

# NSW Senior, U23, Junior, Youth, U15 State Champs

## Results Summary

18 May 2013

Sydney Olympic Park



AUSTRALIAN WEIGHTLIFTING FEDERATION INC.

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**Session 1**

| Lifter              | Club | YOB  | Bwt    | Snatch attempts |               |               | CJ attempts   |               |               | Sn | CJ | Total |   |
|---------------------|------|------|--------|-----------------|---------------|---------------|---------------|---------------|---------------|----|----|-------|---|
| <b>F59</b>          |      |      |        |                 |               |               |               |               |               |    |    |       |   |
| Lynne Knapman       | ---  | 1959 | 57.96  | <del>40</del>   | 40            | 43            | <del>52</del> | 52            | 54            | 43 | 54 | 97    | 1 |
| Miwah Van           | BUR  | 1982 | 57.41  | 40              | <del>43</del> | <del>43</del> | 50            | 53            | <del>57</del> | 40 | 53 | 93    | 2 |
| Jacqui Warnock      | TWT  | 1988 | 55.04  | 33              | 36            | <del>38</del> | 44            | 44            | <del>47</del> | 36 | 44 | 80    | 3 |
| <b>F64</b>          |      |      |        |                 |               |               |               |               |               |    |    |       |   |
| Vanessa Chee        | ---  | 1986 | 61.80  | 55              | 57            | 60            | 66            | 70            | 72            | 60 | 72 | 132   | 1 |
| Stephanie Pick      | ---  | 1981 | 62.45  | 42              | <del>45</del> | 45            | 52            | <del>55</del> | <del>55</del> | 45 | 52 | 97    | 2 |
| <b>F75+</b>         |      |      |        |                 |               |               |               |               |               |    |    |       |   |
| Antonietta Mansillo | BUR  | 1973 | 75.48  | 55              | 59            | <del>64</del> | 70            | <del>75</del> | 75            | 59 | 75 | 134   | 2 |
| Katharine Johnson   | TWT  | 1991 | 110.22 | 65              | 72            | 75            | 75            | 80            | 83            | 75 | 83 | 158   | 1 |

**Referees** Zoe Simon NSW (STATE) Leanne Springer NSW (NAT) Linda Eades NSW (NAT)

**Jury**

**Tech Controller**

**MC**

**Timekeeper**

**Marshall**

**Doctor**

\*State records can be claimed in this session. \*National records can be claimed in this session.

**Session 2**

| Lifter             | Club | YOB  | Bwt    | Snatch attempts |               |                | CJ attempts    |                |                | Sn  | CJ  | Total | SEN | JUN | YTH | U23 |
|--------------------|------|------|--------|-----------------|---------------|----------------|----------------|----------------|----------------|-----|-----|-------|-----|-----|-----|-----|
| <b>M55</b>         |      |      |        |                 |               |                |                |                |                |     |     |       |     |     |     |     |
| Hamish Adam        | BUR  | 1997 | 54.98  | 65              | 70            | 75             | 75             | 80             | <del>85</del>  | 75  | 80  | 155   | 1   | *   | 1   | *   |
| Paul Amiradaki     | ---  | 1986 | 50.24  | 38              | 41            | 45             | 48             | <del>54</del>  | 54             | 45  | 54  | 99    | 2   | *   | *   | *   |
| <b>M61</b>         |      |      |        |                 |               |                |                |                |                |     |     |       |     |     |     |     |
| Peter Gremos       | BUR  | 1997 | 55.21  | 53              | <del>58</del> | 58             | 65             | <del>70</del>  | 70             | 58  | 70  | 128   | *   | *   | 2   | *   |
| David Rappo        | TWT  | 1977 | 56.61  | 55              | <del>58</del> | 58             | 65             | <del>70</del>  | <del>70</del>  | 58  | 65  | 123   | 2   | *   | *   | *   |
| <b>M67</b>         |      |      |        |                 |               |                |                |                |                |     |     |       |     |     |     |     |
| Derek Hui          | BUR  | 1986 | 61.92  | 75              | <del>75</del> | 75             | 94             | <del>107</del> | 107            | 75  | 107 | 182   | 1   | *   | *   | *   |
| Dan Dinh           | BUR  | 1991 | 63.73  | 80              | <del>85</del> | 85             | 90             | 97             | <del>105</del> | 85  | 97  | 182   | *   | *   | *   | 2   |
| Nishant Paul       | BUR  | 1993 | 66.25  | 60              | 65            | 68             | 80             | 85             | 90             | 68  | 90  | 158   | *   | 1   | *   | *   |
| <b>M73</b>         |      |      |        |                 |               |                |                |                |                |     |     |       |     |     |     |     |
| Patrick Chow       | TWT  | 1991 | 68.63  | 80              | 85            | 90             | <del>110</del> | 110            | <del>110</del> | 90  | 110 | 200   | 1   | *   | *   | 1   |
| Timothy Nguyen     | BUR  | 1993 | 67.32  | 50              | 55            | 58             | 70             | 75             | 80             | 58  | 80  | 138   | *   | 2   | *   | *   |
| Jonathon Valentine | BUR  | 1979 | 68.44  | 85              | 90            | 93             | <del>115</del> | <del>115</del> | <del>115</del> | 93  | 0   | 0     |     | *   | *   | *   |
| <b>M102</b>        |      |      |        |                 |               |                |                |                |                |     |     |       |     |     |     |     |
| Matthew Lilli      | TWT  | 1996 | 98.06  | 80              | <del>85</del> | 85             | 100            | 105            | 0              | 85  | 105 | 190   | *   | *   | 1   | *   |
| <b>M109</b>        |      |      |        |                 |               |                |                |                |                |     |     |       |     |     |     |     |
| Edward Maxwell     | WAT  | 1997 | 105.26 | 75              | <del>80</del> | 80             | 100            | <del>106</del> | <del>106</del> | 80  | 100 | 180   | *   | *   | 2   | *   |
| <b>M109+</b>       |      |      |        |                 |               |                |                |                |                |     |     |       |     |     |     |     |
| Matthew Gruszka    | ---  | 1982 | 112.64 | 110             | 115           | <del>120</del> | 120            | 130            | <del>140</del> | 115 | 130 | 245   | 1   | *   | *   | *   |

**Referees** James Byrne NSW (NAT) Leanne Springer NSW (NAT) Linda Eades NSW (NAT)

**Jury**

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**Session 3**

| Lifter           | Club | YOB  | Bwt    | Snatch attempts |                |                | CJ attempts    |                |                | Sn  | CJ  | Total | SEN | JUN |
|------------------|------|------|--------|-----------------|----------------|----------------|----------------|----------------|----------------|-----|-----|-------|-----|-----|
| <b>M89</b>       |      |      |        |                 |                |                |                |                |                |     |     |       |     |     |
| Ravshanbek       | BUR  | 1989 | 83.41  | 130             | <del>135</del> | 135            | 155            | <del>160</del> | 160            | 135 | 155 | 290   | 1   | *   |
| Tom Davison      | ---  | 1989 | 81.31  | 100             | 105            | <del>107</del> | 127            | <del>132</del> | 137            | 105 | 127 | 232   | 2   | *   |
| Tyson Edwards    | BUR  | 1990 | 81.22  | <del>90</del>   | 90             | 95             | 120            | <del>125</del> | 130            | 95  | 120 | 215   | 3   | *   |
| Alex Goodyear    | BUR  | 1972 | 84.91  | <del>90</del>   | 90             | 100            | 110            | <del>118</del> | 121            | 100 | 110 | 210   | 4   | *   |
| Simon Callander  | IWB  | 1983 | 84.36  | 80              | <del>85</del>  | 85             | 116            | 124            | 0              | 85  | 124 | 209   | 5   | *   |
| David Griffin    | BUR  | 1987 | 83.71  | 85              | <del>88</del>  | <del>88</del>  | <del>115</del> | 115            | <del>121</del> | 85  | 115 | 200   | 6   | *   |
| Ben Pretty       | ---  | 1984 | 83.05  | 80              | 85             | 88             | 100            | 105            | <del>108</del> | 88  | 105 | 193   | 7   | *   |
| Anthony Christie | BUR  | 1990 | 82.33  | 80              | 85             | 90             | 102            | <del>107</del> | 110            | 90  | 102 | 192   | 8   | *   |
| Justin Ka Ho Ho  | BUR  | 1986 | 84.12  | 65              | 70             | 75             | 70             | 75             | 85             | 75  | 85  | 160   | 9   | *   |
| Peter Ticehurst  | RAW  | 1962 | 81.35  | 48              | <del>53</del>  | 53             | 62             | 67             | <del>72</del>  | 53  | 67  | 120   | 10  | *   |
| <b>M96</b>       |      |      |        |                 |                |                |                |                |                |     |     |       |     |     |
| Chris Trayes     | ---  | 1982 | 94.66  | 85              | 90             | <del>94</del>  | 105            | 110            | 115            | 90  | 115 | 205   | 3   | *   |
| Edward Mandla    | TWT  | 1963 | 95.94  | <del>87</del>   | <del>90</del>  | <del>90</del>  | 0              | 0              | 0              | 0   | 0   | 0     |     | *   |
| <b>M102</b>      |      |      |        |                 |                |                |                |                |                |     |     |       |     |     |
| Mathew Faul      | ---  | 1993 | 96.04  | 85              | 90             | 95             | 115            | 125            | 130            | 95  | 130 | 225   | *   | 1   |
| Michael Inskip   | TWT  | 1992 | 100.17 | 85              | <del>90</del>  | <del>90</del>  | 110            | 121            | <del>125</del> | 85  | 121 | 206   | 2   | *   |
| <b>M109</b>      |      |      |        |                 |                |                |                |                |                |     |     |       |     |     |
| Pete Hardiman    | TWT  | 1982 | 102.46 | 115             | 123            | 127            | 157            | 162            | 167            | 127 | 167 | 294   | 1   | *   |

**Referees** James Byrne NSW (NAT) Jerome Barkhan NSW (STATE)/Paul Bayly NSW (NAT) Zoe Simon NSW (STATE)/Linda Eades NSW (NAT)

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### Session 4

| Lifter              | Club | YOB  | Bwt   | Snatch attempts |               |               | CJ attempts   |               |               | Sn | CJ | Total | SEN | YTH |
|---------------------|------|------|-------|-----------------|---------------|---------------|---------------|---------------|---------------|----|----|-------|-----|-----|
| <b>F49</b>          |      |      |       |                 |               |               |               |               |               |    |    |       |     |     |
| Jessica Barkhan     | ---  | 1995 | 47.32 | <del>40</del>   | 40            | 45            | 50            | <del>55</del> | <del>55</del> | 45 | 50 | 95    | 1   | *   |
| <b>F55</b>          |      |      |       |                 |               |               |               |               |               |    |    |       |     |     |
| Mary Macken         | BUR  | 1961 | 51.13 | 40              | 45            | <del>49</del> | 50            | 56            | <del>61</del> | 45 | 56 | 101   | 1   | *   |
| Janet Adam          | BUR  | 1994 | 52.10 | 35              | <del>40</del> | <del>40</del> | 50            | <del>54</del> | 54            | 35 | 54 | 89    | 2   | *   |
| Sabah Chamoun       | SHW  | 2000 | 51.79 | 38              | <del>44</del> | <del>44</del> | 45            | 50            | <del>55</del> | 38 | 50 | 88    | *   | 1   |
| Dian Dewi           | CWC  | 1974 | 52.13 | <del>32</del>   | 32            | <del>36</del> | 42            | 46            | 50            | 32 | 50 | 82    | 3   | *   |
| <b>F71</b>          |      |      |       |                 |               |               |               |               |               |    |    |       |     |     |
| Elena Palamara      | ---  | 1986 | 68.63 | 60              | 70            | 75            | 80            | 85            | 90            | 75 | 90 | 165   | 1   | *   |
| Adrienne Karniewicz | CWC  | 1984 | 66.62 | 45              | <del>48</del> | 48            | <del>60</del> | 60            | 66            | 48 | 66 | 114   | 2   | *   |
| Lauren Sheens       | ---  | 1975 | 67.94 | 54              | <del>57</del> | <del>57</del> | 55            | 60            | <del>64</del> | 54 | 60 | 114   | 3   | *   |
| Danielle Sheriff    | BUR  | 1992 | 66.78 | 42              | <del>45</del> | <del>45</del> | <del>65</del> | 65            | <del>68</del> | 42 | 65 | 107   | 4   | *   |
| <b>F76</b>          |      |      |       |                 |               |               |               |               |               |    |    |       |     |     |
| Tasia Fidow         | ---  | 1989 | 73.76 | 55              | <del>60</del> | <del>60</del> | <del>68</del> | 68            | 73            | 55 | 73 | 128   | 1   | *   |
| Sarah Rollans       | BUR  | 1984 | 73.08 | 50              | 55            | 57            | 65            | <del>70</del> | 70            | 57 | 70 | 127   | 2   | *   |
| Charlotte Stenning  | HDK  | 1992 | 71.66 | 40              | <del>45</del> | <del>45</del> | 53            | <del>56</del> | 56            | 40 | 56 | 96    | 3   | *   |

**Referees** Zoe Simon NSW (STATE) Leanne Springer NSW (NAT) Linda Eades NSW (NAT)

**Jury**

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**Session 5**

| Lifter           | Club | YOB  | Bwt   | Snatch attempts |               |               | CJ attempts    |     |                | Sn  | CJ  | Total | SEN | JUN | YTH | U23 |
|------------------|------|------|-------|-----------------|---------------|---------------|----------------|-----|----------------|-----|-----|-------|-----|-----|-----|-----|
| <b>M73</b>       |      |      |       |                 |               |               |                |     |                |     |     |       |     |     |     |     |
| Andrew See       | BUR  | 1979 | 72.32 | <del>85</del>   | 85            | <del>90</del> | 105            | 440 | 440            | 85  | 105 | 190   | 3   | *   | *   | *   |
| <b>M81</b>       |      |      |       |                 |               |               |                |     |                |     |     |       |     |     |     |     |
| Mitchell Boyd    | TWT  | 1995 | 76.22 | 83              | 87            | <del>90</del> | 118            | 123 | <del>430</del> | 87  | 123 | 210   | *   | 1   | *   | *   |
| James Mann       | NBW  | 1988 | 76.17 | 85              | 90            | <del>95</del> | 110            | 115 | 449            | 90  | 115 | 205   | 1   | *   | *   | *   |
| Simon Rassy      | TWT  | 1993 | 75.88 | 80              | 85            | 90            | 100            | 112 | 448            | 90  | 112 | 202   | 2   | *   | *   | 1   |
| Michael Golshani | ---  | 1984 | 76.59 | 75              | <del>80</del> | 80            | <del>100</del> | 100 | 405            | 80  | 100 | 180   | 4   | *   | *   | *   |
| Yunus Sarun      | ---  | 1996 | 75.13 | 65              | <del>70</del> | <del>75</del> | 95             | 100 | 0              | 65  | 100 | 165   | *   | *   | 1   | *   |
| Alan Vo          | BUR  | 1989 | 76.59 | <del>92</del>   | <del>92</del> | <del>92</del> | 0              | 0   | 0              | 0   | 0   | 0     |     | *   | *   | *   |
| <b>M89</b>       |      |      |       |                 |               |               |                |     |                |     |     |       |     |     |     |     |
| Denis Koytz      | TWT  | 1989 | 87.50 | 70              | 75            | 80            | 85             | 90  | <del>95</del>  | 80  | 90  | 170   | 6   | *   | *   | *   |
| Eren Aral        | TWT  | 1996 | 87.56 | 60              | 65            | <del>70</del> | <del>80</del>  | 80  | 85             | 65  | 85  | 150   | *   | *   | 1   | *   |
| Felix Sisavanh   | BUR  | 1986 | 85.34 | <del>85</del>   | <del>85</del> | <del>85</del> | 0              | 0   | 0              | 0   | 0   | 0     |     | *   | *   | *   |
| <b>M96</b>       |      |      |       |                 |               |               |                |     |                |     |     |       |     |     |     |     |
| Scott Wilson     | ---  | 1992 | 89.59 | 110             | 115           | 120           | 120            | 135 | 146            | 120 | 146 | 266   | *   | *   | *   | 1   |
| Alex Wallace     | ---  | 1985 | 93.41 | 115             | 120           | 125           | 135            | 141 | 446            | 125 | 141 | 266   | 1   | *   | *   | *   |
| Ryan Pasfield    | ---  | 1993 | 90.87 | 100             | 105           | 140           | 140            | 145 | 0              | 105 | 145 | 250   | *   | 1   | *   | *   |
| Daniel Clape     | TWT  | 1984 | 90.64 | 85              | 90            | <del>95</del> | 110            | 115 | 125            | 90  | 125 | 215   | 2   | *   | *   | *   |
| Thomas Pesce     | TWT  | 1988 | 91.62 | 85              | 90            | <del>95</del> | 115            | 122 | 427            | 90  | 122 | 212   | 3   | *   | *   | *   |
| Jeremy Lewis     | CWC  | 1987 | 92.61 | 80              | 90            | 0             | 120            | 440 | 0              | 90  | 120 | 210   | 4   | *   | *   | *   |
| Howden Clair     | ---  | 1984 | 89.76 | <del>73</del>   | 73            | 80            | 95             | 100 | 105            | 80  | 105 | 185   | 5   | *   | *   | *   |

**Referees** Jerome Barkhan NSW (STATE) Mary Macken NSW (INT I) Tony Campbell-Cowie NSW (INT II)

**Jury**

**Tech Controller**

**MC**

**Timekeeper**

**Marshall**

**Doctor**

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## Sinclair Ranking

| Men  |                     |        |
|------|---------------------|--------|
| Rank | Name                | Score  |
| 1    | Ravshanbek Gulyamov | 349.86 |
| 2    | Pete Hardiman       | 324.14 |
| 3    | Scott Wilson        | 309.99 |
| 4    | Alex Wallace        | 304.28 |
| 5    | Ryan Pasfield       | 289.47 |
| 6    | Tom Davison         | 283.61 |
| 7    | Patrick Chow        | 269.98 |
| 8    | Mitchell Boyd       | 265.99 |
| 9    | Derek Hui           | 263.46 |
| 10   | Tyson Edwards       | 262.98 |
| 11   | Matthew Gruszka     | 261.69 |
| 12   | James Mann          | 259.75 |
| 13   | Dan Dinh            | 258.17 |
| 14   | Simon Rassy         | 256.51 |
| 15   | Mathew Faul         | 254.39 |
| 16   | Simon Callander     | 250.71 |
| 17   | Alex Goodyear       | 249.45 |
| 18   | Daniel Clape        | 249.23 |
| 19   | Andrew See          | 248.22 |
| 20   | Hamish Adam         | 245.46 |
| 21   | Thomas Pesce        | 244.57 |
| 22   | Jeremy Lewis        | 241.12 |
| 23   | David Griffin       | 240.85 |
| 24   | Ben Pretty          | 233.35 |
| 25   | Anthony Christie    | 233.19 |
| 26   | Chris Trayes        | 233.18 |
| 27   | Michael Inskip      | 229.05 |
| 28   | Michael Golshani    | 227.36 |
| 29   | Nishant Paul        | 218.28 |
| 30   | Howden Clair        | 215.41 |
| 31   | Matthew Lilli       | 213.02 |
| 32   | Yunus Sarun         | 210.73 |
| 33   | Peter Gremos        | 202.03 |
| 34   | Denis Koytz         | 200.31 |
| 35   | Edward Maxwell      | 196.55 |
| 36   | Justin Ka Ho Ho     | 192.20 |
| 37   | Timothy Nguyen      | 188.64 |
| 38   | David Rappo         | 186.85 |

| Women |                      |        |
|-------|----------------------|--------|
| Rank  | Name                 | Score  |
| 1     | Elena Palamara       | 207.72 |
| 2     | Vanessa Chee         | 177.70 |
| 3     | Katharine Johnson    | 163.45 |
| 4     | Antonietta Mansillo  | 159.14 |
| 5     | Jessica Barkhan      | 157.70 |
| 6     | Tasia Fidow          | 154.64 |
| 7     | Sarah Rollans        | 154.21 |
| 8     | Mary Macken          | 152.49 |
| 9     | Adrienne Karniewicz  | 146.14 |
| 10    | Lauren Sheens        | 143.00 |
| 11    | Danielle Sheriff     | 136.96 |
| 12    | Janet Adam           | 136.12 |
| 13    | Sabah Chamoun        | 135.25 |
| 14    | Lynne Knapman        | 134.04 |
| 15    | Miwah Van            | 131.92 |
| 16    | Stephanie Pick       | 129.66 |
| 17    | Dian Dewi Mayangsari | 122.04 |
| 18    | Charlotte Stenning   | 117.85 |
| 19    | Jacqui Warnock       | 117.15 |

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|    |                    |        |
|----|--------------------|--------|
| 39 | Eren Aral          | 176.69 |
| 40 | Paul Amiradaki     | 168.92 |
| 41 | Peter Ticehurst    | 145.56 |
| 42 | Jonathon Valentine | 0.00   |
| 43 | Edward Mandla      | 0.00   |
| 44 | Alan Vo            | 0.00   |
| 45 | Felix Sisavanh     | 0.00   |



## Masters SMF Ranking

| Men  |                    |           |
|------|--------------------|-----------|
| Rank | Name               | SMF Score |
| 1    | Alex Goodyear      | 307.58    |
| 2    | David Rappo        | 217.11    |
| 3    | Peter Ticehurst    | 209.17    |
| 4    | Michael Golshani   | 0.00      |
| 5    | Andrew See         | 0.00      |
| 6    | Daniel Clape       | 0.00      |
| 7    | Howden Clair       | 0.00      |
| 8    | Simon Callander    | 0.00      |
| 9    | Chris Traves       | 0.00      |
| 10   | Edward Mandla      | 0.00      |
| 11   | Pete Hardiman      | 0.00      |
| 12   | Jonathon Valentine | 0.00      |
| 13   | Matthew Gruszka    | 0.00      |
| 14   | Ben Pretty         | 0.00      |

| Women |                      |           |
|-------|----------------------|-----------|
| Rank  | Name                 | SMF Score |
| 1     | Mary Macken          | 222.94    |
| 2     | Lynne Knapman        | 202.94    |
| 3     | Antonietta Mansillo  | 193.83    |
| 4     | Lauren Sheens        | 170.02    |
| 5     | Dian Dewi Mayangsari | 146.81    |
| 6     | Adrienne Karniewicz  | 0.00      |
| 7     | Sarah Rollans        | 0.00      |
| 8     | Miwah Van            | 0.00      |
| 9     | Stephanie Pick       | 0.00      |

## Records Broken

| Lifter              | Bwt Cat | Age Group  | Record Level | Record Type | New Record |
|---------------------|---------|------------|--------------|-------------|------------|
| Antonietta Mansillo | F75+    | Mast 40-44 | NSW          | SNATCH      | 59kg       |
| Antonietta Mansillo | F75+    | Mast 40-44 | NSW          | CJ          | 75kg       |
| Antonietta Mansillo | F75+    | Mast 40-44 | NSW          | TOTAL       | 134kg      |
| Edward Maxwell      | M94+    | Youth      | NSW          | SNATCH      | 80kg       |
| Hamish Adam         | M56     | Youth      | NSW          | SNATCH      | 75kg       |
| Hamish Adam         | M56     | Youth      | AWF          | SNATCH      | 75kg       |
| Hamish Adam         | M56     | Youth      | NSW          | TOTAL       | 155kg      |
| Lauren Sheens       | F69     | Mast 35-39 | NSW          | SNATCH      | 54kg       |
| Lynne Knapman       | F58     | Mast 50-54 | NSW          | SNATCH      | 43kg       |
| Lynne Knapman       | F58     | Mast 50-54 | NSW          | TOTAL       | 97kg       |
| Matthew Lilli       | M94+    | Youth      | NSW          | SNATCH      | 85kg       |
| Matthew Lilli       | M94+    | Youth      | NSW          | TOTAL       | 190kg      |
| Sabah Chamoun       | F53     | Under 15   | NSW          | SNATCH      | 38kg       |
| Sabah Chamoun       | F53     | Youth      | NSW          | SNATCH      | 38kg       |
| Sabah Chamoun       | F53     | Under 15   | NSW          | CJ          | 50kg       |
| Sabah Chamoun       | F53     | Youth      | NSW          | CJ          | 50kg       |
| Sabah Chamoun       | F53     | Under 15   | NSW          | TOTAL       | 88kg       |
| Sabah Chamoun       | F53     | Youth      | NSW          | TOTAL       | 88kg       |

## Personal Bests

| Lifter             | State | Lift   | Previous PB | New PB | Increase |
|--------------------|-------|--------|-------------|--------|----------|
| Alex Wallace       | NSW   | SNATCH | 123kg       | 125kg  | 2kg      |
| Alex Wallace       | NSW   | CJ     | 140kg       | 141kg  | 1kg      |
| Alex Wallace       | NSW   | TOTAL  | 255kg       | 266kg  | 11kg     |
| Ben Pretty         | NSW   | SNATCH | 70kg        | 88kg   | 18kg     |
| Ben Pretty         | NSW   | CJ     | 98kg        | 105kg  | 7kg      |
| Ben Pretty         | NSW   | TOTAL  | 168kg       | 193kg  | 25kg     |
| Charlotte Stenning | NSW   | CJ     | 55kg        | 56kg   | 1kg      |
| Chris Trayes       | NSW   | CJ     | 110kg       | 115kg  | 5kg      |
| Chris Trayes       | NSW   | TOTAL  | 203kg       | 205kg  | 2kg      |
| Daniel Clape       | NSW   | CJ     | 123kg       | 125kg  | 2kg      |
| Edward Maxwell     | TAS   | SNATCH | 79kg        | 80kg   | 1kg      |
| Edward Maxwell     | TAS   | TOTAL  | 179kg       | 180kg  | 1kg      |
| Eren Aral          | NSW   | SNATCH | 58kg        | 65kg   | 7kg      |
| Eren Aral          | NSW   | CJ     | 80kg        | 85kg   | 5kg      |
| Eren Aral          | NSW   | TOTAL  | 138kg       | 150kg  | 12kg     |
| Hamish Adam        | NSW   | SNATCH | 68kg        | 75kg   | 7kg      |
| Hamish Adam        | NSW   | TOTAL  | 148kg       | 155kg  | 7kg      |
| Howden Clair       | NSW   | SNATCH | 70kg        | 80kg   | 10kg     |
| Howden Clair       | NSW   | CJ     | 100kg       | 105kg  | 5kg      |
| Howden Clair       | NSW   | TOTAL  | 170kg       | 185kg  | 15kg     |
| Jacqui Warnock     | NSW   | SNATCH | 30kg        | 36kg   | 6kg      |
| Jacqui Warnock     | NSW   | CJ     | 42kg        | 44kg   | 2kg      |
| Jacqui Warnock     | NSW   | TOTAL  | 72kg        | 80kg   | 8kg      |
| Janet Adam         | NSW   | CJ     | 50kg        | 54kg   | 4kg      |
| Janet Adam         | NSW   | TOTAL  | 88kg        | 89kg   | 1kg      |
| Jessica Barkhan    | SA    | SNATCH | 44kg        | 45kg   | 1kg      |
| Mathew Faul        | NSW   | SNATCH | 93kg        | 95kg   | 2kg      |
| Mathew Faul        | NSW   | CJ     | 110kg       | 130kg  | 20kg     |
| Mathew Faul        | NSW   | TOTAL  | 203kg       | 225kg  | 22kg     |
| Matthew Lilli      | NSW   | SNATCH | 78kg        | 85kg   | 7kg      |
| Matthew Lilli      | NSW   | TOTAL  | 180kg       | 190kg  | 10kg     |
| Mitchell Boyd      | NSW   | SNATCH | 82kg        | 87kg   | 5kg      |
| Mitchell Boyd      | NSW   | CJ     | 121kg       | 123kg  | 2kg      |
| Mitchell Boyd      | NSW   | TOTAL  | 202kg       | 210kg  | 8kg      |
| Paul Amiradaki     | NSW   | SNATCH | 44kg        | 45kg   | 1kg      |
| Pete Hardiman      | NSW   | SNATCH | 126kg       | 127kg  | 1kg      |
| Pete Hardiman      | NSW   | CJ     | 165kg       | 167kg  | 2kg      |
| Pete Hardiman      | NSW   | TOTAL  | 291kg       | 294kg  | 3kg      |
| Peter Gremos       | NSW   | SNATCH | 52kg        | 58kg   | 6kg      |

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|                 |     |        |       |       |      |
|-----------------|-----|--------|-------|-------|------|
| Peter Gremos    | NSW | CJ     | 63kg  | 70kg  | 7kg  |
| Peter Gremos    | NSW | TOTAL  | 115kg | 128kg | 13kg |
| Peter Ticehurst | NSW | SNATCH | 50kg  | 53kg  | 3kg  |
| Peter Ticehurst | NSW | CJ     | 65kg  | 67kg  | 2kg  |
| Peter Ticehurst | NSW | TOTAL  | 112kg | 120kg | 8kg  |
| Sarah Rollans   | NSW | SNATCH | 50kg  | 57kg  | 7kg  |
| Sarah Rollans   | NSW | CJ     | 65kg  | 70kg  | 5kg  |
| Sarah Rollans   | NSW | TOTAL  | 115kg | 127kg | 12kg |
| Stephanie Pick  | NSW | SNATCH | 43kg  | 45kg  | 2kg  |
| Stephanie Pick  | NSW | TOTAL  | 95kg  | 97kg  | 2kg  |
| Thomas Pesce    | NSW | SNATCH | 85kg  | 90kg  | 5kg  |
| Thomas Pesce    | NSW | TOTAL  | 211kg | 212kg | 1kg  |
| Vanessa Chee    | NSW | CJ     | 65kg  | 72kg  | 7kg  |
| Vanessa Chee    | NSW | TOTAL  | 125kg | 132kg | 7kg  |
| Yunus Sarun     | SA  | SNATCH | 55kg  | 65kg  | 10kg |
| Yunus Sarun     | SA  | CJ     | 85kg  | 100kg | 15kg |
| Yunus Sarun     | SA  | TOTAL  | 140kg | 165kg | 25kg |