

Crossfit Feel Good Open

Results Summary

30 Nov 2013

Hornsby



AUSTRALIAN WEIGHTLIFTING FEDERATION INC.

ABN 73 150 873 587

5 Kelly Rd, Spring Creek QLD 4343 AUSTRALIA

Tel: +61 7 5466 5295 Mob: +61 411 424 328

E-mail: office@awf.com.au

Internet: www.awf.com.au

Session 1

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	
F55													
Jacqui Warnock	TWT	1988	52.98	40	44	-47	53	53	-55	44	53	97	3
F59													
Sonia Nunez	---	1982	57.56	55	-58	-58	68	68	-72	55	68	123	2
Julie Creasey	FG	1964	56.84	30	-33	33	38	-42	42	33	42	75	4
F71													
Sammy Wood	---	1987	66.06	70	71	-76	85	86	-94	71	86	157	1
F76													
Sarah Rollans	BUR	1984	74.49	53	57	60	74	-77	-77	60	74	134	1
M89													
Peter Ticehurst	RAW	1962	82.27	45	48	-54	65	-65	-65	48	0	0	
M96													
Patrick Canavan	---	1992	93.16	80	85	90	110	115	120	90	120	210	1
F75+													
Iata Maeva	APH	1994	87.89	48	55	66	72	78	83	66	83	149	1
Megan Kelly	FG	1974	94.79	71	-72	-72	60	-77	-80	71	60	131	2

Referees Mary Macken NSW (INT I) Steven Tikkanen NSW (NAT) Katharine Johnson NSW (STATE)

Jury

Tech Controller Linda Eades NSW (NAT)

MC Chris Michaelopoulos NSW (INT I) **Timekeeper**

Marshall

Doctor

*State records can be claimed in this session. *National records can be claimed in this session.

Sinclair Ranking

Men		
Rank	Name	Score
1	Patrick Canavan	240.50
2	Peter Ticehurst	0.00

Women		
Rank	Name	Score
1	Sammy Wood	202.33
2	Sonia Nunez	174.14
3	Iata Maeva	165.64
4	Sarah Rollans	161.03
5	Jacqui Warnock	146.36
6	Megan Kelly	141.82
7	Julie Creasey	105.00

Masters SMF Ranking

Men		
Rank	Name	SMF Score
1	Peter Ticehurst	0.00
2	Daniel Kandilas	0.00

Women		
Rank	Name	SMF Score
1	Megan Kelly	170.61
2	Julie Creasey	145.43
3	Sonia Nunez	0.00
4	Sarah Rollans	0.00

Records Broken

Lifter	Bwt Cat	Age Group	Record Level	Record Type	New Record
Julie Creasey	F58	Mast 45-49	NSW	SNATCH	33kg
Julie Creasey	F58	Mast 45-49	NSW	CJ	42kg
Julie Creasey	F58	Mast 45-49	NSW	TOTAL	75kg
Megan Kelly	F75+	Mast 35-39	NSW	SNATCH	71kg
Megan Kelly	F75+	Mast 35-39	AWF	SNATCH	71kg

Personal Bests

Lifter	State	Lift	Previous PB	New PB	Increase
Iata Maeva	NSW	SNATCH	63kg	66kg	3kg
Iata Maeva	NSW	CJ	80kg	83kg	3kg
Iata Maeva	NSW	TOTAL	140kg	149kg	9kg
Jacqui Warnock	NSW	SNATCH	41kg	44kg	3kg
Jacqui Warnock	NSW	CJ	51kg	53kg	2kg
Jacqui Warnock	NSW	TOTAL	92kg	97kg	5kg
Julie Creasey	NSW	SNATCH	32kg	33kg	1kg
Julie Creasey	NSW	CJ	37kg	42kg	5kg
Julie Creasey	NSW	TOTAL	69kg	75kg	6kg
Megan Kelly	NSW	SNATCH	65kg	71kg	6kg
Sarah Rollans	NSW	SNATCH	57kg	60kg	3kg
Sarah Rollans	NSW	CJ	70kg	74kg	4kg
Sarah Rollans	NSW	TOTAL	127kg	134kg	7kg
Sonia Nunez	NSW	TOTAL	113kg	123kg	10kg