

# Milton Open Club Competition

## Results Summary

21 Nov 2015

Milton



AUSTRALIAN WEIGHTLIFTING FEDERATION INC.  
ABN 73 150 873 587  
5 Kelly Rd, Spring Creek QLD 4343 AUSTRALIA  
Tel: +61 7 5466 5295 Mob: +61 411 424 328  
E-mail: [office@awf.com.au](mailto:office@awf.com.au)  
Internet: [www.awf.com.au](http://www.awf.com.au)

**Session 1**

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	
<b>F45</b>													
Mya Blair	MWC	2007	28.40	14	-15	15	15	17	19	15	19	34	15
<b>F55</b>													
Merryn Hillhouse	MWC	1955	54.15	27	29	30	37	38	40	30	40	70	10
Vicki Brady	MWC	1943	51.95	21	22	-23	25	-26	-26	22	25	47	14
<b>F59</b>													
Patrizia Cocchis	MWC	1969	57.45	38	40	-44	52	-53	-53	40	52	92	6
Wendy Pakchung	MWC	1961	58.45	23	-26	26	33	35	36	26	36	62	13
<b>F64</b>													
Rachael Hodge	MWC	1991	61.45	44	46	48	65	68	-70	48	68	116	2
Fiona Redhead	MWC	1967	61.30	40	42	-44	52	54	-55	42	54	96	5
Coral Quinell	MWC	1957	59.70	35	38	40	45	48	49	40	49	89	7
<b>F71</b>													
Annie Brown	MWC	1990	70.85	57	60	-62	70	74	76	60	76	136	1
Kylie Smith	MWC	1980	67.30	49	51	-52	60	62	-64	51	62	113	3
Katherine Redhead	MWC	1991	69.70	32	34	-36	42	44	46	34	46	80	8
<b>F76</b>													
Constance	MWC	1960	75.00	28	30	31	37	39	-41	31	39	70	11
Stephanie Faulkner	MWC	1955	74.95	27	28	30	36	37	38	30	38	68	12
<b>F75+</b>													
Jackie Bowers	MWC	1977	80.15	35	38	41	55	-58	58	41	58	99	4
Isabel Montes	MWC	1984	100.00	30	32	-34	42	44	46	32	46	78	9

**Referees** Leandra Miscamble QLD (NAT) Bobby Salami QLD (CLUB) James Pakchung QLD (CLUB)

**Jury**

**Tech Controller**

**MC**

**Timekeeper**

**Marshall**

**Doctor**

\*State records can be claimed in this session. \*National records cannot be claimed in this session.

## Session 2

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total
<b>M81</b>												
Jonathan Pakchung	CWC	1993	79.65	112	<del>116</del> 119	<del>119</del>	135	<del>142</del> 142	<del>142</del>	112	135	247 1
Shannon Arenson	MWC	1990	76.90	<del>78</del>	78	<del>83</del>	103	108	<del>112</del> 112	78	108	186 2
Rhys Collins	MWC	1988	76.75	75	81	<del>87</del>	95	<del>106</del> 106	<del>106</del>	81	95	176 4
Bobby Salami	MWC	1977	79.60	<del>72</del>	74	<del>80</del>	90	<del>96</del> 96	<del>96</del>	74	90	164 5
<b>M109</b>												
Bryce Trevilyan	MWC	1973	104.15	72	75	<del>81</del>	95	100	108	75	108	183 3

**Referees** Leandra Miscamble QLD (NAT) Vicki Brady QLD (INT I) Wendy Pakchung QLD (NAT)

**Jury**

**Tech Controller**

**MC**

**Timekeeper**

**Marshall**

**Doctor**

\*State records can be claimed in this session. \*National records can be claimed in this session.

### Sinclair Ranking

Men		
Rank	Name	Score
1	Jonathan Pakchung	305.29
2	Shannon Arenson	234.40
3	Rhys Collins	222.05
4	Bobby Salami	201.14
5	Bryce Trevilyan	200.02

Women		
Rank	Name	Score
1	Annie Brown	168.04
2	Rachael Hodge	156.77
3	Kylie Smith	142.49
4	Fiona Redhead	127.96
5	Patrizia Cocchis	127.88
6	Coral Quinell	120.63
7	Jackie Bowers	114.35
8	Merryn Hillhouse	101.35
9	Katherine Redhead	99.79
10	Mya Blair	98.35
11	Wendy Pakchung	85.20
12	Constance Beckingham	83.39
13	Isabel Montes	82.82
14	Stephanie Faulkner	81.03
15	Vicki Brady	70.13

### Masters SMF Ranking

Men		
Rank	Name	SMF Score
1	Bryce Trevilyan	243.63
2	Bobby Salami	233.73

Women		
Rank	Name	SMF Score
1	Coral Quinell	189.15
2	Fiona Redhead	168.39
3	Merryn Hillhouse	165.11
4	Patrizia Cocchis	163.56
5	Kylie Smith	159.88
6	Vicki Brady	152.95
7	Jackie Bowers	132.87
8	Stephanie Faulkner	132.00
9	Wendy Pakchung	124.56
10	Constance Beckingham	124.08
11	Isabel Montes	0.00

## Records Broken

Lifter	Bwt Cat	Age Group	Record Level	Record Type	New Record
Mya Blair	F32	Under 15	QLD	SNATCH	15kg
Mya Blair	F32	Under 15	QLD	TOTAL	34kg
Stephanie Faulkner	F75	Mast 60-64	QLD	SNATCH	30kg
Stephanie Faulkner	F75	Mast 60-64	QLD	CJ	38kg
Stephanie Faulkner	F75	Mast 60-64	QLD	TOTAL	68kg

## Personal Bests

Lifter	State	Lift	Previous PB	New PB	Increase
Annie Brown	QLD	CJ	74kg	76kg	2kg
Annie Brown	QLD	TOTAL	134kg	136kg	2kg
Fiona Redhead	QLD	SNATCH	41kg	42kg	1kg
Fiona Redhead	QLD	CJ	53kg	54kg	1kg
Fiona Redhead	QLD	TOTAL	94kg	96kg	2kg
Isabel Montes	QLD	TOTAL	77kg	78kg	1kg
Kylie Smith	QLD	SNATCH	50kg	51kg	1kg
Stephanie Faulkner	QLD	SNATCH	29kg	30kg	1kg
Stephanie Faulkner	QLD	CJ	37kg	38kg	1kg
Stephanie Faulkner	QLD	TOTAL	66kg	68kg	2kg
Wendy Pakchung	QLD	SNATCH	25kg	26kg	1kg