

# SAWLA Feburary Open

## Results Summary

23 Feb 2019

Athletic Compound



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### Session 1

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	MST	SEN
<b>F45</b>														
Melanie Bennett	---	1996	42.02	28	32	<del>35</del>	35	39	44	32	44	76	///	6
<b>F59</b>														
Sharon Mccauley	---	1971	57.72	56	<del>59</del>	61	60	66	71	61	71	132	2	3
Linda Kyritsis	Reign	1972	56.28	32	<del>37</del>	<del>42</del>	47	52	55	32	55	87	3	5
<b>F64</b>														
Erin Gracey	---	1991	62.34	60	63	65	75	78	<del>82</del>	65	78	143	///	2
<b>F71</b>														
Joanne Flesfadar	OTDS	1974	67.78	<del>65</del>	67	71	76	80	<del>84</del>	71	80	151	1	1
<b>F87</b>														
Karoline Wulf	---	1986	84.24	<del>35</del>	36	38	<del>55</del>	<del>57</del>	<del>57</del>	38	0	0	///	
<b>F87+</b>														
Lauren Simons	---	1990	93.40	32	35	38	42	45	50	38	50	88	///	4

**Referees** Le Minh Thu Huynh SA (CLUB) Candy Huynh SA (STATE) Ashley Dean Pascoe SA (NAT)

**Jury**

**Tech Controller**

**MC**

**Timekeeper**

**Marshall**

**Doctor**

\*State records can be claimed in this session. \*National records can be claimed in this session.

## Session 2

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	SMF	MST	SEN
<b>M73</b>															
Lenin Pichiayan	---	1966	71.22	72	76	79	90	94	-96	79	94	173	2	3	
<b>M89</b>															
John Humphrys	---	1941	85.74	30	-32	32	40	-42	-42	32	40	72	3	4	
<b>M102</b>															
Wayne Morgan	---	1979	99.80	75	84	-87	100	112	112	84	100	184	1	1	
<b>M109</b>															
Amin Ariaee	---	1999	108.08	80	85	-90	91	95	105	85	95	180	///	2	

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### Sinclair Ranking

Men		
Rank	Name	Score
1	Lenin Pichiayan	225.64
2	Wayne Morgan	204.18
3	Amin Ariaee	194.36
4	John Humphrys	85.14

Women		
Rank	Name	Score
1	Joanne Flesfadar	189.66
2	Erin Gracey	188.62
3	Sharon Mccauley	182.91
4	Melanie Bennett	134.66
5	Linda Kyritsis	122.63
6	Lauren Simons	95.74
7	Karoline Wulf	0.00

### Masters SMF Ranking

Men		
Rank	Name	SMF Score
1	Lenin Pichiayan	301.90
2	Wayne Morgan	231.75
3	John Humphrys	198.88

Women		
Rank	Name	SMF Score
1	Sharon Mccauley	228.27
2	Joanne Flesfadar	228.16
3	Linda Kyritsis	151.20

## Records Broken

Lifter	Bwt Cat	Age Group	Record Level	Record Type	New Record
Amin Ariaee	M109	U23	SA	SNATCH	85kg
Joanne Flesfadar	F71	Mast 45-49	SA	SNATCH	71kg
Joanne Flesfadar	F71	Mast 45-49	AWF	SNATCH	71kg
Joanne Flesfadar	F71	Mast 45-49	SA	CJ	80kg
Joanne Flesfadar	F71	Mast 45-49	SA	TOTAL	151kg
Joanne Flesfadar	F71	Mast 45-49	AWF	TOTAL	151kg
Lenin Pichiayan	M73	Mast 50-54	AWF	SNATCH	79kg
Lenin Pichiayan	M73	Mast 50-54	SA	SNATCH	79kg
Lenin Pichiayan	M73	Mast 50-54	SA	CJ	94kg
Lenin Pichiayan	M73	Mast 50-54	AWF	CJ	94kg
Lenin Pichiayan	M73	Mast 50-54	SA	TOTAL	173kg
Lenin Pichiayan	M73	Mast 50-54	AWF	TOTAL	173kg
Melanie Bennett	F45	U23	SA	SNATCH	32kg
Melanie Bennett	F45	U23	SA	CJ	44kg
Melanie Bennett	F45	U23	SA	TOTAL	76kg
Sharon Mccauley	F59	Mast 45-49	AWF	SNATCH	61kg
Sharon Mccauley	F59	Mast 45-49	SA	SNATCH	61kg
Sharon Mccauley	F59	Mast 45-49	SA	CJ	71kg
Sharon Mccauley	F59	Mast 45-49	SA	TOTAL	132kg

### Personal Bests

Lifter	State	Lift	Previous PB	New PB	Increase
Erin Gracey	SA	SNATCH	62kg	65kg	3kg
Erin Gracey	SA	CJ	77kg	78kg	1kg
Erin Gracey	SA	TOTAL	139kg	143kg	4kg
John Humphrys	SA	SNATCH	31kg	32kg	1kg
Lenin Pichiayan	SA	CJ	93kg	94kg	1kg
Melanie Bennett	SA	SNATCH	31kg	32kg	1kg
Melanie Bennett	SA	CJ	43kg	44kg	1kg
Melanie Bennett	SA	TOTAL	74kg	76kg	2kg
Wayne Morgan	SA	SNATCH	83kg	84kg	1kg