

Shred Barbell Open Competition

Results Summary

03 Mar 2019

Shred Barbell Club



AUSTRALIAN WEIGHTLIFTING FEDERATION INC.
ABN 73 150 873 587
5 Kelly Rd, Spring Creek QLD 4343 AUSTRALIA
Tel: +61 7 5466 5295 Mob: +61 411 424 328
E-mail: office@awf.com.au
Internet: www.awf.com.au

Session 1

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total
M55												
Nelson Cheng	SBH	2005	53.20	35	39	43	47	52	55	43	55	98 1
Deacon Mercieca	SBC	2006	42.30	35	38	41	45	50	53	41	53	94 2
M61												
Nicholas Viet	NIR	1995	57.70	80	85	85	92	97	100	80	97	177 1
Joshua Doyle	SSS	2002	60.20	65	67	70	81	82	82	67	0	0
M67												
James Liu	SBH	2003	64.00	42	46	50	50	54	60	50	60	110 1
Lawrence D'Mello	SBH	2003	62.60	41	44	47	57	62	65	47	62	109 2
M73												
Rick Saha	SBH	1998	69.60	77	80	83	108	112	115	83	115	198 1
Bouachanh Thongvilu	RAW	1961	72.60	70	76	78	80	84	88	70	84	154 2
Alan Ji	SBH	2002	67.30	40	45	48	66	71	75	48	71	119 3
Alan Jessup	SBH	2002	71.40	37	42	45	58	61	65	45	65	110 4

Referees John Zelenjak NSW (NAT) Coral Fernandez NSW (STATE) Verity Park NSW (STATE)

Jury

Tech Controller

MC John Zelenjak NSW (NAT) **Timekeeper** Madeline Wu NSW (CLUB)

Marshall

Doctor

*State records can be claimed in this session. *National records cannot be claimed in this session.

Session 2

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	Sinclair
F49													
Melissa Wu	HDK	1992	48.00	35	38	40	45	47	-49	40	47	87	10
F55													
Hailee Jarrett	HDK	1999	53.30	60	64	64	75	80	-85	64	80	144	1
Leanne Xerri	SBC	1975	54.50	30	33	33	40	45	-45	33	40	73	13
Pei Gan	PBC	1988	52.80	25	27	30	31	35	-40	30	35	65	15
F59													
Lizzy Pugh	168	1987	57.40	60	64	67	72	76	76	67	76	143	2
F64													
Elena Macnamara	SBC	1967	62.30	30	33	35	40	45	-49	33	45	78	12
F71													
Jennifer Williams	RAW	1977	65.10	48	53	55	62	67	67	53	67	120	6
Cristina Capratsis	SBC	1966	67.20	35	38	40	45	48	50	40	50	90	9
F76													
Sue Rennett	SBC	1967	75.20	37	40	43	55	58	60	43	60	103	7
F81													
Lauren Mcmartin	SBC	1990	77.00	32	35	38	40	45	-50	35	45	80	11
F87													
Leah Poulton-Baric	BUR	1988	85.30	51	56	60	70	75	80	60	80	140	4
Ashlee Robertson	SBC	1986	86.50	55	58	60	75	78	-80	58	78	136	5
Evarina Cook	PBC	2006	84.80	40	44	46	50	54	57	46	54	100	8
F87+													
Stephanie Scigala	HBC	2000	116.40	58	58	62	80	85	85	58	85	143	3
Melissa Mariasson	SBC	1973	103.10	27	31	34	32	37	42	31	42	73	14

Referees Carlene Portela NSW (STATE) Katie Yilmaz NSW (STATE) Wayne Park NSW (STATE)

Jury

Tech Controller

MC Andrew Rajeevan NSW (STATE) **Timekeeper** John Zelenjak NSW (NAT)

Marshall **Doctor**

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Session 3

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	Sinclair
M81													
Shangwei Wang	SBH	2003	73.10	37	40	40	56	60	60	40	56	96	1
M89													
Zack Young	NIR	1988	87.80	108	112	117	125	134	0	117	134	251	1
Mark Muir	H&T	1979	87.80	92	95	97	130	135	135	95	130	225	2
Brent Taylor	HBC	1993	83.00	81	84	87	108	112	116	84	116	200	3
Mihir Marathe	SBH	2003	81.80	34	38	38	50	54	60	38	54	92	4
M96													
Matthew Henry	SBC	1993	95.50	105	110	112	126	126	131	105	126	231	1
Mark King-Hazel	SBC	1987	93.10	80	90	90	110	110	115	80	110	190	2
Matthew Crepaz	SBC	1989	91.20	40	45	55	50	50	60	55	60	115	3
M109													
Jackson Roberts-	SSS	1996	107.60	137	137	141	184	190	190	141	190	331	1
M109+													
Mathew Seeto	HDK	1984	114.50	80	80	83	90	96	101	83	101	184	1

Referees John Zelenjak NSW (NAT) Peter Ticehurst NSW (NAT) Andrew Rajeevan NSW (STATE)

Jury

Tech Controller

MC Linda Eades NSW (INT II)

Timekeeper Linda Eades NSW (INT II)

Marshall

Doctor

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Sinclair Ranking

Men		
Rank	Name	Score
1	Jackson Roberts-Young	357.91
2	Zack Young	293.57
3	Nicholas Viet	265.14
4	Mark Muir	263.16
5	Rick Saha	261.82
6	Matthew Henry	260.70
7	Brent Taylor	240.19
8	Mark King-Hazel	216.65
9	Bouachanh Thongvilu	198.62
10	Mathew Seeto	195.29
11	Deacon Mercieca	182.08
12	Alan Ji	160.64
13	Nelson Cheng	156.06
14	Lawrence D'Mello	154.23
15	James Liu	153.37
16	Alan Jessup	143.26
17	Matthew Crepaz	132.27
18	Shangwei Wang	123.33
19	Mihir Marathe	111.29
20	Joshua Doyle	0.00

Women		
Rank	Name	Score
1	Hailee Jarrett	210.87
2	Lizzy Pugh	198.89
3	Leah Poulton-Baric	157.51
4	Jennifer Williams	154.23
5	Ashlee Robertson	152.17
6	Stephanie Scigala	146.80
7	Melissa Wu	137.90
8	Sue Rennett	122.54
9	Cristina Capratsis	113.58
10	Evarina Cook	112.78
11	Leanne Xerri	105.22
12	Elena Macnamara	102.93
13	Pei Gan	95.84
14	Lauren Mccartin	94.11
15	Melissa Mariasson	77.06

Masters SMF Ranking

Men		
Rank	Name	SMF Score
1	Mark Muir	298.69
2	Bouachanh Thongvilu	290.39
3	Mathew Seeto	209.36

Women		
Rank	Name	SMF Score
1	Jennifer Williams	179.22
2	Sue Rennett	161.27
3	Cristina Capratsis	151.98
4	Elena Macnamara	135.45
5	Leanne Xerri	125.10
6	Melissa Mariasson	93.86

Records Broken

Lifter	Bwt Cat	Age Group	Record Level	Record Type	New Record
Elena Macnamara	F64	Mast 50-54	NSW	CJ	45kg
Elena Macnamara	F64	Mast 50-54	NSW	TOTAL	78kg
Evarina Cook	F87	U23	NSW	SNATCH	46kg
Evarina Cook	F87	U23	NSW	TOTAL	100kg
Hailee Jarrett	F55	U23	NSW	SNATCH	64kg
Hailee Jarrett	F55	Junior	NSW	SNATCH	64kg
Hailee Jarrett	F55	U23	NSW	CJ	80kg
Hailee Jarrett	F55	Junior	NSW	CJ	80kg
Hailee Jarrett	F55	U23	NSW	TOTAL	144kg
Hailee Jarrett	F55	Junior	NSW	TOTAL	144kg
Jackson Roberts-Young	M109	U23	AWF	SNATCH	141kg
Jackson Roberts-Young	M109	U23	NSW	SNATCH	141kg
Jackson Roberts-Young	M109	Senior	AWF	CJ	190kg
Jackson Roberts-Young	M109	U23	AWF	CJ	190kg
Jackson Roberts-Young	M109	Senior	NSW	CJ	190kg
Jackson Roberts-Young	M109	U23	NSW	CJ	190kg
Jackson Roberts-Young	M109	U23	AWF	TOTAL	331kg
Jackson Roberts-Young	M109	Senior	NSW	TOTAL	331kg
Jackson Roberts-Young	M109	U23	NSW	TOTAL	331kg
Jennifer Williams	F71	Mast 40-44	NSW	SNATCH	53kg
Jennifer Williams	F71	Mast 40-44	NSW	CJ	67kg
Jennifer Williams	F71	Mast 40-44	NSW	TOTAL	120kg
Leanne Xerri	F55	Mast 40-44	NSW	SNATCH	33kg
Leanne Xerri	F55	Mast 40-44	NSW	TOTAL	73kg
Mark Muir	M89	Senior	ACT	SNATCH	95kg
Mark Muir	M89	Mast 40-44	ACT	SNATCH	95kg
Mathew Seeto	M109+	Mast 35-39	NSW	SNATCH	83kg
Mathew Seeto	M109+	Mast 35-39	NSW	CJ	101kg
Mathew Seeto	M109+	Mast 35-39	NSW	TOTAL	184kg
Stephanie Scigala	F87+	U23	NSW	SNATCH	58kg
Stephanie Scigala	F87+	U23	NSW	CJ	85kg
Stephanie Scigala	F87+	U23	NSW	TOTAL	143kg
Sue Rennett	F76	Mast 50-54	NSW	SNATCH	43kg
Sue Rennett	F76	Mast 50-54	NSW	CJ	60kg

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Sue Rennett	F76	Mast 50-54	NSW	TOTAL	103kg
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Personal Bests

Lifter	State	Lift	Previous PB	New PB	Increase
Alan Jessup	NSW	SNATCH	43kg	45kg	2kg
Alan Jessup	NSW	CJ	62kg	65kg	3kg
Alan Jessup	NSW	TOTAL	105kg	110kg	5kg
Ashlee Robertson	NSW	SNATCH	57kg	58kg	1kg
Ashlee Robertson	NSW	CJ	76kg	78kg	2kg
Ashlee Robertson	NSW	TOTAL	133kg	136kg	3kg
Deacon Mercieca	NSW	SNATCH	36kg	41kg	5kg
Deacon Mercieca	NSW	CJ	48kg	53kg	5kg
Deacon Mercieca	NSW	TOTAL	84kg	94kg	10kg
Evarina Cook	NSW	SNATCH	45kg	46kg	1kg
Evarina Cook	NSW	TOTAL	99kg	100kg	1kg
Hailee Jarrett	NSW	SNATCH	58kg	64kg	6kg
Hailee Jarrett	NSW	CJ	73kg	80kg	7kg
Hailee Jarrett	NSW	TOTAL	131kg	144kg	13kg
Jackson Roberts-Young	NSW	CJ	187kg	190kg	3kg
Jennifer Williams	NSW	CJ	66kg	67kg	1kg
Joshua Doyle	NSW	SNATCH	66kg	67kg	1kg
Lawrence D'Mello	NSW	SNATCH	41kg	47kg	6kg
Lawrence D'Mello	NSW	CJ	59kg	62kg	3kg
Lawrence D'Mello	NSW	TOTAL	100kg	109kg	9kg
Leanne Xerri	NSW	SNATCH	30kg	33kg	3kg
Leanne Xerri	NSW	TOTAL	71kg	73kg	2kg
Mark Muir	ACT	SNATCH	94kg	95kg	1kg
Mathew Seeto	NSW	SNATCH	80kg	83kg	3kg
Mathew Seeto	NSW	CJ	100kg	101kg	1kg
Mathew Seeto	NSW	TOTAL	180kg	184kg	4kg
Melissa Mariasson	NSW	CJ	40kg	42kg	2kg
Melissa Mariasson	NSW	TOTAL	71kg	73kg	2kg
Nicholas Viet	NSW	CJ	90kg	97kg	7kg
Nicholas Viet	NSW	TOTAL	170kg	177kg	7kg
Shangwei Wang	NSW	SNATCH	38kg	40kg	2kg
Shangwei Wang	NSW	CJ	54kg	56kg	2kg
Shangwei Wang	NSW	TOTAL	92kg	96kg	4kg
Stephanie Scigala	NSW	SNATCH	54kg	58kg	4kg
Stephanie Scigala	NSW	CJ	71kg	85kg	14kg
Stephanie Scigala	NSW	TOTAL	125kg	143kg	18kg