim Corby	231.19
8	Damien Hickman	204.08
9	Daniel Hutley	193.33
10	Jude Luzuriaga	179.60
11	Gerard Longley	132.75
12	John Reynolds	117.24

Women		
Rank	Name	Score
1	Clare Carey	181.13
2	Parichart Chantarasenanon	166.94
3	Shae Grabham	127.41
4	Kathleen Webster	122.53
5	Caitlin Fitzgerald	116.59
6	Lilliane Ho	110.67
7	Daniela Cihalova	105.65
8	Rachel Brown	92.08
9	Joanna Kellalea	82.38
10	Penelope Hatfield	62.05

Masters SMF Ranking

Men		
Rank	Name	SMF Score
1	Mark Muir	304.24
2	Ian Grabham	290.21
3	Tim Corby	256.39
4	Damien Hickman	251.63
5	John Reynolds	248.20
6	Daniel Hutley	219.43
7	Gerard Longley	169.78

Women		
Rank	Name	SMF Score
1	Kathleen Webster	135.88
2	Rachel Brown	114.91
3	Joanna Kellalea	91.36
4	Penelope Hatfield	74.64

Records Broken

Lifter	Bwt Cat	Age Group	Record Level	Record Type	New Record
Caitlin Fitzgerald	F55	Under 15	ACT	SNATCH	31kg
Caitlin Fitzgerald	F55	Youth	ACT	SNATCH	31kg
Caitlin Fitzgerald	F55	Junior	ACT	SNATCH	31kg
Caitlin Fitzgerald	F55	U23	ACT	SNATCH	31kg
Caitlin Fitzgerald	F55	Under 15	ACT	CJ	45kg
Caitlin Fitzgerald	F55	Youth	ACT	CJ	45kg
Caitlin Fitzgerald	F55	Junior	ACT	CJ	45kg
Caitlin Fitzgerald	F55	U23	ACT	CJ	45kg
Caitlin Fitzgerald	F55	Under 15	ACT	TOTAL	76kg
Caitlin Fitzgerald	F55	Youth	ACT	TOTAL	76kg
Caitlin Fitzgerald	F55	Junior	ACT	TOTAL	76kg
Caitlin Fitzgerald	F55	U23	ACT	TOTAL	76kg
Damien Hickman	M81	Mast 45-49	ACT	SNATCH	72kg
Damien Hickman	M81	Mast 45-49	ACT	TOTAL	162kg
Daniela Cihalova	F81	Senior	ACT	SNATCH	41kg
Daniela Cihalova	F81	Senior	ACT	CJ	49kg
Daniela Cihalova	F81	Senior	ACT	TOTAL	90kg
Gerard Longley	M96	Mast 50-54	ACT	SNATCH	53kg
Gerard Longley	M96	Mast 50-54	ACT	CJ	63kg
Gerard Longley	M96	Mast 50-54	ACT	TOTAL	116kg
Ian Grabham	M96	Mast 40-44	ACT	SNATCH	95kg
Ian Grabham	M96	Mast 40-44	ACT	CJ	125kg
Ian Grabham	M96	Mast 40-44	ACT	TOTAL	220kg
Joanna Kellalea	F87+	Senior	ACT	SNATCH	32kg
Joanna Kellalea	F87+	Mast 35-39	ACT	SNATCH	32kg
Joanna Kellalea	F87+	Senior	ACT	CJ	46kg
Joanna Kellalea	F87+	Mast 35-39	ACT	CJ	46kg
Joanna Kellalea	F87+	Senior	ACT	TOTAL	78kg
Joanna Kellalea	F87+	Mast 35-39	ACT	TOTAL	78kg
John Reynolds	M109	Mast 75-79	ACT	SNATCH	46kg
John Reynolds	M109	Mast 75-79	ACT	CJ	61kg
John Reynolds	M109	Mast 75-79	ACT	TOTAL	107kg
Kathleen Webster	F71	Mast 35-39	ACT	SNATCH	45kg
Kathleen Webster	F71	Mast 35-39	ACT	CJ	53kg
Kathleen Webster	F71	Mast 35-39	ACT	TOTAL	98kg
Mark Muir	M89	Senior	ACT	SNATCH	96kg
Mark Muir	M89	Mast 40-44	ACT	SNATCH	96kg
Mark Muir	M89	Mast 40-44	ACT	CJ	134kg
Mark Muir	M89	Senior	ACT	TOTAL	230kg

Australian Weightlifting Federation Results Book - Open Club Comp #2

Mark Muir	M89	Mast 40-44	ACT	TOTAL	230kg
Nicolas Warren	M102	Senior	ACT	CJ	131kg
Nicolas Warren	M102	Senior	ACT	TOTAL	236kg
Parichart Chantarasenanon	F55	Senior	ACT	SNATCH	52kg
Parichart Chantarasenanon	F55	Senior	ACT	CJ	60kg
Parichart Chantarasenanon	F55	Senior	ACT	TOTAL	112kg
Penelope Hatfield	F71	Mast 45-49	ACT	CJ	25kg
Penelope Hatfield	F71	Mast 45-49	ACT	SNATCH	25kg
Penelope Hatfield	F71	Mast 45-49	ACT	TOTAL	50kg
Shae Grabham	F71	Junior	ACT	SNATCH	41kg
Shae Grabham	F71	U23	ACT	SNATCH	41kg
Shae Grabham	F71	Junior	ACT	CJ	61kg
Shae Grabham	F71	U23	ACT	CJ	61kg
Shae Grabham	F71	Junior	ACT	TOTAL	102kg
Shae Grabham	F71	U23	ACT	TOTAL	102kg
Tim Corby	M102	Mast 35-39	ACT	SNATCH	92kg
Tim Corby	M102	Mast 35-39	ACT	CJ	115kg
Tim Corby	M102	Mast 35-39	ACT	TOTAL	207kg

Personal Bests

Lifter	State	Lift	Previous PB	New PB	Increase
Caitlin Fitzgerald	ACT	CJ	40kg	45kg	5kg
Caitlin Fitzgerald	ACT	TOTAL	72kg	76kg	4kg
Clare Carey	ACT	SNATCH	63kg	64kg	1kg
Damien Hickman	ACT	SNATCH	66kg	72kg	6kg
Damien Hickman	ACT	TOTAL	156kg	162kg	6kg
Daniela Cihalova	ACT	SNATCH	37kg	41kg	4kg
Daniela Cihalova	ACT	CJ	46kg	49kg	3kg
Daniela Cihalova	ACT	TOTAL	83kg	90kg	7kg
Lilliane Ho	ACT	CJ	40kg	42kg	2kg
Lilliane Ho	ACT	TOTAL	77kg	78kg	1kg
Mark Muir	ACT	SNATCH	95kg	96kg	1kg
Mark Muir	ACT	TOTAL	226kg	230kg	4kg
Parichart Chantarasenanon	ACT	SNATCH	47kg	52kg	5kg
Parichart Chantarasenanon	ACT	CJ	54kg	60kg	6kg
Parichart Chantarasenanon	ACT	TOTAL	101kg	112kg	11kg
Ricardo Rojas-Terry	ACT	SNATCH	80kg	88kg	8kg
Ricardo Rojas-Terry	ACT	CJ	110kg	120kg	10kg
Ricardo Rojas-Terry	ACT	TOTAL	190kg	208kg	18kg
Shae Grabham	ACT	SNATCH	30kg	41kg	11kg
Shae Grabham	ACT	CJ	38kg	61kg	23kg
Shae Grabham	ACT	TOTAL	68kg	102kg	34kg
Tim Corby	ACT	TOTAL	205kg	207kg	2kg